

ENTERING
EST. 1669
WESTFIELD

ENTERING
EST. 1770
SOUTHWICK

ENTERING
EST. 1775
HUNTINGTON

ENTERING
EST. 1775
GRANVILLE

ENTERING
EST. 1792
RUSSELL

ENTERING
EST. 1783
CHESTER

ENTERING
EST. 1741
BLANDFORD

ENTERING
EST. 1780
MONTGOMERY

ENTERING
EST. 1810
TOLLAND

Submit your Around Town News to pressreleases@thewestfieldnews.com

104th Fighter Wing Thunderbolt Council Gives Back to the Community

BARNES AIR NATIONAL GUARD BASE, WESTFIELD – The 104th Fighter Wing and the Thunderbolt Council will be presenting a donation check to the Westfield 350 committee at approximately 11 a.m. on Wednesday, March 27, at Westfield City Hall.



The Thunderbolt Council donation will be presented to Mr. Brian P. Sullivan, City of Westfield mayor, Mr. Harry Rock, Westfield 350 president, and Mr. Peter Miller, Westfield Community Development director.

The Thunderbolt Council organization supports the men and women of the 104th Fighter Wing and together they are able to give back to the community that contributes to their everyday lives.

“We are thankful for our ongoing partnership with the City of Westfield and look forward to celebrating the 350th anniversary of our city,” said Col. Peter T. Green III, 104th Fighter Wing commander. “The Westfield 350 committee led by Mr. Harry Rock, have planned a number of outstanding events for the entire community, and the 104th Fighter Wing and the Thunderbolt Council, Inc., are proud to be a part of the city’s rich history.”

The Thunderbolt Council, Inc. is a 501(c)(3) corporation charged with supporting and promoting the mission and personnel of the 104th Fighter Wing, Massachusetts Air National Guard Base, Westfield, Massachusetts. Activities of the corporation include, but are not limited to organizing, supporting, promoting, coordinating and managing air shows and all related activities and events on behalf of the 104th Fighter Wing.

Chicago Total Access performance to benefit Westfield Police Auxiliary

WESTFIELD — Chicago tribute band Chicago Total Access (chicagototalaccess.com) will be the featured performer for a unique community event benefitting the Westfield Police Auxiliary 7:30 p.m. on Friday **April 12**, 2019 at the Westfield Technical Academy upper campus auditorium.

The funds generated from this event will go a long way to support of new equipment for the volunteers of the Auxiliary to help keep our community safe during major outdoor events in our city such as parades, our first ever First Night, Concerts on the Green, PumpkinFest and more. This benefit was conceived by Westfield on Weekends president, Jay Pagluica.

Chicago Total Access is a music group made up of 10 talented musicians who all grew up listening to American and British pop/rock, jazz, blues, rhythm and blues, Motown, acid rock. They’ve been influenced by music from the 40’s to the 70’s as well as classical music from the ages. There is no other American rock n roll band with horns that has influenced more musicians, is loved by millions of people worldwide, and has become such a deep part of Americana as the band Chicago. Since 1967, through 46 years of sold out concerts, millions of record sales, and legions of cheering fans worldwide Chicago is still going strong in 2013. The members of Chicago Total Access have attempted to recreate a slice of the timeless musical catalog of Chicago as well as stay true to the spirit of the original recordings. We hope you enjoy their efforts! The liner notes of Chicago’s first recording titled “The Chicago Transit Authority” still inspire Total Access band members and they hope you, as well -- “The printed word can never aspire to document a truly musical experience, so if you must call them something, speak of the city where all save one were born; where all of them were schooled and bred, and where all of this incