



WHS Seniors Kristen Stawasz, Zachary Medeiros and Liam Coffey will participate in their fourth WHS Science Fair on Feb. 8. (Photo by Amy Porter)



In 2016, Liam Coffey and Zachary Medeiros won first place at the WHS Science Fair. Pictured here receiving their awards with physics teacher Renee Sweeney, co-coordinator of the fair. (WNG File Photo)

Students prepare to change the world at WHS Science Fair, February 8

By AMY PORTER
Correspondent

WESTFIELD – Next week, Westfield High School will be holding its Annual Science and Engineering Fair, which is open to the public on Thursday, February 8 from 5:00 to 6:30 p.m. in the gymnasium. Over 200 science projects by 325 students (grades 9-12) will be displayed at booths, where the students, in teams and individually will explain their projects and process. Also on display will be science-inspired art projects by WHS art students.

“We are actually promoting STEAM (rather than STEM). STEAM also incorporates Art Education in addition to Science, Technology, Engineering, and Math,” said Science Department Chair Donna McKay, who coordinates the fair with teachers Renee Sweeney and Debra Aldrich.

McKay said three prizes are awarded at the high school fair. First place winners receive a \$300 Amazon gift card; second place, a \$200 Amazon gift card, and third place, a \$100 Amazon gift card. The top twelve projects and alternates then advance to the Region I Fair at the Massachusetts College of Liberal Arts in North Adams.

“Last year, they allowed us to send nineteen projects. At regionals, thirteen of these projects received first, second or third place (there are multiples given of each), and three projects were given honorable mention. All of these projects went on to compete at the State Science Fair hosted by the Massachusetts Institute of Technology in Cambridge,” McKay said.

A few students at the state level will also be invited to the international level of competition in Los Angeles. Last year, WHS senior Kristen Stawasz earned a first place at the regionals with her project,

“The Effect of Wi-Fi on Plant Health,” which she used to postulate the effect of modern technology on the environment. She also won third place at the State Science Fair, and was chosen to

“That’s the best way to get motivated about a project, when you feel it could have an immediate impact”

— ZAC MEDEIROS

compete at the international competition. “It was incredible,” Stawasz said of the internationals. “I thought we would be listening to lectures all the time, but they balanced it with fun stuff.” She said one night they rented out a night club and the Grammy museum just for the 1800 science fair competitors.

Stawasz said that she didn’t expect to win anything big for her project, “after seeing the projects from the eastern part of the state, never mind other states.” However, she did win an honorable mention from the American Statistical Association in Los Angeles.

This year, her fourth competing in the WHS Science Fair, Stawasz has designed an inexpensive rapid result test kit to test the level of lead in drinking water. She explained that the chamber for testing is the syringe, where a chemical reaction turns it into solid. By measuring the volume of the solid, “you can tell whether it is above or below the legal limit of lead,” she said.

Other previous winners participating this year are seniors Liam Coffey and Zachary Medeiros who worked on their projects all four years as a team. Two years ago as sophomores, they won first

place in the high school science fair for “Using the Magnus Effect to Improve Efficiency of Aircraft Propulsion,” which postulated whether rotating cylinders would make a drone fly more efficiently than propellers. They also came in second at regionals, and advanced to the state competition, as they have done every year.

For this year’s project, Coffey and Medeiros developed nose cones to increase the energy output of wind turbines. “We both agreed one of the number one contributors to global warming is energy production,” Coffey said. The goal was to improve green energy by making it more cost effective. “We developed our own special type of nose cone that out produced the standard nose cone by seven percent in energy production,” he added.

The team began their research in August after Coffey visited the Barnes International Air Show, where he saw an Apache Attack helicopter with a dome on top of the propellers to create more torque. “That’s what inspired us,” Coffey said.

“In terms of energy production, seven percent could have a huge impact,” Medeiros said. He said wind power is not being used more, because it is not very efficient in terms of energy production. He said the cone could be useful in acquiring more clean energy production, “That’s the best way to get motivated about a project, when you feel it could have an immediate impact,” Medeiros said.

Coffey’s top pick for colleges is Westfield Polytechnic Institute in Worcester for aerospace engineering, where he has been accepted. Medeiros has been accepted into the U.S. Naval

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The view from stage at the 2017 Words with Friends Spelling Bee (WNG file photo).

WSU to host seventh annual spelling bee

By DAN DESROCHERS
Correspondent

WESTFIELD—Westfield State University will be hosting the seventh annual city-wide spelling bee “Words with Friends” this Thursday.

The event will be occurring at Dever Stage at Westfield State University (WSU), beginning at 6 p.m. The bee at WSU is the final one in this year’s competition and will feature 14 students from schools in the city competing for prizes.

See WSU Spelling Bee, Page 8

Review: ‘Something Rotten’ at The Bushnell

By MARK G. AUERBACH
Correspondent

The recent Broadway hit Something Rotten is a rarity these days—a completely original musical—story, book and score, that is smart, sassy, silly, and overloaded with laughs. Broadway newcomers, brothers Karey Kirkpatrick and Wayne Kirkpatrick plus John O’Farrell have conjured up a witty tale about Shakespeare and Broadway musicals, punched up the volume with one joke or sight gag after another, and put it in the hands of the gifted Casey Nicholaw, who choreographed and co-directed The Book of Mormon, and provided the

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Maggie Lakis and Rob McClure in Something Rotten. (Photo by Jeremy Daniel)

City Council preview, Feb. 1

By DAN DESROCHERS
Correspondent

WESTFIELD—The City Council is expected to address several older items during this week’s meeting.

The City Council will meet Thursday, Feb. 1, at 7 p.m., with communications from Mayor Brian Sullivan beginning at 6:30 p.m. in City Council chambers at City Hall. The agenda has many items on it this week, though several are in excess of a year old.

In “Communications from the Mayor,” there are several items expected to be brought forth.

First, there are two requests for immediate consideration for grant money for SAFE grants that were previously awarded to the city’s fire department.

Then, another immediate consideration is being requested for a transfer of \$136,000, which Sullivan said is a “transfer of money” that should have been put into a different account.

Sullivan is also expected to request an appropriation of \$175,000 from the city’s Free Cash Account to the Westfield Police’s Overtime Account. According to Sullivan, the city had cut from this budget two years ago, and now funds are needed to get through to the end of this fiscal year due to a myriad of reasons.

“This year we’re hit with more disability, police out on disability, and also military leave, as well as a couple [at the Police Academy], so we had a lot of shifts that had to be covered with overtime,” Sullivan said.

Then, two transfers are expected related to the Technology Center. Also, two transfers, both from the Engineering Department’s Full-Time Salary Account, to different city accounts.

Also, Sullivan is expected to submit a resolution related to adding 21.643 acres to the Barnes Air National Guard’s base, which was originally proposed Jan. 14, 2016. The proposal, according to Sullivan, is in relation to looking to move the entrance to the Guard’s Southampton Road property.

Sullivan said that it was previously agreed to be discussed and that this would be related to moving forward with that discussion.

Finally, he is expected to submit an appointment of Douglas A. Morash to be a member of the Parks and Recreation Commission ward six, which will be a replacement.

Then, in “Reports of City Officers,” the City Council is expected to have two items. First, Ward Two Councilor and liaison to the School Department Ralph Figy, is expected to present the report from the school superintendent.

Then, City Solicitor Susan Phillips is expected to address council with a memo related to Massachusetts General Law Chapter 44, Section 5B.

According to At-Large Councilor and City Council President John Beltrandi, this is in regards to a memo presented during their last meeting by At-Large Councilor David Flaherty from the Department of Revenue. This is also in relation to the stabilization account and the local meals and hotels tax, according to Beltrandi.

Then, under “Petitions, Remonstrances and Other Papers,” the City Council is expected to have before them two pieces of land that the city has first right of refusal on. The parcels are part of a larger parcel on Furrowtown Road.

Then, “Reports of Committees” is expected next. The first committee, Finance Committee will be expected to have four items in the meeting.

Their first item is for the Public Employee Retirement Administration Commission, submitting the FY 2019 appropriation total, which is nearly \$10.5 million.

Then, a motion related to establishing a special purpose stabilization fund is expected, with a proposal to utilize funds from the Westfield Local Option Meals and Room Occupancy Taxes for road and sidewalk repairs and maintenance. This was previously addressed in a City Council meeting, and Beltrandi said that City Solicitor Phillips is expected to address this earlier in the meeting.

The third item is for the purchase of two vehicles, one for Westfield Police and one for Animal Control, with the funds coming from the Westfield Police’s Special Towing and Storage account. This was also previously brought forth in their last meeting.

Then, they are expected to address the appropriation of Public, Education and Government (PEG) funding for Internet and Fiber, which is expected to be used for PEG operating expenses. The total is \$1,800.

Next, the Legislative and Ordinance Committee is expected to bring forward five items, all of which have been in committee for over a year. During their meeting on Tuesday, Jan. 30, all of these items were voted on to have motions to remove from committee without action.

Then, Personnel Action Committee has three appointment submissions that are expected. According to Beltrandi, all three of these are for replacing two individuals on Council on Aging and one individual on Commission for Citizens with Disabilities who resigned.

Then, from Zoning, Planning and Development Committee, there are six more items expected.

The first is from At-Large Councilors Dan Allie and Nick Morganelli, Ward Six Councilor Bill Onyski, Ward Five Councilor Robert Paul, as well as Surprise and Flaherty, in looking to strengthen the abutter notification ordinance.

According to Beltrandi, this could extend the distance that abutters must be within to receive notification of pending developments from 300 feet to 500 feet.

Then, Beltrandi has an item related to flag lots, which he may ask to leave in committee.

See Preview, Page 8



Phelps says LifeLinks repaid the state and is negotiating with its insurer to possibly be reimbursed pending the former

Actress Carol Channing is 97. Composer Philip Glass is 81. Former Interior Secretary James Watt is 80. Princess Beatrix of the Netherlands, the former queen regent, is 80. Actor Stuart Margolin is 78. Actress Jessica Walter is 77. Former U.S. Rep. Dick Gephardt, D-Mo., is 77. Blues singer-musician Charlie Musselwhite is 74. Actor Glynn Turman is 72. Baseball Hall of Famer Nolan Ryan is 71. Actor Jonathan Banks is 71. Singer-musician Harry Wayne Casey (KC and the Sunshine Band) is 67. Rock singer Johnny Rotten is 62. Actress Kelly Lynch is 59. Actor Anthony LaPaglia is 59. Singer-musician Lloyd Cole is 57. Actress Paulette Braxton is 53. Rock musician Al Jaworski (Jesus Jones) is 52. Actress Minnie Driver is 48. Actress Portia de Rossi is 45. Actor-comedian Bobby Moynihan is 41. Actress Kerry Washington is 41. Bluegrass singer-musician Becky Buller is 39. Singer Justin Timberlake is 37. Actor Tyler Ritter is 33. Country singer Tyler Hubbard (Florida Georgia Line) is 31. Folk-rock singer-musician Marcus Mumford (Mumford and Sons) is 31. Actor Joel Courtney is 22.

\$15 minimum wage, paid leave proposals heard by lawmakers

BOSTON (AP) — Lawmakers are hearing arguments for and against proposals to raise the state's minimum wage to \$15 an hour and require that workers be offered paid family medical leave.

The Legislature's Labor and Workforce Development Committee heard testimony Tuesday on the two initiative petitions that are likely to go before Massachusetts voters in November.

Supporters who gathered nearly 250,000 signatures on behalf of the measures say they will improve the lives of low-income workers and their families.

The hourly minimum wage would be gradually raised from the current \$11 to \$15 by 2022.

Four Rhode Island lawmakers also announced a campaign for a \$15 minimum wage by 2023 on Tuesday. It's currently \$10.10.

The National Federation of Independent Business is concerned about proposals that will increase the cost of doing business.

Baker urges lawmakers to relax zoning laws for housing

BOSTON (AP) — Gov. Charlie Baker says the limited supply of affordable housing in Massachusetts is creating an overheated real estate market and pricing out many people who hope to buy or rent a home.

The Republican governor urged a legislative committee on Tuesday to approve a bill that he said would make it easier for cities and towns to adopt zoning regulations that encourage housing production.

The measure would allow town governing bodies to change zoning policies with a simple majority vote, removing the current state requirement of a two-thirds vote.

Man acquitted in shooting of teen mistaken for burglar

SPRINGFIELD, Mass. (AP) — A Massachusetts man charged with shooting and killing a teenager he thought was trying to break into his home has been found not guilty.

A judge handed down the verdict Tuesday in the manslaughter trial of 44-year-old Jeffrey Lovell, of Chicopee. Lovell had opted against having a jury trial.

Lovell was charged with killing 15-year-old Dylan Francisco in July 2016.

Prosecutors say Francisco banged on the door at Lovell's home when he mistook it for a friend's home.

Investigators say Lovell fired a shot through the door after Francisco broke one of its glass panes.

Lovell testified that he did not tell Francisco to go away or warn him that he had a gun.

Lovell said he feared for the safety of his family.

Massachusetts gambling regulators to review Wynn allegations

BOSTON (AP) — Massachusetts gambling regulators are holding a special meeting to discuss sexual misconduct allegations against casino magnate Steve Wynn, whose company is building a \$2.4 billion casino outside Boston.

The Massachusetts Gaming Commission will receive an update on an investigation Wednesday.

Republican Gov. Charlie Baker says if the allegations are true, Wynn would "fail to meet the suitability standard under the state gaming law."

The Wall Street Journal reported Friday that a number of women said they were harassed or assaulted by Wynn, and that one case led to a \$7.5 million settlement.

The 76-year-old Wynn has denied the allegations.

Under the 2011 casino law, a license is considered a "revocable privilege," and can be suspended or revoked if a licensee is found "unsuitable to operate a gaming establishment."

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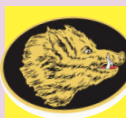
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Town Report Cover Contest

The Huntington Board of Selectmen is seeking images to be considered for the cover of the 2017 Huntington Annual Town Report. The subject matter should be an identifiable Huntington site or landmark.

Photos, paintings or sketches must be digitally scanned and submitted to huntingtonsb@comcast.net by **March 1, 2018**. Images should be at least 8.5" x 11" and 300dpi/ppi and saved as a .jpeg file. The picture should be clearly marked with the name, address and telephone number of the person submitting the image, and the location of the subject matter.

Photos featuring people should include photo release permissions, and all depictions must include a caption with information about the picture. Submissions must not infringe on copyright, trademark, privacy, publicity or intellectual property rights of any person or entity. Contest is open to residents of Huntington. Selectmen families are ineligible. If selected, the first prize winner will receive \$100. For more information, please contact the Huntington Selectboard Office at (413)512-5200.

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Southwick Annual Census & Dog License Due

SOUTHWICK — The annual census were mailed out last week to Southwick residents. If you have not received your census please help with cost savings and print the form @ www.southwickma.org under the Town Clerk's page. The census we do not get back, the town has to mail a second time. Failure to sign the census will also require us to send back. Please note, failure to fill out a census will put you on an inactive voting list if you are registered to vote.

As a reminder, you can renew your 2018 dog license through the census forms by sending a self-address stamped envelope and all required information stated on the back of the census form.

The Town Clerk's Office is available 8:30 am to 4:30 pm, Monday through Friday.

Feds seek 35 years for pharmacist in meningitis outbreak

BOSTON (AP) — A Massachusetts pharmacist convicted of mail fraud and racketeering in connection with a deadly meningitis outbreak is set to be sentenced.

Prosecutors in Boston's federal court will ask a judge Wednesday to sentence Glenn Chin to 35 years in prison for his role in the 2012 outbreak that killed 76 people and sickened hundreds.

Chin was cleared in October of second-degree murder charges, but convicted on dozens of other counts. Chin ran the now-closed New England Compounding Center's clean rooms, where the drugs were made.

The outbreak was traced to mold-contaminated steroid injections.

Chin's attorneys are asking for about three years behind bars. They say there's no evidence Chin caused the drugs to become contaminated and have blamed the pharmacy's co-founder, Barry Cadden.

Cadden is serving a nine-year prison sentence.

Government Meetings

WEDNESDAY, JAN. 31

BLANDFORD

Fire Department Meeting at 7 pm
Finance Committee at 7 pm

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Sarah Gillett Services Accepting Grant Requests

Sarah Gillett Services for the Elderly, Inc. is currently accepting preliminary Grant Requests from non-profit organizations providing services to the elderly residents of the greater Westfield area. **The filing deadline is March 1, 2018.**

Since the Sarah Gillett Trust was established in 1971, thousands of dollars have been awarded each year to those non-profit organizations in the greater Westfield area that are serving the elderly populations within this location.

Preliminary applications should include the specific amount desired, with a brief, one page explanation of the services the organization would provide. No brochures or lengthy descriptions of the organization should be provided at this time.

Shortly after the filing date of March 1st, qualifying applicants will be contacted and an appointment for an interview with the trustees will be established. Interviews are generally set for Thursday afternoons between 2:15 PM – 4:15 PM.

Preliminary Grant Requests are to be mailed to: The Sarah Gillett Services For The Elderly, Inc., P.O. Box 1871, Westfield, MA 01086

COMMENT

Trump calls for optimism in spite of warnings of danger

WASHINGTON (AP) — Addressing a deeply divided nation, President Donald Trump summoned the country to a “new American moment” of unity in his first State of the Union, challenging Congress to make good on long-standing promises to fix a fractured immigration system and warning darkly of evil forces seeking to undermine America’s way of life.

Trump’s address Tuesday night blended self-congratulation and calls for optimism amid a growing economy with ominous warnings about deadly gangs, the scourge of drugs and violent immigrants living in the United States illegally. He cast the debate over immigration — an issue that has long animated his most ardent supporters — as a battle between heroes and villains, leaning heavily on the personal stories of White House guests in the crowd. He praised a law enforcement agent who arrested more than 100 gang members, and he recognized the families of two alleged gang victims.

He also spoke forebodingly of catastrophic dangers from abroad, warning that North Korea would “very soon” threaten the United States with nuclear-tipped missiles.

“The United States is a compassionate nation. We are proud that we do more than any other country to help the needy, the struggling and the underprivileged all over the world,” Trump said. “But as president of the United States, my highest loyalty, my greatest compassion, and my constant concern is for America’s children, America’s struggling workers and America’s forgotten communities.”

Trump addressed the nation with tensions running high on Capitol Hill. An impasse over immigration prompted a three-day government shutdown earlier this year, and lawmakers appear no closer to resolving the status of the “Dreamers” — young people living in the U.S. illegally ahead of a new Feb. 8 deadline for funding operations. The parties have also clashed this week over the plans of Republicans on the House intelligence committee to release a classified memo on the Russia investigation involving Trump’s presidential campaign — a decision the White House backs but the Justice Department is fighting.

The controversies that have dogged Trump — and the ones he has created— have overshadowed strong economic gains during his first year in office. His approval ratings have hovered in the 30s for much of his presidency, and just 3 in 10 Americans said the United States was heading in the right direction, according to a poll by The Associated Press-NORC Center for Public Affairs Research. In the same survey, 67 percent

of Americans said the country was more divided because of Trump.

At times, Trump’s address appeared to be aimed more at validating his first year in office than setting the course for his second. He devoted significant time to touting the tax overhaul he signed at the end of last year, promising the plan will “provide tremendous relief for the middle class and small businesses.” He also highlighted the decision made early in his first year to withdraw the U.S. from a sweeping Asia-Pacific trade pact, declaring: “The era of economic surrender is totally over.”

He spoke about potential agenda items for 2018 in broad terms, including a call for \$1.5 trillion in new infrastructure spending and partnerships with states and the private sector. He touched only briefly on issues like health care that have been at the center of the Republican Party’s policy agenda for years.

Tackling the sensitive immigration debate that has roiled Washington, Trump redoubled his recent pledge to offer a path to citizenship for 1.8 million young immigrants — but only as part of a package that would also require increased funding for border security, including a wall along the U.S.-Mexico border, ending the nation’s visa lottery method and revamping the current legal immigration system. Some Republicans are wary of the hardline elements of Trump’s plan and it’s unclear whether his blueprint could pass Congress.

“Americans are dreamers too,” Trump said, in an apparent effort to reclaim the term used to describe the young immigrants in the U.S. illegally.

A former New York Democrat, the president also played to the culture wars that have long illuminated American politics, alluding to his public spat with professional athletes who led protests against racial injustice by kneeling during the national anthem, declaring that paying tribute to the flag is a “civic duty.”

Republicans led multiple rounds of enthusiastic applause during the speech, but for the opposition party it was a more somber affair. Democrats provided a short spurt of polite applause for Trump as he entered the chamber, but offered muted reactions throughout the speech. A cluster of about two dozen Democrats, including members of the Congressional Black Caucus, remained planted firmly in their seats, staring sternly at the president and withholding applause.

After devastating defeats in 2016, Democrats are hopeful that Trump’s sagging popularity can help the party rebound in November’s midterm elections. In a post-speech rebuttal, Massachusetts Rep. Joe Kennedy, the

grandson of Robert F. Kennedy, was seeking to undercut Trump’s optimistic tone and remind voters of the personal insults and attacks often leveled by the president.

“Bullies may land a punch,” Kennedy said. “They might leave a mark. But they have never, not once, in the history of our United States, managed to match the strength and spirit of a people united in defense of their future.”

The arc of Trump’s 80-minute speech featured the personal stories of men and women who joined first lady Melania Trump in the audience. The guests included a New Mexico policeman and his wife who adopted a baby from parents who suffered from opioid addiction, and Ji Seong-ho, a defector from North Korea and outspoken critic of the Kim Jong-un government.

On international affairs, Trump warned of the dangers from “rogue regimes,” like Iran and North Korea, terrorist groups, like the Islamic State, and “rivals” like China and Russia “that challenge our interests, our economy and our values.” Calling on Congress to lift budgetary caps and boost spending on the military, Trump said that “unmatched power is the surest means of our defense.”

Trump’s biggest foreign policy announcement of the night concerned the Guantanamo Bay detention center, which former President Barack Obama tried but failed to close. Reversing Obama’s policy, Trump said he’d signed an executive order Tuesday directing the Pentagon to keep the prison open while re-examining the military’s policy on detention.

Trump said he was also asking Congress to ensure the U.S. had needed powers to detain Islamic State group members and other “terrorists wherever we chase them down,” though it was unclear whether he was referring to a new war powers authorization or some other mechanism. Trump also said he wanted Congress to pass a law ensuring U.S. foreign aid goes only “to America’s friends” — a reference to his frustration at U.S. aid recipients that voted at the U.N. to rebuke his decision to recognize Jerusalem as Israel’s capital.

Mrs. Trump arrived at the Capitol ahead of her husband to attend a reception with guests of the White House, but she rode back to the White House with him. It was the first time she was seen publicly with the president following a report that his lawyer arranged a payment to a porn star, Stormy Daniels, to prevent her from talking about an alleged affair. Daniels denied the affair in a new statement released hours before the speech.

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Letters to the Editor

To the Editor

Hello Ward 3, and all of Westfield...From where I left off last time: more fake news out of Congress that adds to my comment that while you may save a dollar in taxes the other costs to us will may be at least \$2.00. American oil production is near an all-time high says the Wall St. Journal, yet oil prices go up. Add in the cost increases from import taxes that are making solar panels and washing machines more expensive. Europe and China are doing a lot with alternative energy; Welcome to 1918 instead of 2017?

This is not the time to become left behind, remember the Laws of Nature: those who do not adapt to changes, become extinct. Another cost to us: now that the big banks are back in control, the mortgage rates are going up and the prices for homes also. Or, is this just another partner in wealth profiting from a manipulation of the public? Oh, yes, those business ties that the president was supposed to have ended, they are up too. Health care is going up. But it is OK, with all those one time bonuses, but not pay increase. Spend the tax returns, and bonuses wisely, you may need them.

It was drain the swamp, so as to fill the exclusive country club pools? And, while on this rant: he is the most expensive president, to the tax payers. The cost to the Fed for security, and the cost to the localities where he golfs, are incredible. And, he is for the common man? Another factoid put out this past week, is that 1% of the world's population now controls 80% of the world's wealth...bless our future generations, like even the next one, they will need it. With the world population at over 7 Billion, and by mid-century 9 billion; how will they live? Divide 8 billion, by 20%, that is what they will have to work with, and live on. And, with tech replacing human power, the costs of living, as here, are going up. Hoarding or should I say monopolizing wealth reminds me of the warnings Scrooge got from Christmas Future in the Christmas Carole. Not promising. And, the newest Sec. of Health and Human Services, is a former Pharm, exec. And, do pay attention to the budget talks: cuts to education, students, environment, med research etc. that will impact the states thus local taxes. You want it, you pay for it, if not don't and be left behind.

OK, the President is to give his State of the Union speech...BUT, the president is famous for: what I say today, I will revise tomorrow, and reverse the next day. His spokespeople need a special award for their ability to rationalize his rapid fire changes. It is kind of like 1984 that facts can be changed daily to rationalize the changes. I do not understand how one of the better educated counties, where many are so pro-business, yet don't grasp the obvious, or are they just so gullible? If I can figure this out, why can't those much more savvy than I?Anyway, more local interest and issues: Education. In reading the papers this Sunday a goodly amount of space was given to early childhood education. Years ago, when there was a major legislative effort at Education Reform, I had the opportunity to work with a few legislators who were developing it. My ideas were a little advanced for what was wanted. But, as our world has undergone some fundamental changes and the next new business economy is, and is going to have to be so very different... for those in the education decision making field, a shared thought. Children are most curious and their imagination most alive in elementary school. I would suggest a more peripatetic early education. Where they go to science, and art museums, visit colleges where new science and tech work is being done, zoos, and aquariums...etc. We have loads within reasonable distance. There they can explore ideas, be inspired as to learn the things that they need to learn to transform their imaginations into careers. In the media we are hearing of high school age students inventing 21st century goods and services. Think of the savings, in many ways, to take children out of a bad neighborhood, find new potential, leave the discouragement and inspire them to find greater purpose. And, to have most of our youth look to what is the promise of this Next New Generation in the Next New Human Epoch (NNHE). For this NNHE will be one of creativity and imagination made real. Unless of course those in control block their access. (Sorry, had to say that.) OK, enough for now; your thoughts.... **your former Ward 3 City Councillor, and Community Advocate....Brian Hoose, brhoose@comcast.net**

Business Issues

By **NORMAN HALLS**
Contributor

Every group has unique commerce problems, companies also contend with universal challenges as they strive for profitable growth in an increasingly complex business environment. Having a growth mindset means that you believe your qualities, skills and traits can be changed. These challenges may deal with how to integrate evolving technologies, or how to ensure talent for the future, or how to best support strategic ambitions, among many others. Theory is great, but making it real is critical to success. Professionals go beyond theory to find viable, real-world ways to take your company in new directions.

One of the main objectives businesses need to pursue to remove barriers for achieving success. When developing new products, processes, or even businesses, most companies aren't sufficiently careful in defining the problems they're attempting to solve and articulating why those issues are important. Develop a plan for implementation of necessary measures that establishments the appropriate startup phase.

Companies should build networks with supporters and involve in various forums where looking for a potential outlook so that the company can be established inventiveness. The connections can provide companies with developing their business capital, expertise or networks, and further help to implement great projects that otherwise would not have been realized.

Businesses must focus on: Innovative design and business development: Top organizations drive growth by development and investing in innovation as proficiency. Having staff understanding the sectors of an organization as a whole and understand the consequences of actions on other parts of the system is an obligation. Build a business model: This sudden change poses a new challenge for CEOs, who find they must quickly readjust their mind-sets for a future that looks very different than it did only a few months ago. Current trends in major economic variables suggest that difficult times are ahead, at least in the coming months. Companies are already facing lower demand and are having increasing difficulty in finding capital. How to protect your idea: To get your idea off the ground, you need vendors, investors, employees and maybe a partner or at least a mentor. So how do you market your idea to the masses without having someone rip you off? Here are things you need to know: Get a patent; Consider a non-disclosure agreement; Mark your territory: and Stop worrying. How to obtain capital: When looking to expand, a company can raise additional capital by applying for a new

loan or opening a line of credit. How to promote an idea and think creative: When you promote ideas larger than yourself, you give people infinite ways to find a way in. It aligns to preconceived notions they may have had, or experiences that were meaningful to them in the past. It's best to get a professional marketing company.

“Creative business ideas set companies apart from one another. Without creativity and innovation, every company would follow the same patterns in marketing/promotion, technique, or even the goods and services they may be selling. Creativity is crucial for businesses today, especially when the market is dependent on innovative, breaking technology. The collaboration of creative minds has the ability to push creative business ideas into reality. Once your business brain is able to think outside the box, the possibilities are endless. Now that we've established how important creativity is to business success, it is only fair that employees have the opportunity to channel their inner creative mind.” by Sarah Neal Catmedia Atlanta

“Implementing creativity in the workplace can be a challenging task, especially when you have a diverse group of employee skillsets. Here are some ways to get your employees engaged in more creative thinking and ideas. 1. Intellectually challenge your employees: 2. Freedom of expression: 3. Create diverse work groups; 4. Most of a person's creativity evolves from being in a 'safe' place; and 5. Organizational support.” by Sarah Neal

“Having a strategy and believe in the future outlook is required, but, there are a lot of things to think and worry about.” J. Dimon JP Morgan Chase “The fundamental success of a strategy depends on three critical factors: a firm's alignment with the external environment, a realistic internal view of its core competencies and sustainable competitive advantages, and careful implementation and monitoring. The role of finance in strategic planning, decision making, formulation, implementation, and monitoring.” By Redro Kono and Barry Barnes Pepperdine University

Companies are increasingly recognizing the valuable business opportunities that can come with developing and executing inclusive business initiatives. By creating innovations for low-income markets, they can not only help consumers enter the middle class but also fuel profitable new growth for themselves. This requires hard work and time. It may even call for a new mindset—including a willingness to look beyond an inclusive initiative's short-term impact on company profits. But the investments can pay big dividends, if these new ventures are approached with both speed and discipline.

The Westfield News

A publication of the Westfield News Group LLC

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OBITUARIES

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Margaret R. Bousquet

WESTFIELD – Margaret Rose (Laudato) Bousquet, 91, died Saturday January 27, 2018 in Baystate Noble Hospital. She was born in Westfield on March 28, 1926. She was a lifelong resident attended local schools and was a 1944 graduate of Westfield High School. She worked at White's Greeting Card Store, the former Digital Equipment and Six Flags. She was a parishioner of St. Mary's Church. Margaret was predeceased by her daughter Gina M. Mathieu in 2002 and her husband Rene Bousquet. She leaves her grandchildren Kyle and Justin Mathieu of Westfield and Alex Mathieu of Tacoma, Washington and their father Charles Mathieu. The funeral service for Margaret will be held on Saturday Feb. 3rd at 12:30 pm from the Firtion-Adams Funeral Service, 76 Broad Street, Westfield. Burial will follow in St. Mary's Cemetery. Calling hours will precede the funeral Saturday morning at the funeral home from 11 am till 12:30 noon. Firtionadams.com



Gail V. Stasky

WESTFIELD – Gail Victor Stasky, 83, died peacefully in his sleep while vacationing in Florida on January 25, 2018.

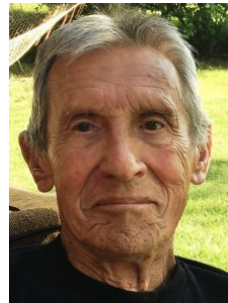
Born in New Britain, CT; only son of Victor and Cecelia Stasky. He was predeceased by his wife, Joan Carnes Stasky in 1989 and his youngest son, Christopher D. Stasky in 2011.

He received a Bachelor's degree from NYU, Master's degree from WSC, and Doctorate from UMASS Amherst. Gail served in the U. S. Army from 1956-66 in Japan, Korea and stateside. He graduated from Ranger School and received other specialized training and graduated top of his class from language school; fluent in Arabic. He then served a tour in Saudi Arabia as a military advisor and interpreter.

After leaving the Army at the rank of Captain, he worked in the Westfield Public Schools as a teacher, WEA Union Representative, Head of Social Studies Department and Assistant Principal of WHS. He retired as the Assistant Superintendent of Schools for the town of Ludlow. He refereed high school basketball and soccer for many years and spent his retirement enjoying summers on the lake and traveling extensively.

He is survived by a son, Leo J. Stasky of Westfield, three daughters, Vivienne M. Barrows of Ohio, Ursula M. Johnston of Texas, Juanita A. Carnes and Ted Drummey of Westfield. He leaves his grandchildren: Scarlet, Judith, Susan, Steven, Hunter, Amelia, Julian, Maxim, Zachary, Alexander, Thomas, and six great grandchildren. He also leaves many friends and close cousins.

Donations may be made to Seidman Lab, 77 Louis Pasteur Ave, Boston, MA 02115 or 4hcm.org in the name of his children and grandchildren with HCM. All are welcome to a Memorial Gathering at noon on Saturday, February 3rd at Shaker Farms Country Club in Westfield.



Patricia M. Cressotti

SOUTHWICK – Patricia M. Cressotti, 65, beloved wife of Ronald Cressotti, passed away on Sunday, January 28, 2018. Born in Chicopee, MA on March 14, 1952, she was the daughter of the late William and Helen (Aldrich) Gamache. Pat worked for Rocky's Hardware and then for Dollar Tree. She had a love for crocheting and enjoyed making gifts for family and friends. Pat loved to garden, and had a very generous spirit. She will be greatly missed by many family and friends.

Besides her beloved husband Ron, she leaves 3 loving daughters, Tia Rutola and her husband Shawn of Southwick, Tami Brayton and her husband Don of West Springfield, and Dena Cressotti and her partner Sean Desnoyers of Springfield; 10 grandchildren, Miranda, Austin, Hailey, Olivia, Nathaniel, Emilie, Jameson, Lillian, Lucille, and Madeline; her aunt Ruth Renaud; and many nieces, nephews, and cousins. She was predeceased by her 3 brothers, Charles, James, and William Gamache.

Her family will receive friends on Friday, February 2nd, from 12-1 PM at the Southwick Forastiere Funeral Home, 624 College Highway, Southwick, with a Funeral Service at 1 PM. Burial will follow in the Massachusetts Veterans Memorial Cemetery, Agawam. In lieu of flowers, memorial donations may be made to either the Wounded Warriors Project, PO Box 758517, Topeka, KS 66675-8517, the Southwick Fire Dept. 15 Depot St., Southwick, MA 01077 or the Southwick Police Dept. 11 Depot St., Southwick, MA 01077. For more information, please visit www.forastiere.com.



Eleanor Martin

MAITLAND, Florida — Eleanor (Drake) Martin, age 90, (1927) passed away on January 23, 2018 at the Florida South Hospital, Orlando, Florida.

A resident of Southwick for many years, Eleanor was born in Hartford, Connecticut on Sept. 17, 1927; daughter of the late Albert Drake and Myrtle (Storey) Gravel. She was a graduate of Westfield High School.

Eleanor was a former member of Christ Church United Methodist Church in Southwick and a more recent member of First United Methodist Church in Westfield. She was a member of the Southwick Historical Society for many years. Eleanor was predeceased by her husband, Edward F. Martin and a brother, Albert Drake. She leaves a son and his wife, William and Deborah Martin of Carlisle, PA and a daughter, Susan Grabowski of Westfield; ten grandchildren, many great grandchildren.

Calling hours are 10:00AM to 12:00Noon on Saturday, February 3, 2018 in the Southwick Forastiere Family Funeral Home, 624 College Highway (Highway 10/202), followed by a memorial service at the same location. The First United Methodist Church in Westfield will host a reception for those who would like to gather for food and fellowship after the service.

In lieu of flowers memorial contributions may be made to Christ Church United Methodist in Southwick, 222 College Highway Southwick, MA 01077 or the First United Methodist Church in Westfield, 16 Court Street, Westfield, MA 01085.

Please visit www.forastiere.com to express a personal message of condolence.



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Secret Papers

Continued from Page 2

Cabinet said the department boss initiated an urgent investigation into the disposal of the filing cabinets.

The ABC reported nearly all the documents are classified. The classifications include "top secret," "sensitive," "Australian eyes only," and "cabinet-in-confidence."

The ABC has not said when the documents were found. But it has used them in recent weeks to report stories that have been embarrassing to the former administrations of Prime Minister Kevin Rudd and Abbott as well as a number of serving lawmakers.

Questioned about the ABC's reporting of Cabinet documents on Tuesday, Turnbull told reporters: "I think they've come across someone's bottom draw in Canberra."

The state-owned broadcaster said it had chosen not to report some documents on national security grounds.

The documents cover Australia's intelligence priorities and counterterrorism planning. They detail missile upgrades, profiles of suspected militants and Australia's desire in 2010 for more Indonesian cooperation to stop asylum seekers reaching Australian shores in fishing boats, the ABC said.

One document refers to an audit that revealed that the Australian Federal Police had lost almost 400 national security files over five years ending 2013.

The documents also reveal that a former finance minister left 195 top-secret papers in her old office when her government was voted out in 2013.

The papers left in the office — but not included with the sold filing cabinets — included Middle East defense plans, national security briefs, Afghan war updates, intelligence on Australia's neighbors and details of counterterrorism operations.

Australian Cabinet documents are usually kept secret for 20 years, before they are made public in a heavily redacted form.

Rory Metcalf, head of the Australian National University's National Security College, described the discarded documents as "very weird and embarrassing" from a national security and political perspective.

Australia's allies, including the United States, "would be concerned, but I wouldn't overstate it," Metcalf said.

"This is not catastrophically damaging for national security in the sense that that something like the Snowden revelations must have been," he added, referring to the former U.S. National Security Agency contractor Edward Snowden disclosing a cache of classified material in 2013.

POLICE LOGS

WESTFIELD

Major crime and incident report
Tuesday, Jan. 23, 2018

6:35 a.m.: Accident, Harvard Street and North Elm Street. Police received a report of a two-vehicle accident with no injuries. A 2001 Saturn SL1 and a 2001 Chevrolet Tahoe were involved. No tow trucks requested.

7:47 a.m.: Accident, Cabot Road. Police received a report of a vehicle that struck a tree. One person was reported injured and transported to Baystate Noble Hospital via Westfield Fire ambulance and personnel. A tow truck was also requested. Police reported ice contributed to the accident.

2:35 p.m.: Accident, Mechanic Street. Police reported an accident between a 2014 Kia Optima and a 2010 Chevrolet Silverado. A tow truck was requested but no injuries reported.

The Westfield Park & Rec Annual Father Daughter Dance

Put on your dancing shoes, it's our 15th annual Father/Daughter Dance. Make a memory that you will keep forever. Fathers and daughters join us for an enchanted evening. Evening will include music provide by a D.J. and dancing, light appetizers and drinks, photo for dad and daughter. It will be held **Friday February 2, 2018, from 6:00pm – 9:00pm** at Tekoa Country Club. Daughters 4yrs. – 12 yrs. accompanied by their father, grandfather or uncle, cost is \$60/couple, additional daughter/male is \$25. Men wear suits, dress pants and jacket with shirts and ties, or even tuxedos. Daughters wear a party dress. **Pre-registration is required.** Contact 572-6263 or j.blascak@cityofwestfield.org for more information.

YMCA of Greater Westfield 'Chocolate, Chowder, & Chili Cook Off'

It's time once again to participate in the annual YMCA of Greater Westfield "Chocolate, Chowder, & Chili Cook Off" fundraiser. The "Cook Off" date is Saturday March 3, 2018, 11:30AM-1:30PM. Tickets will be sold at the Westfield YMCA in advance, in February, for \$8.00; four for \$30.00 or \$10.00 at the door. This year's fundraiser will support the LiveStrong program. LiveStrongat the YMCA is a free 12-week exercise program for cancer survivors who are currently in or have completed treatment and are physically deconditioned. Developed by Stanford University, this specially designed program has proven to help survivors regain strength, overcome fatigue, and enhance functional ability to do everyday tasks. We're welcoming chefs and owners who might be interested in promoting their business and cooking for a good cause. Chefs will have the opportunity to showcase their cooking skills by cooking either a chili, chowder or a sweet chocolate delight. The chili and chowder have to be cooked in a Board of Health approved kitchen. When registering, specify the exact name of each dish in order for it to be printed in the right ballot category. Votes will be tallied by 1PM. The voting process is in the spirit of fun with the main goal of fundraising. The YMCA will provide the room, tables, and the paper goods. You may decorate your table with any business paraphernalia to help promote your business. Please reply as soon as possible to reserve a table at no cost, and have your name or restaurant's name promoted. For more information, contact, Cindy Agan at 568-8631 x323 Email:cagan@westfieldymca.org

Huntington Council on Aging Bus Trip

The Huntington Council on Aging is planning a trip to the 2018 Boston Flower Show on Thursday, March 15, 2018. We will depart from the Huntington Town Hall at 8 am and from Westfield at 8:30 am. To celebrate the change of seasons from winter to spring, Boston annually hosts a magnificent horticultural exhibition. The 2018 Flower Show's special theme will be "Savoring Spring" which will be a veritable horticultural event, promoting the crusaders, innovative tools and legendary plants helping to make us all champions in the battle for garden supremacy in the spring time! After the show we will stop at Vinezia Restaurant with a choice of Chicken Parmesan, Steak Tips or Baked Haddock menu. We will arrive back about 5 pm. Travel will be provided by Fox Tours Luxury Silver Fox Motor Coach. Cost of the trip is \$64 for Huntington residents and \$84 all others. Payment due date is February 26th, 2018. To reserve a seat, please call Helen at 413.512.5200 or Jen at 413.512.5205.



*Savings shown over aggregated single item base price.

The Family Gourmet Buffet

2 (5 oz.) Filet Mignons
2 (5 oz.) Top Sirloins
4 Boneless Chicken Breasts (1 lb. pkg.)
2 (4 oz.) Boneless Pork Chops
4 (3 oz.) Kielbasa Sausages
4 (4 oz.) Omaha Steaks Burgers
4 (3 oz.) Potatoes au Gratin
4 (4 oz.) Caramel Apple Tartlets
OS Seasoning Packet (.33 oz.)

51689GZT | \$99.99* separately

Combo Price \$49.99



Limit 2 pkgs. Free gifts must ship with #51689. Standard S&H will be added. Expires 2/28/18. ©2017 OCG | 17M1957 | Omaha Steaks, Inc.

Plus, get 4 more Burgers and 4 more Kielbasa

FREE!



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FOODTRAVEL



FOOTBALL SUNDAY PASTA SALAD

- 1-1/2 lbs. uncooked penne pasta
- 1/3 cup light mayonnaise
- 1 (8 oz.) bottle Italian-style salad dressing
- 1/4 teaspoon Italian seasoning, or to taste
- 1/4 teaspoon garlic powder, or to taste
- 1/4 teaspoon cayenne pepper, or to taste
- Salt and ground black pepper or to taste
- 1/2 (12 oz. pkg.) broccoli coleslaw mix
- 2 Roma tomatoes, diced
- 1 cucumber, diced
- 1 (3 oz.) can tuna, drained
- 1/4 cup shredded Cheddar cheese
- 1/4 cup shredded Monterey Jack cheese
- 2 green onions, chopped

Fill a large pot with lightly salted water and bring to a rolling boil over high heat. Once the water is boiling, stir in the penne, and return to a boil. Cook the pasta uncovered, stirring occasionally, until the pasta has cooked through, but is still firm to the bite, about 11 minutes. Drain well in a colander set in the sink. Rinse with cold water to stop the cooking process. Combine the mayonnaise, salad dressing, Italian seasoning, garlic powder, cayenne pepper, salt, and pepper in a blender; blend until completely mixed.

Place the coleslaw mix, tomatoes, cucumber, tuna, Cheddar cheese, Monterey Jack cheese, green onions, and the cooked pasta in a large bowl; pour mayonnaise mixture into the bowl; toss to coat. Serve cold.



RESTAURANT-STYLE BUFFALO CHICKEN WINGS

- | | |
|-----------------------------|----------------------------|
| 1/2 cup all-purpose flour | Oil for deep frying |
| 1/4 teaspoon paprika | 1/4 cup butter |
| 1/4 teaspoon cayenne pepper | 1/4 cup hot sauce |
| 1/4 teaspoon salt | 1 dash ground black pepper |
| 10 chicken wings | 1 dash garlic powder |



In a small bowl mix together the flour, paprika, cayenne pepper and salt. Place chicken wings in a large non-porous glass dish or bowl and sprinkle flour mixture over them until they are evenly coated. Cover dish or bowl and refrigerate for 60 to 90 minutes. Heat oil in a deep fryer to 375 degrees F. The oil should be just enough to cover wings entirely, an inch or so deep. Combine the butter, hot sauce, pepper and garlic powder in a small saucepan over low heat. Stir together and heat until butter is melted and mixture is well blended. Remove from heat and reserve for serving. Fry coated wings in hot oil for 10 to 15 minutes, or until parts of wings begin to turn brown. Remove from heat, place wings in serving bowl, add hot sauce mixture and stir together. Serve.

SEVEN LAYER TACO DIP

- | | |
|---------------------------------------|--|
| 1 (1 oz.) pkg. taco seasoning mix | 1 bunch chopped green onions |
| 1 (16 oz.) can refried beans | 1 small head iceberg lettuce, shredded |
| 1 (8 oz.) pkg. cream cheese, softened | 1 (6 oz.) can sliced black olives, drained |
| 1 (16 oz.) container sour cream | 2 cups shredded Cheddar cheese |
| 1 (16 oz.) jar salsa | |
| 1 large tomato, chopped | |
| 1 green bell pepper, chopped | |



In a medium bowl, blend the taco seasoning mix and refried beans. Spread the mixture onto a large serving platter. Mix the sour cream and cream cheese in a medium bowl. Spread over the refried beans. Top the layers with salsa. Place a layer of tomato, green bell pepper, green onions and lettuce over the salsa, and top with Cheddar cheese. Garnish with black olives. *Tip: Aluminum foil can be used to keep food moist, cook it evenly, and make clean-up easier.*

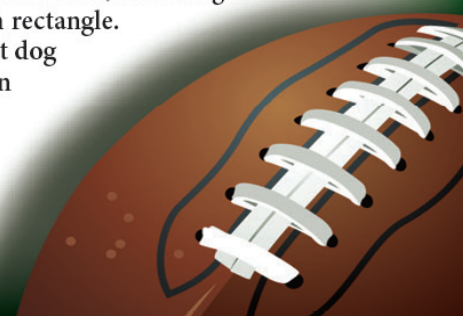
PRETZEL DOGS



- | | |
|---|--|
| 1 (12 fluid oz.) can or bottle, room temperature beer | 18 hot dogs |
| 1 tablespoon white sugar | 1/4 cup unsalted butter, melted |
| 2 teaspoons kosher salt | 1 large egg yolk |
| 1 (.25 oz.) pkg. active dry yeast | 1 tablespoon water |
| 4-1/2 cups bread flour | 10 cups water |
| | 2/3 cup baking soda |
| | 1/4 cup kosher salt, divided - or to taste |

Heat the beer in a saucepan over low heat until it reaches 110 degrees F. Combine the warm beer, sugar, and 2 teaspoons kosher salt in a bowl. Sprinkle the yeast on top, and let stand for 5 minutes until the yeast softens and begins to form a creamy foam. Place the bread flour

and butter in a bread machine. Add the yeast mixture, then select the dough cycle. Preheat an oven to 450 degrees F. Line 2 baking sheets with parchment paper or grease with vegetable oil. Beat the egg yolk in a small bowl with 1 tablespoon water; set aside. Stir baking soda into 10 cups water in a large pot until dissolved, and bring to a boil. Turn the dough out onto a lightly-oiled surface, and roll into a 10x20-inch rectangle. Cut the dough into 18 1-inch wide strips, then wrap each strip tightly around a hot dog in a spiral, pinching the edges to seal, and leaving the ends open. About half an inch of hot dog should peek out of each end of the dough wrapper. Drop 2 or 3 dough-wrapped hot dogs into the boiling water for 30 seconds. Arrange the boiled hot dogs on the prepared baking sheets. Brush each pretzel dog with the egg yolk mixture, and sprinkle with the remaining 1/4 cup salt. Bake in the preheated oven until golden brown, about 15 minutes.



Business & Industry Journal 2018

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THE WESTFIELD NEWS GROUP

SPACE DEADLINE: FEBRUARY 9, 2018

Publication Issued March 26, 2018

Pair pork with cabbage for a tasty main dish

If you're tired of the same old vegetable side dishes, here's a recipe that promotes the lowly red cabbage from side dish to protein partner. All you have to do is cook it up sweet and sour and — voila! — your side dish is now ready to walk down the aisle arm in arm with pork in any form: chops, smoked chops, roast, ham, Canadian bacon, kielbasa, Italian sausages. Really, there's nothing required — no sauces, no extras — other than cooking the pork and lowering it onto the cabbage. What makes this dish such a good partner for pork? Its sourness cuts right through the meat's natural fattiness.

Consisting of just six ingredients, this recipe is a snap to make — and the balance of sweet and sour is up to you. My sourpuss family isn't a fan of sugar



This Jan 16, 2018 photo shows sweet and sour cabbage accompanying a pork chop in New York. This dish is from a recipe by Sara Moulton. (Sara Moulton via AP)

See Cabbage, Page 7

COOKING ON DEADLINE: Mini Pizzas

If you want to wow your gang during an Oscar viewing party, game day, or a movie-watching or Netflix-binging session, mini pizzas are a great way to go.

And no need to make this an all-day project; there are plenty of shortcuts to take. You could make your own pizza dough, but you could also buy it at the supermarket or a local pizzeria. You could make your own tomato sauce, but you could also buy a jar.

Then all that's left are the toppings. You can prepare as many as you like, and then mix and match them on the pizzas.

Another thing that makes these pizzas easy: All of the toppings are uncooked. Chopping them finely allows them to cook quickly in the time it takes for the rest of the pizza to bake.

How much of each topping you'll need for a batch of pizzas will depend on how many options you're working with. You won't need more than a pound of cheese total for one batch of mini pizzas (20), and 1 cup total of the toppings will surely suffice.

Don't overload the pizzas with sauce, cheese or toppings — you don't want things slipping and sliding off. These pizzas are meant to be just two-bite little affairs.

The cornmeal on the baking sheet serves two purposes. One, it adds a little crunch and texture to the bottoms of the little pizzas, and two, it helps them come off of the pan easily.

If you haven't turned your oven to 500



This Dec. 14, 2017 photo shows mini pizzas in New York. This dish is from a recipe by Katie Workman. (AP Photo)

degrees in a while, or ever, it might feel like a strangely high temperature. It's OK. The high heat will cook the dough base quickly, resulting in as close to an approximation as possible of that chewy-on-the-outside, tender-on-the-inside dough that you get in actual pizza joints, with their eyebrow-singeing hot ovens.

Slight caveat: These get inhaled pretty quickly, so count on at least four per person — more if my family is coming.

MINI PIZZAS
45 minutes start to finish
Makes 20 pizzas (about five servings)

1 pound store-bought or homemade pizza dough
1 cup tomato sauce (such as a simple jarred pasta sauce)
Cornmeal for sprinkling
Shredded mozzarella
Other shredded or crumbled cheeses, such as feta, cheddar, Monterey Jack, smoked mozzarella, fontina, gouda, Swiss-style cheeses

- Finely chopped red onion**
- Finely chopped bell peppers or roasted peppers**
- Finely chopped tomatoes**
- Pepperoni, thinly sliced crosswise (or try different kinds of salami or cured meats)**
- Chopped fresh oregano, or dried oregano**
- Red pepper flakes**

Bring the pizza dough to room temperature in a bowl, draped with some plastic wrap.

Preheat the oven to 500 degrees F. If you have parchment paper, line the baking sheets with that. Lightly oil the baking sheet or the parchment, or spray with nonstick cooking spray. Sprinkle the parchment or baking sheet lightly with cornmeal.

Divide the dough in half, and then each half into halves again. Then divide each quarter into five pieces. This way your pizzas will all be close to the same size. Use a rolling pin to press each piece of dough into a flat circle about 2 inches in diameter and 1/8-inch thick; you can also press with your fingers, but a rolling pin is easier). Place them on the baking

sheet and let sit for about 15 minutes.

Spoon about 1 teaspoon of sauce onto each round, spreading it almost to the edges. Sprinkle about 1 tablespoon of the cheese(s) of your choice over the pizzas. Top each one with 1 to 2 teaspoons of toppings, choosing the combo you like best. Sprinkle the pizzas with oregano and/or red pepper flakes as desired.

Bake for 8 to 10 minutes, until the dough is cooked through, and the cheese is melted and starts to turn golden brown. Remove from the oven, transfer to a serving platter, and serve hot or warm.

Nutrition information per serving: 244 calories; 139 calories from fat; 15 g fat (7 g saturated; 0 g trans fats); 40 mg cholesterol; 799 mg sodium; 13 g carbohydrate; 1 g fiber; 1 g sugar; 12 g protein.

Katie Workman has written two cookbooks focused on easy, family-friendly cooking, "Dinner Solved!" and "The Mom 100 Cookbook." She blogs at <http://www.themom100.com/about-katie-workman>. She can be reached at Katie@themom100.com.

Westfield STATE UNIVERSITY

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..... **MONDAYS**

6-8 am: By George...it's Monday with George Delisle

8-10am: Owls on the Air with Michael "Buster" McMahon '92

..... **TUESDAYS**

6-8 am: WOW, It's Tuesday, with Bob Plasse

8-10am: Ken's Den, with Ken Stomski

..... **WEDNESDAYS**

6-8 am: Wake Up Wed., with Tina Gorman

8-10am: Wednesday Roll Call - Rotating Hosts

1st Wed On The Town with Mayor Brian Sullivan and Denny Atkins (8-10am)

2nd Wed Window into Westside with Mayor Wil Reichelt (8-9am)

Chamber Chatter with Kate Phelon (9-10am)

3rd Wed Everything Southwick with Selectman Joe Deedy (8-9am)

ArtsBeat with Mark Auerbach (9-10am)

4th Wed Rock on Westfield with Harry Rock (8-9am)

Boys and Girls Club Hour with Bill Parks (9-10am)

..... **THURSDAYS**

6-8 am: The Westfield News Radio Show, with host Patrick Berry

8-9 am: In The Flow with Rob & Joe: Westfield Tech. Academy's Rob Ollari & Joe Langone

9-10am: Superintendents' Spotlight with Stefan Czaporowski

..... **FRIDAYS**

6-8 am: JP's Talk about Town, with Jay Pagluica

8-9 am: Owls Sports Weekly with Devin Bates '18 and Anthony Swenson '18

8-9 am: Conversations with Pete Cowles

..... **SATURDAYS**

6-10am: Polka Jammer Network, with Billy Belina

RADIO FOR THE WESTFIELD MASSES

Drug Continued from Page 7

in savory dishes, so I added just a single tablespoon of brown sugar to the cabbage. But if the dish then strikes you as too tart, by all means add a second tablespoon or even a tad more.

And by the way, combining red cabbage with an acid — balsamic vinegar, in this case — turns its color from dull blue-ish red to jewel-like pink. All of a sudden, this veggie is scoring an A-plus in visuals — a welcome bonus even if it's not a very cabbage-y thing to do.

Finally, Sweet and Sour Cabbage can be made a few days ahead and is equally good served hot or cold. In other words, it's not just a winter-time food. Try it in the summer as a tangy alternative to coleslaw. Grilled hot dogs topped with sweet and sour cabbage anyone?

Sweet and Sour Cabbage

Start to finish:
1 hour (25 active)
Servings: 4
2 teaspoons minced garlic
2 tablespoons olive oil
1/2 cup balsamic vinegar
1 to 2 tablespoons brown sugar (light or dark), or to taste
4 cups shredded red cabbage
One 14.5-ounce can chopped tomatoes, preferably fire-roasted
Kosher salt
Black pepper

In a large skillet cook the garlic in the oil over medium heat, stirring until fragrant, about 1 minute. Add the vinegar and sugar and cook, stirring until the sugar is melted. Add the cabbage, tomatoes and 1/2 teaspoon salt and bring the liquid to a boil. Reduce the heat to medium-low, cover tightly and cook, stirring occasionally, until the cabbage is very tender, about 30 minutes. If there is still a lot of liquid in

the pan, increase the heat to medium-high and simmer, uncovered, until most of the liquid is reduced. Add salt and pepper to taste.

Nutritional information per serving: 130 calories; 48

calories from fat; 5 g fat (1 g saturated; 0 g trans fats); 0 mg cholesterol; 364 mg sodium; 17 g carbohydrates; 3 g fiber; 13 g sugar; 2 g protein.

Sara Moulton is host of public television's "Sara's

Weeknight Meals." She was executive chef at Gourmet magazine for nearly 25 years and spent a decade hosting several Food Network shows including "Cooking Live." Her latest cookbook is "HomeCooking 101."

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In this July 26, 2017, file photo, Rep. Joe Kennedy, D-Mass., smiles on Capitol Hill in Washington. Kennedy, grandson of Robert F. Kennedy, will give the Democratic response to President Donald Trump’s State of the Union speech. (AP Photo/Jacquelyn Martin, File)

In response to Trump, Dems argue for middle class

WASHINGTON (AP) — Soaring stock prices under President Donald Trump have boosted investor portfolios and corporate profits but have not eased the economic anxieties of middle-class families, Massachusetts Rep. Joe Kennedy III said Tuesday night in the Democratic response to Trump’s first State of the Union address.

In calling on Americans to reject the “chaos” of the Trump era, Kennedy also outlined a Democratic vision that promises a “better deal for all who call this country home.”

Democrats support a higher minimum wage, paid leave for employees and affordable child care, among other priorities, Kennedy said.

“We choose pensions that are solvent, trade pacts that are fair, roads and bridges that won’t rust away, and good education you can afford,” he said in a speech from a vocational high school in Fall River, Massachusetts, a onetime manufacturing hub now struggling with high unemployment and other problems.

Kennedy, 37, a three-term congressman and grandson of former Attorney General Robert F. Kennedy, has argued that Democrats should focus on the economic concerns of working-class voters who bolted the party in the 2016 elections.

Fall River, home to many blue-collar workers, “has faced its share of storms,” Kennedy said. “But people here are tough. They fight for each other. They pull for their city.”

In an apparent reference to Trump, Kennedy said that “bullies may land a punch” and leave a mark but that they have “never managed to match the strength and spirit of a people united in defense of their future.”

In a hard-hitting speech for a political newcomer, Kennedy decried a rollback of civil rights protections, noting proposals that target Muslims, transgender people and others.

The Trump administration “isn’t just targeting the laws that protect us — they are targeting the very idea that we are all worthy of protection,” Kennedy said.

Trump’s record is “a rebuke of our highest American ideal: the belief that we are all worthy, we are all equal and we all count — in the eyes of our law and our leaders, our God and our government,” Kennedy said.

The red-haired Kennedy was elected to the House in 2012, returning the family to Congress two years after the retirement of Rhode Island Rep. Patrick Kennedy, the son of Joe

Kennedy III’s great-uncle Ted.

Known mostly for his famous last name, Kennedy’s selection has been criticized by some as tone-deaf at a time when sexual harassment of women and the Black Lives Matter movement are at the forefront of American politics. Speaking without a suit coat in front of a rebuilt car and an enthusiastic audience, Kennedy tried to defuse that Tuesday by citing the #MeToo movement and declaring, “Black lives matter.”

In a nod to “Dreamers,” the 700,000 young immigrants brought here as children and now here illegally, Kennedy spoke in Spanish as he said Dreamers are a part of America’s story and promised that Democrats will not walk away from them.

Kennedy said Trump and his administration were breaking a core promise of America — that everyone will be treated equally under the law. He accused the administration of “calously” appraising Americans’ worth and deciding “who makes the cut and who can be bargained away.”

Under the leadership of Trump and congressional Republicans, Americans are “bombed with one false choice after another,” Kennedy said. “Coal miners or single moms. Rural communities or inner cities. The coast or the heartland.”

Democrats “choose both,” Kennedy said.

A former Peace Corps volunteer, Kennedy was an assistant district attorney in two Massachusetts districts before being elected to Congress. He has focused on economic and social justice in Congress and has advocated on behalf of vocational schools and community colleges and championed issues such as transgender rights and marriage equality.

To illustrate that message, Kennedy invited U.S. Army Staff Sgt. Patricia King, a transgender woman, as his guest to the State of the Union. King, an infantry squad leader at Fort Lewis, Washington, was the first person to have gender reassignment surgery paid for by the military.

Kennedy’s speech was one of several Democratic responses. Elizabeth Guzman, one of the first Latinas elected to the Virginia House of Delegates, delivered a Spanish-language response, while former Democratic presidential candidate Bernie Sanders spoke on Facebook Live and Rep. Maxine Waters, D-Calif., spoke on BET.

Preview

Continued from Page 1

Then, an item related to unregistered vehicles, which Beltrandi said is in regards to these sorts of vehicles on property in the city, is expected. Also, an item on a temporary sign ordinance from Allie is expected, as well as cultural overlay district from Surprise.

Finally, a previous item related to clothing drop boxes and newspaper vending machines is expected from Figy and At-Large Councilor Brent Bean.

Moving on to “Unfinished Business,” the City Council has tabled a first reading “of an Ordinance to repeal the City’s sex offender ordinance,” which was discussed during their last meeting.

Then, a second reading is expected for the transfer of land on Montgomery Road, known as the West Farms Schoolhouse, to be transferred from the School Department to the Westfield Historic Commission.

The final set of items expected is “Motions, Orders or Resolutions.”

The first is a tabled discussion related to Flaherty attempting to gain internet access for City Council on computers at their respective stations, according to Beltrandi.

Then, Bean and Beltrandi are putting forth a motion to move the start time of City Council meetings from 7 p.m. to 6:30 p.m.

Beltrandi noted that majority of meetings are now completed before City Council and take place on days different than when Council meets, so the regular meeting could be moved.

Then, a motion from Figy, Flaherty and Surprise is expected to review and possibly amend an ordinance related to snow and ice removal. According to Beltrandi, this has to do with off-street parking and “trying to get who the responsibility lies with.”

Beltrandi noted that following snowstorms, parking in the off-street lots can become an issue as snow piles up.

Then, several motions are expected from Flaherty. First, a motion is expected that would look to eliminate automatic acceptances of job descriptions by City Council if they are not acted upon in two meetings. This motion is expected to be sent to the Legislative and Ordinance Committee.

Then, a motion to “edit the Code of Ordinances in several places” in order to change the appointment term of department from “a period of three years” to “a period not to exceed three years.” This is also expected to go to the Legislative and Ordinance Committee.

Another item from Flaherty is a motion to add a new section to the Code of Ordinances’ Personnel Section. This would be related to common elements that are included in Personal Service Agreements, according to the agenda. This is expected to be investigated by Government Relations Committee before being referred to Legislative and Ordinance.

The final motion expected from Flaherty will be a request from the law department for a written explanation related to a ruling from the Massachusetts Supreme Judicial Court related to accrued sick time. This is expected to go to the law department and Government Relations Committee.

Finally, Surprise and At-Large Councilor Emmershy are expected to request from the city’s Director of Facilities, a summary of the previous year’s activities and accomplishments.

WSU Spelling Bee

Continued from Page 1

The 14 finalists are from over 500 students who participated in preliminary spelling bees in elementary schools across the city and are from fourth and fifth grade. The schools that held these preliminary competitions were Abner Gibbs, Franklin Avenue, Highland Avenue, Munger Hill, Paper Mill, Southampton Road and Russell Schools.

The finalists are as follows: Samantha Dorion and Morgan Gagnon from Abner Gibbs; Ayesha Azhar and Lucy McKeague from Franklin Avenue; Ayden Moquin and Jaeden Smith from Highland; Skyler Dansereau and Jake Geoffrey from Russell; Lucas Bascom and Shalini Sundararajan from Munger Hill; Luke Bulan and Aliya Carthon from Paper Mill; and Colleen Pescitelli and Natalia Thorne from Southampton Road.

The 14 remaining spellers will receive a finalist medal, and the top three spellers will be receiving additional prizes. The winner’s school will also receive a permanent plaque with their name and the name of their school.

The event is free to attend and is sponsored by MedExpress of Westfield, with organization by the Kiwanis Club of Westfield State, as well as assistance from the volunteers in public schools.

Bushnell

Continued from Page 1

dances for Monty Python’s Spamalot and The Drowsy Chaperone. The original Broadway creative team recreated their work for the tour, and the performances are top-notch all around. Bottom line, Something Rotten is one of the funniest musical comedies to come around in years.

Something Rotten is set in the Renaissance, and Shakespeare is the hot playwright in London, cheered for his work, and worshipped for his celebrity. Two brothers, also in the theatre, aspire to one-up The Bard and write a big hit. They seek out a soothsayer to tell them what’s going to be the next best thing in theatre, and they’re told “a musical”, and off they go to try to outdo Shakespeare at the box-office. But the soothsayer errs, saying the next big hit will be “Omelette” instead of “Hamlet”. Needless to say, hilarity ensues.

Something Rotten has numerous references to Shakespeare, all of which will be familiar to anyone who had to sit through Shakespeare in high school. Something Rotten is also a valentine to the Broadway musical, with hilarious references to all of the greats from Annie to Les Miserables, Dreamgirls, Fiddler on The Roof and more. Two of Something Rotten’s production numbers, “A Musical”, and “Make An Omelette” are laugh out loud showstoppers.

Something Rotten has a first-class cast. Adam Pascal from the original Broadway production of Rent, plays the self-absorbed superstar Shakespeare. The brothers are played by Rob McClure and Josh Grisetti, two of Broadway’s current bright lights. McClure won a Tony nomination for his role in Broadway’s Chaplin. Grisetti won a Theatre World Award for Enter Laughing. They’re well supported by Maggie Lakis as McClure’s onstage wife—they’re husband and wife offstage; Autumn Hurlbert as Portia, Grisetti’s love interest; and a team of baggy tights comics, high-stepping choristers and dancers. Those who have attended Connecticut Repertory Theatre’s Nutmeg Summer Series of late will notice Luke Hamilton in the chorus. He played Tony in their recent West Side Story, Tulsa with Leslie Uggams in Gypsy, as well as the lead in Xanadu.

Something Rotten plays at The Bushnell through Sunday, but it returns to the area at Worcester’s Hanover Performing Arts Center on February 20-25. Next up on The Bushnell’s Broadway series is The Bodyguard, a musicalization of the movie. with Deborah Cox in the role created by Whitney Houston, also February 20-25.

The Bushnell presents Something Rotten. Book by Karey Kirkpatrick and John O’Farrell. Music and lyrics by Wayne Kirkpatrick and Karey Kirkpatrick. Directed and choreographed by Casey Nicholaw. Scenic design by Scott Pask. Costume design by Gregg Barnes. Lighting design by JJeff Croiter. Sound design by Peter Hylenski. Hair design by Josh Marquette. Musical direction by Phil Reno .Cast: Rob McClure as Nick Bottom, Adam Pascal as Shakespeare, Josh Grisetti as Nigel Bottom, Maggie Lakis as Bea, Blake Hammond as Nostradamus, Autumn Hurlbert as Portia, Scott Cote as Brother Jeremiah and Jeff Brooks as Shylock. Through February 4 at The Bushnell, Hartford, CT. 860-987-5900 or www.bushnell.org.

Mark G. Auerbach studied theatre at American University and the Yale School of Drama. He’s worked for arts organizations and reported on theatre for newspapers and radio. Mark produces and hosts ArtsBeat Radio on 89.5fm/WSKB Radio.

Science Fair

Continued from Page 1

Academy, where he plans to study political science and international relations. He said he may not be doing science there, but said, “I can contribute to laws that make it easier to build clean energy infrastructure.”

Coffey said that difference is what makes theirs a good partnership. “Zach is able to sell it. I bring more of the conceptual knowledge,” he said.

“Liam is definitely good at breaking complex problems down. That’s why we make a good team,” Medeiros said.

Although Stawasz isn’t certain about which college she will be attending next year, she plans to go on to graduate studies in astrophysics, and hopes to work for NASA one day.

All three of them said that the WHS Science Fair, one of the few high school science fairs in the area, is challenging for students. While it is open to all students at Westfield High School; students in grades 9-12 who are enrolled in any Advanced Placement or Pre-AP science course are required to participate. The projects are graded by teachers, and represent 10% of their grade each of the four terms.

“We all complain about Science Fair,” Stawasz said, adding, “It has offered me endless opportunities.” She said the hands-on research is what colleges like to see, plus the opportunity to win money and other perks, like the week of classes she took at MIT. She also spoke about the friends she made at the international competition, with whom she keeps in touch. “The rewards you get from it are indescribable,” Stawasz said.

“I also found Science Fair to be draining,” Coffey said, adding, “Without Science Fair, I probably wouldn’t be able to go to a college like WPI and study engineering. It’s helped me with time management, problem-solving skills and creativity.”

“Science Fair is a love-hate relationship, a little too much of a burden to put on students,” Medeiros agreed. “This final project made me realize how much better I’ve gotten at research and time management. It’s the hardest assignment of each year,” he added.

Medeiros said that’s pretty much the consensus among all of the students in the school. “Some say they hate it, but in the end, we all take away something positive from Science Fair,” he said.

“One of my favorite things is going around to other projects. You learn so much from your peers. It is truly incredible what people our age are doing to change the world,” Stawasz said.

McKay said they are still accepting judges for the Science Fair. Judging takes place during the school day on February 8, and judges are treated to a catered lunch prepared by culinary art students, with entertainment by band and choral students. Anyone interested in judging, should email McKay at d.mckay@schools-westfield.org. She said this year they have some judges who have previously participated as students in the fair.

“I believe it is our responsibility to promote authentic learning as so many students that do pursue their science education after high school drop out of the field during college,” McKay said.

Massachusetts high court to examine drug lab misconduct case

BOSTON (AP) — Massachusetts’ top court will examine a case sparked by the misconduct of a former chemist who authorities say was high almost every day she worked at a state drug lab for eight years.

Prosecutors already have agreed to dismiss about 8,000 convictions tainted by Sonja Farak, who pleaded guilty in 2014 to stealing drugs from the lab.

The Supreme Judicial Court will now decide whether prosecutors have to dismiss additional cases tied to Farak. The court also will consider whether all cases that passed through the drug lab during Farak’s employment should be re-examined, even if she didn’t work on them.

SPORTS



Westfield Tech's Ashley Torres (13) looks for an open teammate as St. Mary's Marissa Hannoush (34) plays aggressive defense. (Photo by Randall S. Burlingame)



Gina Mulvenna (5) tries to create some separation from Leilani Marsh (20). (Photo by Randall S. Burlingame)

Saints chase Tigers

By CHRIS PUTZ
Staff Writer

WESTFIELD – The St. Mary's High School girls basketball team banded together for a big "W".

Jessica Crosby scored a game-high 10 points, Anna Kosinski contributed eight, Erin Olearcek collected seven, and Alexis Shedd finished with six to lead St. Mary's past Westfield Tech 43-16 Tuesday night in an all-Whip City showdown.

Madie Donais and Kaylee Hamel each chipped in four for St. Mary's. Saints' Gina Mulvenna and Abbi Shanahan had two apiece.

Jenna Folsam led Westfield Tech with seven points.

Spartans upend Bombers

East Longmeadow 47, Westfield 40
Coolidge scored a game-high 19 points, including six free throws, and Sharon made three 3-pointers in finishing with 13 points as East Longmeadow escaped Westfield with a close victory.

The game was decided in the second quarter where East Longmeadow out-

scored Westfield 17-8.

Wood led Westfield with 14 points. She made two shots from 3-point range.

Rams edged

Smith Academy 43, Southwick 40
Smith squeaked out a nail-biter. Maura Wurster led the way for Southwick with eight points.

In JV action, Mia Ann Toni had some big offensive rebounds and Brielle Ensign delivered solid "D."

Gateway Girls' Hoops



Grace Vanburen (35) shows off her handling skills. (Photo by Randall S. Burlingame)



Becca Herman (23) looks for some open room against the Vikings. (Photo by Randall S. Burlingame)

Megan Wright (31) doesn't let her free-throw opportunity go to waste. (Photo by Randall S. Burlingame)



Hannah Duggan (5) shoots a jumper from deep in two-point territory. (Photo by Randall S. Burlingame)



Abbi Shanahan (32) passes the ball just outside of Kelsey Carrolls (11) reach. (Photo by Randall S. Burlingame)



Anna Kosinski (42) lays up a shot off the backboard during the first quarter. (Photo by Randall S. Burlingame)

WINTER '17-18 HS STANDINGS/SCHEDULES

BOYS ICE HOCKEY

Westfield 12-2-1

BOYS BASKETBALL

Westfield 9-4
Southwick 11-3
Gateway 1-12
Westfield Technical Academy 6-3
St. Mary 3-8

GIRLS BASKETBALL

Westfield 4-10
Southwick 3-8
Gateway 4-3
Westfield Technical Academy 0-11
St. Mary 2-8

GIRLS ICE HOCKEY

Westfield-Longmeadow Co-Op 7-2

GIRLS SWIMMING

Westfield 8-2

BOYS SWIMMING

Westfield 8-3

WRESTLING

Westfield 9-3

TUESDAY'S RESULTS

GIRLS BASKETBALL

St. Mary's 43,
Westfield Technical Academy 16
East Longmeadow 47, Westfield 40
Smith Academy 43, Southwick 40

WESTFIELD STATE SPORTS SCHEDULES

2017-2018 Westfield State Men's-Women's Indoor Track and Field

DAY	DATE	EVENT	LOCATION
Fri.-Sat.	Feb 2-3	NEICAAA Championship	Reggie Lewis Center- Boston, Mass.
Saturday	Feb. 3	Wesleyan University Invitational II	Wesleyan University- Middletown, Conn.
Saturday	Feb. 10	MASCAC/Alliance Championships	Rhode Island College- Providence, RI
Fri.-Sat.	Feb. 16-17	New England Division III Finals (W)	Springfield- Springfield, Mass.;; M) Middlebury – Middlebury, Vt.
Sat.	Feb. 24	TBD	
Saturday	March 3	Tufts Final Qualifying Meet	Tufts University- Medford, Mass.
Fri.-Sat.	March 9-10	NCAA Division III Championships	CrossPlex- Birmingham, Ala.

2017-2018 Westfield State University Men's Basketball Schedule

DAY	DATE	OPPONENT	TIME
Sat	Feb. 3	at Bridgewater State	3:00
Wed	Feb. 7	at Framingham State	8:00
Sat	Feb. 10	SALEM STATE	3:00
Wed	Feb. 14	FITCHBURG STATE	7:30
Sat	Feb. 17	at Worcester State	3:00
Tues	Feb. 20	MASCAC Quarterfinals	TBA
Thur	Feb. 22	MASCAC Semifinals	TBA
Sat	Feb. 24	MASCAC Championship	TBA

2017-2018 Westfield State University Women's Basketball Schedule

Sat	Feb. 3	at Bridgewater State	1:00
Wed	Feb. 7	at Framingham State	6:00
Sat	Feb. 10	SALEM STATE	1:00
Wed	Feb. 14	FITCHBURG STATE	5:30
Sat	Feb. 17	at Worcester State	1:00
Tues	Feb. 20	MASCAC Quarterfinals	TBA
Thur	Feb. 22	MASCAC Semifinals	TBA
Sat	Feb. 24	MASCAC Championship	TBA

2017-2018 Westfield State University Women's Swimming & Diving Schedule

Sat	Feb. 3	LEC Championships	11:00 a.m.
		@ UMass Dartmouth	
Fri	Feb. 16	New England Championships	
Sat	Feb. 17	New England Championships	
Sun	Feb. 18	New England Championships	@ University of Rhode Island, Kingston, RI

2017-2018 Westfield State Ice Hockey Schedule

Thur	Feb. 1	SALEM STATE	7:35
Thur	Feb. 8	at Framingham State	7:30
Sat	Feb. 10	at UMass Dartmouth	4:30
Thur	Feb. 15	WORCESTER STATE	7:35
Sat	Feb. 17	FITCHBURG STATE	5:35
Tues	Feb. 20	at Plymouth State	6:00
Sat	Feb. 24	MASCAC Quarterfinals	TBD
Tues	Feb. 27	MASCAC Semifinals	TBD
Sat	March 3	MASCAC Championship	TBD

HIGH SCHOOL 2017 WINTER SPORTS SCHEDULES

WESTFIELD HIGH SCHOOL

Wed., Jan. 31, 2018
JV BOYS ICE HOCKEY vs. Longmeadow, Amelia Park Ice Arena, 3:30 p.m.
WRESTLING vs. Ludlow, 7 p.m.
Thurs., Feb. 1, 2018
JV BOYS BASKETBALL at Sci-Tech, 5:30 p.m.
BOYS BASKETBALL at Sci-Tech, 7 p.m.
SKIING @ Berkshire East, 5 p.m.
Fri., Feb. 2, 2018
JV GIRLS BASKETBALL vs. Minnechaug, 5:30 p.m.
GIRLS BASKETBALL vs. Minnechaug, 7 p.m.
BOYS ICE HOCKEY vs. Beverly, University of Massachusetts-Amherst, 3:30 p.m.
INDOOR TRACK vs. Longmeadow @ Smith College (Northampton), 3:45 p.m.
Sat., Feb. 3, 2018
BOYS BASKETBALL vs. Amherst-Pelham, 6 p.m.
WRESTLING at Southwick High School, Time TBD
GIRLS ICE HOCKEY (Longmeadow Co-Op) at Longmeadow, Fitzpatrick Ice Arena, 8 p.m.
Mon., Feb. 5, 2018
JV BOYS ICE HOCKEY at Minnechaug, Cyr Arena, 4 p.m.
JV BOYS BASKETBALL at Chicopee, 5:30 p.m.
BOYS BASKETBALL at Chicopee, 7 p.m.
SKIING @ Berkshire East, 5 p.m.
Tues., Feb. 6, 2018
JV GIRLS BASKETBALL vs. West Springfield, 5:30 p.m.
GIRLS BASKETBALL vs. West Springfield, 7 p.m.
SKIING @ Berkshire East, 5 p.m.
Wed., Feb. 7, 2018
GIRLS ICE HOCKEY (Longmeadow Co-Op) vs. Auburn, Amelia Park Ice Arena, 7 p.m.
Thurs., Feb. 8, 2018
JV BOYS BASKETBALL at Commerce, 5:30 p.m.
BOYS BASKETBALL at Commerce, 7 p.m.
SKIING @ Berkshire East, 5 p.m.
Fri., Feb. 9, 2018
JV GIRLS BASKETBALL vs. Chicopee, 5:30 p.m.
GIRLS BASKETBALL vs. Chicopee, 7 p.m.
BOYS ICE HOCKEY vs. Marblehead, Amelia Park Ice Arena, 4 p.m.
INDOOR TRACK – PVIAC Championships @ Smith College (Northampton), 6 p.m.

SOUTHWICK-TOLLAND REGIONAL HIGH SCHOOL

Wed., Jan. 31, 2018
WRESTLING vs. Hampshire, 7 p.m.
JV BOYS ICE HOCKEY at St. Mary, Amelia Park Ice Arena, 7 p.m.
Thurs., Feb. 1, 2018
SKIING @ Berkshire East, 5 p.m.
Fri., Feb. 2, 2018
INDOOR TRACK vs. Ludlow, Pioneer Valley Regional @ Smith College (Northampton), 6:45 p.m.
JV GIRLS BASKETBALL at McCann Tech, 6 p.m.
GIRLS BASKETBALL at McCann Tech, 7:30 p.m.
Sat., Feb. 3, 2018
WRESTLING vs. Westfield, 10 a.m.
Mon., Feb. 5, 2018
JV BOYS BASKETBALL vs. Granby, 5:30 p.m.
BOYS BASKETBALL vs. Granby, 7 p.m.
Tues., Feb. 6, 2018
SKIING @ Berkshire East, 5 p.m.
JV GIRLS BASKETBALL vs. Pioneer Valley Regional, 5:30 p.m.
GIRLS BASKETBALL vs. Pioneer Valley Regional, 7 p.m.
Wed., Feb. 7, 2018
No Sports Scheduled
Thurs., Feb. 8, 2018
JV BOYS BASKETBALL at Ware, 5:30 p.m.
BOYS BASKETBALL at Ware, 7 p.m.
Fri., Feb. 9, 2018
PVIAC Indoor Track Championships @ Smith College (Northampton), 6 p.m.
Sat., Feb. 11, 2018
JV BOYS ICE HOCKEY at Minnechaug, Smead Arena, 6:10 p.m.
Tues., Feb. 13, 2018
JV GIRLS BASKETBALL at Ware, 5:30 p.m.
GIRLS BASKETBALL at Ware, 7 p.m.
Thurs., Feb. 15, 2018
JV BOYS BASKETBALL vs. Monson, 5:30 p.m.
BOYS BASKETBALL vs. Monson, 7 p.m.
Fri., Feb. 16, 2018
JV GIRLS BASKETBALL vs. Putnam, 5:30 p.m.
GIRLS BASKETBALL vs. Putnam, 7 p.m.
JV BOYS ICE HOCKEY at St. Mary, Amelia Park Ice Arena, 7 p.m.
Sun., Feb. 18, 2018
JV BOYS ICE HOCKEY vs. Chicopee Comp, Fitzpatrick Ice Arena, 12:40 p.m.

GATEWAY REGIONAL HIGH SCHOOL

Wed., Jan. 31, 2018
WRESTLING at Granby, Time TBD
Thurs., Feb. 1, 2018
SKIING @ Berkshire East, 5 p.m.
JV BOYS BASKETBALL at Pioneer Valley Christian Academy, 5:30 p.m.
BOYS BASKETBALL at Pioneer Valley Christian Academy, 7 p.m.
Fri., Feb. 2, 2018
JV GIRLS BASKETBALL at Baystate Academy, South End Community Center, 4 p.m.
GIRLS BASKETBALL at Commerce, 6 p.m.
Sat., Feb. 3, 2018
WRESTLING at Southwick Duals, 10 a.m.
Mon., Feb. 5, 2018
JV GIRLS BASKETBALL vs. Pioneer Valley Chinese Immersion Charter, 5 p.m.
JV BOYS BASKETBALL at Pathfinder, 5:30 p.m.
BOYS BASKETBALL at Pathfinder, 7 p.m.
Tues., Feb. 6, 2018
SKIING @ Berkshire East, 5 p.m.
GIRLS BASKETBALL vs. Franklin Tech, 6:30 p.m.
Wed., Feb. 7, 2018
No Sports Scheduled
Thurs., Feb. 8, 2018
JV BOYS BASKETBALL vs. McCann Tech, 5 p.m.
BOYS BASKETBALL vs. McCann Tech, 6:30 p.m.

WESTFIELD TECHNICAL ACADEMY

Wed., Jan. 31, 2018
No Sports Scheduled
Thurs., Feb. 1, 2018
BOYS BASKETBALL at Duggan Academy, 7 p.m.
Fri., Feb. 2, 2018
JV BOYS BASKETBALL at Southwick, 5:30 p.m.
GIRLS BASKETBALL vs. Hampden Charter School of Science, 6 p.m.
Mon., Feb. 5, 2018
JV BOYS BASKETBALL vs. St. Mary's, 4:30 p.m.
BOYS BASKETBALL vs. St. Mary's, 6 p.m.
Tues., Feb. 6, 2018
GIRLS BASKETBALL vs. Pathfinder, 6 p.m.
Wed., Feb. 7, 2018
No Sports Scheduled
Thurs., Feb. 8, 2018
JV BOYS BASKETBALL vs. Franklin Tech, 5:30 p.m.
BOYS BASKETBALL vs. Franklin Tech, 7 p.m.
Fri., Feb. 9, 2018
GIRLS BASKETBALL at Smith Vocational, 6 p.m.
Mon., Feb. 12, 2018
JV BOYS BASKETBALL at Smith Academy, 5:30 p.m.
BOYS BASKETBALL at Smith Academy, 7 p.m.
Tues., Feb. 13, 2018
GIRLS BASKETBALL at Sci-Tech, 7 p.m.
Wed., Feb. 14, 2018
No Sports Scheduled

SAINT MARY HIGH SCHOOL

Wed., Jan. 31, 2018
JV BOYS BASKETBALL vs. Pathfinder, Westfield Middle School South, 5:30 p.m.
BOYS BASKETBALL vs. Pathfinder, Westfield Middle School South, 7 p.m.
JV BOYS ICE HOCKEY vs. Southwick, Amelia Park, 7 p.m.
Thurs., Feb. 1, 2018
SKIING @ Berkshire East, 5 p.m.
JV BOYS BASKETBALL at Franklin Tech, 5:30 p.m.
BOYS BASKETBALL at Franklin Tech, 7 p.m.
Fri., Feb. 2, 2018
GIRLS BASKETBALL at Smith Vocational, 6:30 p.m.
Sat., Feb. 3, 2018
JV GIRLS BASKETBALL vs. Minnechaug, Williston-Northampton School, 4 p.m.
Mon., Feb. 5, 2018
JV BOYS BASKETBALL at Westfield Technical Academy, 4:30 p.m.
BOYS BASKETBALL at Westfield Technical Academy, 6 p.m.
Tues., Feb. 6, 2018
SKIING @ Berkshire East, 5 p.m.
JV BOYS BASKETBALL vs. Mount Everett, Westfield Middle School South, 5:30 p.m.
BOYS BASKETBALL vs. Mount Everett, Westfield Middle School South, 7 p.m.
GIRLS BASKETBALL vs. Pioneer Valley Christian Academy, Westfield Middle School North, 5:30 p.m.
Wed., Feb. 7, 2018
No Sports Scheduled
Thurs., Feb. 8, 2018
BOYS BASKETBALL vs. Duggan Academy, Westfield Middle School South, 6:30 p.m.



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In this Jan. 13, 2018, file photo, New England Patriots tight end Rob Gronkowski, right, catches a pass during the second half of an NFL divisional playoff football game against the Tennessee Titans in Foxborough, Mass. Gronkowski says he expects to play in Sunday's Super Bowl against the Philadelphia Eagles. (AP Photo/Charles Krupa, File)



Gronk expects to play in Super Bowl

BLOOMINGTON, Minn. (AP) — New England Patriots star tight end Rob Gronkowski says he expects to play in Sunday's Super Bowl against the Philadelphia Eagles.

Gronkowski has been in the league's concussion protocol after taking a hit from Jacksonville's Barry Church in the AFC championship game. He made his first public appearance on Tuesday night while playing former teammate and current Eagles running back LeGarrette Blount in a game of

"Madden 18" at the Mall of America.

Gronkowski said he's still in the concussion protocol and would leave his status up to those in charge of making medical decisions.

"Hopefully by (Wednesday)," he said. "We'll see how it goes. I'm not the guy to say I'm out of the protocol. That's the doctors' calls."

Gronkowski led the Patriots with 69 receptions for 1,084

yards and eight touchdowns this season. He missed last year's Super Bowl win against Atlanta because of a back injury.

Blount, who won two Super Bowls with Gronkowski and the Patriots before joining the Eagles, dominated his virtual matchup on Xbox in front of a packed crowd of Patriots fans at a Microsoft store. They left disappointed as Blount led his Eagles to a 33-13 win over Patriots.

Super Bowl 52 has Super sandwich with 52 ingredients

BLOOMINGTON, Minn. (AP) — The Patriots are hungry for yet another Super Bowl win. The Eagles are voracious for a first such title.

Everyone else in the Twin Cities will have to settle for something else. Such as a massive sandwich by master chef Ron DeSantis that will include 52 ingredients — one for each of the Super Bowls.

DeSantis, one of 68 certified master chefs in the United States, is working with Hormel Foods to create a sandwich 9 inches tall, 26 inches long and 18 inches wide. It takes 2 1-2 hours to make, and can feed 48.

"My inspiration is you have got the 52nd Super Bowl and how to make something as magnificent that stands up to that," DeSantis says. "I am about food, so 52 unique ingredients."

Half of the sandwich will be cold, the other half hot.

"The bottom part of the sandwich has cold, the top has all hot," he explains. "You got two sandwiches put together with a hummus that is kind of like the glue to keep together the top and bottom."

"It was a lot of fun."

The sandwich will be unveiled later in the week, with Minnesota receiver Adam Thielen

and maybe other NFL players dropping by the Mall of America to take a bite on Thursday.

So what goes into such a masterpiece? Just about everything.

For example: provolone, havarti and gouda cheese; genoa salami, ham, porchetta, bacon, turkey and pulled pork; hummus; roasted sweet potatoes; spinach, cucumber, artichoke spinach dip, roasted tomatoes; grilled onions, zucchini, peppers and eggplant. Even SPAM.

You get the message.

"Thinking through the flavors and textures, I did flavors that are kind of Mediterranean rim," DeSantis says. "I needed to make sure everything on there stays with that kind of flavor. Things from Mexican or Indian or Asian (cuisines) might not fit."

DeSantis invited some neighbors over to sample the mixture he will be putting into the Super Bowl sandwich. It filled them up.

"This is a meal," he says. "You slice into this and it is like a meal. I had the neighbors over and they ate a full wedge of it and said, 'I am done.'"

DeSantis is the director of culinary excellence and quality assurance for Yale Dining. He's also worked with the Culinary Institute of America.

Flying a Patriots flag illegal in this city, NJ mayor jokes

COLLINGSWOOD, N.J. (AP) — The mayor of a south New Jersey borough says showing your allegiance to the New England Patriots may get your water shut off, according to a letter sent in jest to his neighbor.

The Collingswood borough Facebook page shows the letter from Mayor Jim Maley, dated Jan. 26, that suggests Collingswood has adopted an ordinance which bans flags featuring a Colonial soldier, or anything resembling a Patriot. The letter goes on to say that people who do not remove the flags deemed "eyesores" would have their water shut off.

Maley tells NJ.com that his neighbor has flown a Patriots flag for the past two to three years, saying "I hope that the flag comes down after Sunday night."

Collingswood doesn't have an ordinance matching what is described in the letter.

Business & Industry Journal 2018

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SPACE DEADLINE: FEBRUARY 9, 2018

Publication Issued March 26, 2018

52 INGREDIENT SANDWICH



This "Super" Sandwich includes provolone, havarti and gouda cheese; genoa salami, ham, porchetta, bacon, turkey and pulled pork; hummus; roasted sweet potatoes; spinach, cucumber, artichoke spinach dip, roasted tomatoes; grilled onions, zucchini, peppers and eggplant. Even SPAM.



Dear Annie

By ANNIE LANE

Just a Touch

Dear Annie: In this new (and long-overdue) era of “#MeToo,” I’m wondering: Is it always inappropriate to lightly the touch the arm of an opposite-sex acquaintance during a casual conversation? I’m not talking about prolonged or repeated touches. I just mean a spontaneous and quick touch. I realize that some people may find such action sexually egregious, but in general, I think such touching is an expression to help emphasize humor, compassion, sincerity or understanding. Personally, I think I’m pretty good at judging whether it’s appropriate for me to touch an acquaintance in such a manner, but my wife insists that it’s never appropriate. Occasionally, I’m on the receiving end of such touching, and I don’t find it offensive. Comment, please? -- Confused in the Midwest

Dear Confused: It’s not “sexually egregious” to simply touch someone lightly on the arm during a normal conversation. But there are some people who just don’t like physical contact, and that’s reason enough to err on the side of caution. So I’d recommend avoiding it and finding other ways to show your engagement and attention, such as asking good questions, echoing what people have said back to them and maintaining eye contact. Rest assured, you seem like such a conscientious person that I’m sure people can sense your compassion no matter what.

Dear Annie: I read the letter from “W.C. in Waycross, Ga.” and fully agree that more hotels should have handicapped-accessible showers. I am limited because of back surgery I had. Hotel bathrooms are usually retrofitted and useless. The toilets are often older and too low for people with special physical needs. Even if I can use grab bars to get in a tub, there is often no means to sit while taking a shower. And standing while showering is not safe for anyone rated a fall risk. More than once, I’ve had to sit on the edge of a tub while trying to use the shower for water, which, of course, is messy.

My husband and I recently took a very expensive cruise -- costly because of my physical needs. Yet I did have a walk-in shower with a drop-down seat, lots of grab bars and a stateroom large enough to accommodate my electric scooter. -- Love to Travel and Spend a Lot Doing So

Dear Love to Travel: You and “W.C.” are certainly not alone. Read on for another letter on the subject.

Dear Annie: Absolutely agree with “W.C. in Waycross, Ga.,” who wants to be able to travel and bathe safely. And it is not just elderly people who have these needs. There are tons of people with disabilities who travel or would if they could find accommodations.

All bathrooms should have safety features, whether in the home or on the road. That includes rental apartments. Anyone can have a need to grab on to something at any time, and a lot of accidents could be prevented by very minor accommodations. The old saying that “an ounce of prevention is worth a pound of cure” certainly holds true.

It would be great if a certain percentage of bathrooms in hotels and motels had walk-in showers, etc. Statistically, there are more and more seniors with disposable income, and often they just need to have the products designed for them. -- Senior Appreciative of Grab Bars

Dear SAGB: I hear you loud and clear, and I hope the hospitality industry does, too. You might find this website, which another reader suggested to me, useful: <http://wheelchairtraveling.com>. Wishing you safe and happy travels.

Send your questions for Annie Lane to dearannie@creators.com.

HINTS FROM HELOISE

MILK JUG REDO

Dear Heloise: My busy family goes through lots of jugs of juice, milk, cleaners and bleach. I like to repurpose the jugs once we finish using and thoroughly cleaning them.

They make handy scoops and funnels. I carefully cut off the bottom, creating a scoop.

What do I scoop? Dog food, birdseed and potting soil. Smaller plastic-handled jugs can scoop coffee, bath salts and flour. The possibilities are endless.

And funnels always come in handy to make pouring and transferring go more smoothly. -- Polly E. in Indianapolis

For more on milk jugs, read on. -- Heloise

WATER SAVER

Dear Heloise: While waiting for hot water in the kitchen, I fill up old milk jugs. I use the water to water plants and to fill ice-cube trays.

Also, to save water, I turn off the shower while I lather up.

Another hint: I reuse plastic containers (cottage cheese, etc.) to store leftovers in. If entertaining and someone wants leftovers, you can use these -- no worries of trying to figure out who the good storage containers belong to. -- Karla S., Punta Gorda, Fla.

Send a money-saving or timesaving hint to Heloise, P.O. Box 795000, San Antonio, TX 78279-5000, or you can fax it to 1-210-HELOISE or email it to [Heloise\(at\)Heloise.com](mailto:Heloise(at)Heloise.com). I can’t answer your letter personally but will use the best hints received in my column.

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UNIVERSAL Sudoku Puzzle

			8	7			5
			5			3	2
	2		9	3	6		
4	9		1				8
			3				
1			2		5		6
		3	9	6		2	
	6	4			1		
7			8	5			

Complete the grid so every row, column and 3 x 3 box contains every digit from 1 to 9 inclusively.

Previous puzzle solution

1	6	8	5	2	4	9	7	3
7	9	4	6	8	3	2	1	5
2	3	5	1	9	7	4	8	6
5	4	2	9	1	8	3	6	7
3	7	6	4	5	2	8	9	1
9	8	1	7	3	6	5	4	2
8	1	7	3	4	5	6	2	9
6	2	3	8	7	9	1	5	4
4	5	9	2	6	1	7	3	8

1/31 DIFFICULTY RATING: ★★☆☆☆
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1/30

TV Sports Tonight

Wednesday, Jan. 31

Basketball

11 a.m. NBAGL: Westchester vs. Raptors (MSG)
12 p.m. NCAA Women: Fordham at St. Louis (NBCSN)
6:30 p.m. NCAA: Tulane at East Carolina (ESPN News)
6:30 p.m. NCAA: Penn State at Michigan State (Big Ten Network)
6:30 p.m. NCAA: LSU at Tennessee (SEC Network)
7 p.m. NCAA: Louisville at Virginia (ESPN2)
7 p.m. NCAA: West Virginia at Iowa State (ESPNU)
7 p.m. NCAA: Providence at Seton Hall (FS1)
7 p.m. NCAA: Houston at Cincinnati (CBSSN)
7:30 p.m. NBA: Philadelphia at Brooklyn (YES)
8 p.m. NCAA: Syracuse at Georgia Tech (WSTM-3)
8 p.m. NBA: New York Knicks at Boston Celtics (ESPN)
8:30 p.m. NCAA: Memphis at South Florida (ESPN News)
8:30 p.m. NCAA: Maryland at Purdue (Big Ten Network)
8:30 p.m. NCAA: Mississippi State at South Carolina (SEC Network)

9 p.m. NCAA: Missouri at Alabama (ESPN2)
9 p.m. NCAA: Texas at Texas Tech (ESPNU)
9 p.m. NCAA: Butler at Marquette (FS1)
9 p.m. NCAA: Connecticut at Central Florida (CBSSN)
10 p.m. NCAA: Arizona at Washington State (Pac-12 Network)
10:30 p.m. NBA: Dallas Mavericks at Phoenix Suns (ESPN)
11 p.m. NCAA: Fresno State at Nevada (CBSSN)

Golf

10:30 p.m. European PGA Tour: Maybank Championship Round 1 (GOLF)
2:30 a.m. European PGA Tour: Maybank Championship Round 1 (GOLF)

Hockey

7:30 p.m. NHL: New York Islanders at Toronto Maple Leafs (MSGPL)
8 p.m. NHL: Philadelphia Flyers at Washington Capitals (NBCSN)

Soccer

2:55 p.m. EPL: Manchester United at Tottenham (NBCSN)

On the Tube

AWARDS RETROSPECTIVE

Grammy Awards serve up white roses and more subdued fashion

NEW YORK (AP) — The fashion accessory of the Grammy Awards: A single white rose, either pinned or conveniently left with a long stem for red carpet vamping.

The message, of course, is a serious one as the music industry looked to follow up the anti-sexual misconduct show of black looks at the Golden Globes. This time, stars were called on to grab a white rose in solidarity. Many did, both men and women, with some also wearing the Time’s Up pins that popped up at the Globes to support the new coalition of the same name in defense of women.

Erin Cunningham, fashion news director at Refinery29.com, wasn’t sold on the white roses, going forward at least.

“It seemed kind of last-minute. As these awards show continue, organizations are going to have to figure out a way beyond just carrying or holding something on the red carpet to take the movement forward. I think the first time, seeing everyone in black at the Golden Globes, really made a statement, but we need to evolve past just wearing something on the red carpet.”

Tiffany Reid, senior fashion editor at Cosmopolitan, said ignoring such red carpet moments is precarious.

“At this point, if you’re not speaking up you’re getting criticized as much as the people who are doing things that are not appropriate,” she said.

Overall, the usual wacky carpet at the Grammys was more subdued than in years past. There was plenty of black, both traditional tuxedos and dresses and more edgy outfits.

But there was also lots of color: Thank you Sir Elton John and your Gucci sequin and crystal embellished jacket in blue, gold and silver. Bonus: Your yellow acetate sunglasses and “Elton John” rings. He was equally bedazzled as he performed “Tiny Dancer” with Miley Cyrus during the show.

Lady Gaga, Katie Holmes and Kelly Clarkson were among those who decided on black for the red carpet, including Cyrus in a nicely done pantsuit by Jean Paul Gaultier. She changed into a red tulie gown by Zac Posen to perform.

“She’s been on kind of a hiatus on the red carpet and seeing her in something

that’s really classic and toned down, I think she looked really beautiful,” Cunningham said of her black outfit.

Others who walked the carpet focused more on structure.

“Ladies also chose to wear statement-making, voluminous, almost architectural designs. Cardi B, for example, wore a dress that looked almost as if it had angel wings, while Ashanti’s gold skirt billowed out in a fun lampshade silhouette,” said Rachel Torgerson, fashion editor for Cosmopolitan.com.

Suiting was clearly an inspiration for women at the Grammys. Andra Day did it beautifully in bright pink for a long dress with red trim, tuxedo lapels and pocket details. Her hair was piled high in a beehive. Eve wore a sophisticated crystal-encrusted striped suit by Naem Khan, the jacket worn without a top underneath.

“She really hasn’t been around lately so it was a surprise to see her and she looked amazing,” Cunningham said.

Torgerson praised other such touches. “Anna Kendrick went with a high-waisted plaid pantsuit, while Kesha’s navy blue ensemble had country vibes,” she said.

Plenty of men went for classic black tuxes, but not all.

Zayn Malik chose a pink suit with notch lapels from Richard James. Sam Smith was in vibrant green and DJ Khaled in deep red velvet, accompanied by his year-old son Asahd in a little matching look.

Overall, few stars went out of the box as in previous years.

“It seems that people really played it safe and I’m not sure why that is,” Cunningham said. “It would have been nice to see more of those JLo in Versace moments.”

Speaking of Gaga, her lace cat suit with a full statement skirt was by Armani Prive. Her long platinum hair was swept back in a fishtail braid. The look earned her high praise all around on a carpet that wasn’t quite as star-studded as usual.

Another name on top of best-dressed lists: Lana Del Rey in a custom Gucci ivory double silk crepe gown with crystal star embroidery, a soft draped V-neck and a long crystal rope necklace. She completed the look with a headpiece

made of silver and crystal stars and metallic high heel platform shoes.

“In terms of just a beautiful dress, it stood out,” Cunningham said.

Reid praised Hailee Steinfeld’s strapless white body hugger with a center slit at the front. She paired it with high purple boots that had a metallic sheen.

“I loved that she was very minimal with her look. I would have gone without the boots but I still loved the dress on her and the beauty was great. The hair was sleek, pulled back. It was very minimal,” she said.

She lauded the pregnant Chrissy Teigen in a full-on silver sequin dress by Yanina Couture. It was belted above the waist, had sleeves with slits at the forearms that fell below the wrists and included a center slit, with a hem that stopped above the ankles.

“I think she’s taking maternity style to the next level,” Reid said. “At certain angles you couldn’t even tell that she’s pregnant.”

But Gaga was her best dressed. “She gave me a Khaleesi ‘Game of Thrones’ vibe,” Reid said.

The black was a definite carry over from the Golden Globes, but also an expression that some designers are showing more black on runways, she said.

“The world is definitely not what it used to be,” Reid said. “We’re not as happy as we all were, but it’s been a very dark season in couture.”

Cardi B’s fairy godmother moment earned praise from Reid as well. It was a white lace creation by Ashi Studio that included a high-low hem, full off-the-shoulder sleeves and multiple tiers all along to provide volume to spare. What better way to show up her massive 8-carat engagement ring from fiance Offset.

“It was an interesting choice for her. It was very playful, fun,” Reid said. “It really goes with her character that has made her so popular with everybody.”

Cunningham was among those in the Gaga camp.

“I liked it,” she said. “I don’t think it was anything crazy or unexpected but I appreciate that she figured out how to make a statement without wearing meat.”



Elton John, left, and Miley Cyrus appear after a performance of “Tiny Dancer” at the 60th annual Grammy Awards at Madison Square Garden on Sunday, Jan. 28, 2018, in New York. (Photo by Matt Sayles/Invision/AP)



SPEED BUMP Dave Coverly



AGNES Tony Cochran



ARCHIE Fernando Ruiz and Craig Boldman



RUBES Leigh Rubin



DADDY'S HOME Tony Rubino and Gary Markstein



DUSTIN By Steve Kelley and Jeff Parker



SCARY GARY Mark Buford



DOGS of C-KENNEL Mick and Mason Mastroianni



B.C. Mastroianni and Hart



ONE BIG HAPPY Rick Detorie



ANDY CAPP Mahoney, Goldsmith and Garnett



ZACK HILL John Deering and John Newcombe



YOUR HOROSCOPE

By Jaqueline Bigar

HAPPY BIRTHDAY for Wednesday, Jan. 31, 2018:

This year you will be observing your life from different points of view. What you see as not working well could be subject to transformation. You have resisted making changes up to this point, but you might not have a choice any longer. If you are single, don't commit until you have been together a full year, as your needs and desires could change. Be true to yourself. If you are attached, the two of you communicate with excellence. Live your life together to the max. Let LEO give you some of his or her helpful life tips.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult

ARIES (March 21-April 19)
★★★★ Unless you are particularly gifted at dealing with Full Moon energy and eclipses, a lot could unravel quite suddenly. Trust that whatever falls apart has a reason for doing so. Express your caring attitude while remaining confident. Tonight: Lighten up the evening with a friend.

TAURUS (April 20-May 20)
★★★★ You might feel caught between a rock and a hard place because of today's eclipse. On top of that pressure, a partner seems to need more attention. You will need every ounce of energy available. A friend comes to the rescue and helps however he or she can. Tonight: Head home.

GEMINI (May 21-June 20)
★★★★ Examine the bottom line in a confusing situation. You have very little control over what happens, as there is a lot more going on than you might realize. Be sensitive to what occurs. You will want to make a major change. Wait for better timing, if possible. Tonight: Speak your mind.

CANCER (June 21-July 22)
★★ Understand the importance of being sensitive to the moment. A lot happens quickly. You might be going to extremes. You have strong energy that needs to be applied appropriately. Be aware of your limitations, which could change in the next few days. Tonight: Don't overdo it.

LEO (July 23-Aug. 22)
★★★ Take a deep breath, knowing that you will need to make many adjustments this morning. Stay on top of all the various changes. You understand what is needed in order to get past a particular situation. If you feel tired or frantic, slow down. Tonight: Paint the town red.

VIRGO (Aug. 23-Sept. 22)
★★★★ Pace yourself, as you have a lot to do and need to get it done quickly. Be open to an unusual method of approaching a personal matter. A loved one needs some open conversations in order to establish your concerns about how to proceed. Tonight: Avoid going to extremes.

LIBRA (Sept. 23-Oct. 22)
★★★★ One-on-one relating seems rather exaggerated at the moment. Opt to postpone coming to an agreement with others, as people seem to be more negative than usual. Go off and do what is important to you. Cynicism marks the next few days. Tonight: Happiest close to home.

SCORPIO (Oct. 23-Nov. 21)
★★★★ Beam in more of what you want, but do not expect cooperation from others. Take any news you hear with a grain of salt. Do not make a big deal out of something that is out of your control. A situation involving a family member is subject to change. Tonight: All smiles.

SAGITTARIUS (Nov. 22-Dec. 21)
★★★★ Keep communication moving. You could have difficulty making contact with those who are close to you. Conversations continue to be lively, though what someone says could be subject to change. Open up to new possibilities and allow greater give-and-take. Tonight: Remain open.

CAPRICORN (Dec. 22-Jan. 19)
★★★★ One-on-one relating takes you down a new path. You feel more upbeat and energized than you have in a long time. You see past the present moment and are able to understand that a positive change could be in the offing. Tonight: Choose a favorite stress-buster.

AQUARIUS (Jan. 20-Feb. 18)
★★★★ Let go of needing to be so dominant. Today's eclipse has long-term potential to shake up the status quo. Initiate an important conversation, but expect to get a strong response from the other party involved. Embrace an opportunity to increase your patience. Tonight: Defer to others.

PISCES (Feb. 19-March 20)
★★★★ You might want to change direction, which becomes apparent with today's eclipse energy. Your creativity emerges as you eye different possibilities. Others want to be more dominant, so consider letting them take the lead and observing how well they land. Tonight: Happy at home.

TOMORROW: A chink in declarer's armor.
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CONTRACT BRIDGE

Avoiding a finesse

West dealer.
North-South vulnerable.

NORTH
♠ K 7 5 2
♥ 6 3
♦ J 10 7 4
♣ 9 5 3

WEST
♠ Q 10 8 4
♥ 8 5 2
♦ A Q 8 3
♣ Q 6

EAST
♠ 9 3
♥ 7
♦ 9 6 5 2
♣ A K J 10 8 4

SOUTH
♠ A J 6
♥ A K Q J 10 9 4
♦ K
♣ 7 2

The bidding:
West North East South
Pass Pass 3 ♣ 4 ♥

Opening lead — queen of clubs.

The **opportunity to finesse** is an irresistible lure to many declarers. But while the finesse is undoubtedly a valuable weapon in many situations, it is also much abused.

The **fact is that the finesse** is a play that may or may not succeed, depending upon the location of a particular card or cards held by the defense. It should therefore not be used whenever there is an alternative line of play that accomplishes the desired result without risking a finesse.

Consider this deal where South is

in four hearts and West leads the queen of clubs. East overtakes the queen with the king, cashes the ace and continues with the jack, ruffed by declarer with the nine. South has already lost two tricks and must lose a diamond, so the outcome appears to depend upon the success of a spade finesse.

Superficially, it might seem that South, after drawing trumps, should lead a low spade to the king and finesse the jack on the return. This play will succeed if East has the queen, but fails if West has it.

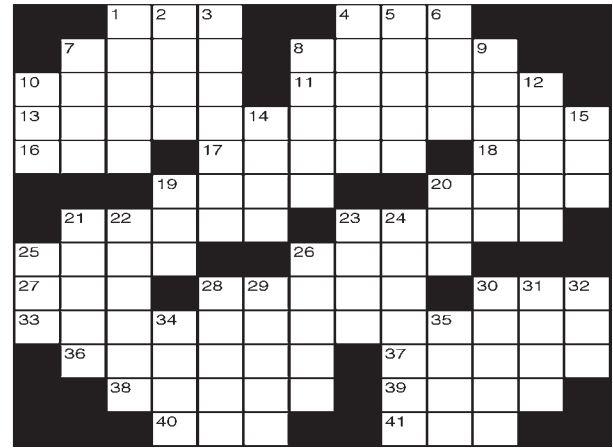
However, this is not the best line of play. After ruffing the jack of clubs, declarer should draw three rounds of trump and then play the king of diamonds. When West wins with the ace, which seems very likely from the bidding, the hand is over. It does not matter whether West returns a spade or a diamond, or where the spade and diamond queens are located.

A **spade return** automatically eliminates the spade loser, while a diamond return — whether or not West has the queen — establishes a diamond trick in dummy.

By **leading the king of diamonds** at trick seven, South obviates the risk involved in attempting the spade finesse. In effect, he wins the spade finesse by avoiding it.

CROSSWORDS

ACROSS	DOWN	Solution time: 23 mins.
1 Ump	1 Ignited anew	SPAN
4 Actor	10 CIA	ONE
Gibson	11 Ignited	AM
7 Mani counter-part	12 Ignited	UI
8 Man's man	13 Ignited	AL
10 Leafy lunch	14 Ignited	PO
11 Being exhibited	15 Ignited	SLA
13 Tony Blair was one	16 Ignited	TTED
16 Still	17 Ignited	PEA
17 "Star Wars" director	18 Ignited	LA
18 Genetic letters	19 Ignited	SLA
19 Biography	20 Ignited	LOMS
20 Datum	21 Ignited	WOK
21 Parody	22 Ignited	FANNY
23 Big hit	23 Ignited	SLA
25 Lure	24 Ignited	CKERS
26 Ticket half	25 Ignited	EURO
27 Lab eggs	26 Ignited	NEIL
28 Francisco's farewell	27 Ignited	TYNE



CRYPTOQUIP

SKZD MTVOJ FHOO AH SKH
FTNOJ'D XNHP SHDS FZEH
DSTNPXH NTTR. ZS'D SKH
EVRAHN-TEH AHDS MHOOPN.
Yesterday's Cryptoquip: YOU'RE CLAIMING YOU STILL DIDN'T GET THAT NOTE THE SECOND TIME I MAILED IT? I RE-SENT THAT!
Today's Cryptoquip Clue: O equals L

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Wyatt Baker
Hannah Bannish
Rebecca Bertera
Gillian Bourque
Paige Clark
Josyan Council
Marisa Coviello
Sean Crowley
Aidan Drenen
Nicholas Goodwin
Emily Hanifan
Sophia Healey
George Kimball
Austin Mason
Aidan Moore
Michael Moriarty
Annabeth Nowak
Madison Pajak
Alaina Parker
Ryder Pieczarka
Ethan Porter
Lilith Randall
Bryce Roberts
Connor Sagan
Abigail Schoenthal
Diane Seddon
Michelle St Jacques
Catherine Stevens
Kyla Twarkins

Grade 7 Honors:

Kai Albano
Georgiana Andrade
Brandon Bergeron
Jake Buchter
Joseph Crain
Brielle Ensign
Mia Ferrentino
Kyla Flagg
Kassidy Gallant
Myia Gilday
Rayna Humason
Logan Lynch
Alexandria Monczka
Jocelyn Monjaras
Jason Reiser
Vlad Renkas

Grade 8 High Honors:

Grace Brockbank
Emily Buchter
Hannah Burke
Emma Cheffer
Angelina Cianfarani
Emma Cleland
Graceann Coon
Trevor Corriveau
Kya Cummings
Isabella Davis
Jordan Davis
Seth Doe
Devan Fox
Ruby Francis
Alivia Glynn
Hannah Higgins
Sarah Hough
Megan Hoxha
Aidan Jubb
Dylan Kelleher
Allison Kingsley
Malleigh McGivney
Nicholas Michael
Marissa Ouellette
Ashley Parrow
Raheem Planter
Mia Pompei
Hayley Potter
Jacob Raymond
Nora Reilly
Julia Rowley
Kayla Russ
Jack Sebastyn
Brienne Senez
Annette St Jacques
Zoey Stevenson
Olivia Vercellone
Brennen Vinesett
Jewelianna Walker
Jayden Wilson

Grade 8 Honors:

Andrey Belyshev
Hannah Bovat
Isabell Brenckman
Daniel Chavez
Nolan Christenson
Joseph Cronin
Nathan Daugherty
Mia DellaGiustina
Alaysia Jenkins-Graham
John Lacey
Jillian Lemon
Haley Markel
Morgan McCasland
Marissa Meier
Kailey Pare
Sienna Spina
Nathanial Stewart

Grade 9 High Honors:

Maksym Alforov
Ivanna Alforova
Kayla Andrade
Alina Antropova
Anastasia Antropova
Brianna Bennett
Harriet Boakye
Jaydin Brown
Molly Bryant Victoria
Burkovskiy
Sarah Calabro
John Cammisa IV
Sarah Cerone
Caitlyn Chu
Amelia Coviello
Emma Cronin
Melanie Desroches
Isabella Doyle,
Jordan Drzyzga
Autumn Frailey
Timothy Gerrish
Nathan Goodwin
Maggie Hannah
Brandon Haseltine
Kaitlyn Haseltine
Lauren Kowal
Morgan Lawrenchuk
Taylor MacIntosh
Lesley McCorison
Irving Monjaras
Andrew Pitoniak
Matthew Pitoniak
Chase Roberts
Alejandra Salva
Adam Sherlin
Adam Smith
Emma St Onge

Grade 9 Honors:

Dominic Allaire
Brooke Bellows
Ava DeGrange
Hannah DeGray
Aiden Dulchinos
Anna Ferrentino
Morgan Grilli
Clare Hanna
Mason Iglesias
Mianca Kieu
Abigail Lafleur
Ashley Marek
Savanna Masso
Rylin McGivney
Karina Rotar
William Shtefan
Cooper Smith
Adam Starkey
Collin Strain
Autumn Waitt
Isabella Westcott

Grade 10

High Honors:
Jonathan Backus
Anna Blumenthal
Alexandre Broggi
Benjamin Cleland
Jordyn Demyon
Caileigh Ellsworth
Nicholas Ensign
Caroline Hess
Abby Hoschouer
Gabrielle Houle

Ronald Hoxha
Katerina
Kavrakis
Ariana Kimball
Nicholas Lafayette
Ryan Laferriere
Marissa Longhi
Emily Martin
Arden Massoia
Ryan Molta
Sean Moriarty
Jennifer Motsko
Gabriela Peterson
Kristina Piazza
Riley Prewett
Denis Protsun
Kayla Pudlo
Karina Renkas
Evelynn Schoenthal
Devin Sheehan
Nicholas Spagnolo
Ariana Whalley
Maura Wurster

Grade 10 Honors:

Brenna Aylward
Tessa Bonatakis
Cameron Brockbank
Andrew Brown
Nicholas Brown
Henna Carr
Shannon Cassidy
Emilio Colucci
Tucker Costello
Mary Dugan
Julia Gardner
Nathan Girard
Alexandra Grimaldi
Gabriel Linn
Joshua Lis
Isabella Lombardi
Aiden Mapel
Stephanie Marcil
Madeline Mizanoglu
Parker Neiweem
Isabella Poules
Jacob Ritrosky
Madison Rose
Kathleen Shea
Cory Small
Clare Stratton
Lauren Sussmann
Savannah Weston
Noah Zahner

Grade 11 High Honors:

Dante Broggi
Isabel Cheffer
Madison DeWinkleer
Emily Elton
Hannah Gerrish
Emily Giancola
Sydney Gorman
Shannon Green
Giavanna Gurney
Jillian Hess
Bianca Hiltz
Camryn Hughes
Julia Impoco
Grace Ingledue
Steven Kolek
Aelish McGivney
Elizabeth Methe
Samuel Mizanoglu
Anthony Mora
Shea O'Neill
Brittany Penland
Victoria Podmore
Jasmine Ramos
Jacqueline Seddon
Sarah Smith
John Westcott V
Ashley Wild

Grade 11 Honors:

Matthew Allen
Ashley Aulston
Emma Barnard
Nicholas Blais
Gianna Buoniconti
Taylor Calabro
Maya Daley
Kamaris Desroches

Rebecca Drohen
Kelechi Ezeugwu
Jillian Gentile
Alexander Jackson
Andrew Lachtara
Karli Langan
Nicole Leavitt
Jenna Lecrenski
Devin Loubier
Nicholas Malouin
Molly McCasland
Michael Moccio
Devin Parrow
Emily Pinney
Dylan Porter
Ashley Raymond
Thalia Robles
Caden Rogers
Valeria Salva
Brandon St Onge
Jessica Starkey
Sophia Szela-Gaunt
Meekly Walden

Grade 12 High Honors:

Paige Arsenault
Bianca Attanasio
Ashley N. Barnes
Aidan Brown
Jodie Cahill
William Carroll
Kyle DeMaio
Rachel Diamond
Margaret Drohen
Bradley Durand
Katherine Eufemia
Jack Fairlie
Mika Fish-Peterson
Christopher Fontaine
Maddeline Frey
Rebecca Gawron
Alyssa Glynn
Brooke Iglesias
Hunter Iglesias
Kacper Kisala
James Longhi
Nicholas MacIntosh
Timothy McGrath
Kyle Melloni
Bryan Roy
Darby Ryan
David Sheehan
Mackenzie Sullivan
Chancellor Tang
Elizabeth Tenerowicz
Zachary Thorne
Caroline Wilcox
Samuel Willis

Grade 12 Honors:

Christopher Baker
Ashley R. Barnes
Kellie C Veilleux
Austin Davis
Victoria DellaGuistina
Shane Dowd
Chloe Emond
Julia Fox
Connor Geddis
Kristalynn Girroir
Kyle Jensen
Tyler Keeney
Arianna Leon
Zelida Madera
Rylee Madrid
Ashley Marchetti
Lyle Massoia
Ricardo Mora
Paula Novak
Molly Petit
Samantha Reynolds
Korina Simons
Grace Smith
Meghan Turgeon
Luke VanderVliet
Sadie Wood

ADDENDUM:

The following students also
made honor roll for Term 1:
Shannon Cassidy
Isabella Poules
Bethany Roche

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LEGAL NOTICES

January 31, 2018

LEGAL NOTICE

Town of Southwick
Select Board

Local Emergency
Planning Committee

The Local Emergency Planning Committee is federally mandated to oversee the "The Community Right To Know" planning, training and information gathering for the storage of hazardous materials within the Town of Southwick.

The Local Emergency Planning Committee would like to announce the following information concerning meetings, planning and information storage. Meetings of the Local Emergency Planning Committee are held at 9:30 a.m. on the 4th Thursday of the following months: January, March, May, September and October. The meetings are conducted at the Town Hall, EOC, 454 College Highway, Southwick, Massachusetts. The public is invited to attend. The Committee has developed an integrated emergency response plan and these plans are available to be reviewed. Additional material that is site specific for hazardous material storage is also available at the following location: Town of Southwick, Emergency Management Office, 454 College Highway, Southwick, Massachusetts, Monday through Friday 9:00 a.m. to 2:00 p.m. Records located at Emergency Management Headquarters can be viewed by appointment only. All requests for information should be directed to Karl J. Stinehart at the Select Board's Office, 454 College Highway, Southwick, Massachusetts. Telephone #569-5995.

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January 31, 2018

PUBLIC NOTICE
DBE GOAL AMERICA

America CRRC
Tangshan Rolling Stock LLC

In accordance with U.S. Department of Transportation (USDOT) requirements set forth in 49CFR Part 26, America CRRC Tangshan Rolling Stock LLC, a Transit Vehicle Manufacturer pursuing FTA-funded railcar contracts in the USA, hereby proposes an overall goal of 7.03% percent for Disadvantaged Business Enterprises (DBE) participation in contracting opportunities. Fiscal Year 2018. The DBE goal, along with the description of how the goal was developed, is available for public review and comment from 8:30a.m. to 5:00p.m., Monday through Friday, for 30 days following the date of this notice. America CRRC Tangshan Rolling Stock LLC will also accept written comments on this goal for 45 days following the date of this notice via mail to DBE Liaison Officer, America CRRC Tangshan Rolling Stock LLC at 1889 Preston White Drive, Suite 202, Reston, VA 20191; via email to dbecomments@CRRC-TS.com. America CRRC Tangshan Rolling Stock LLC encourages qualified DBE/MBE/WBEs in the rail transit manufacturing industry to submit their qualifications and areas of expertise by email to DBE Liaison Officer at dbecomments@CRRC-TS.com.

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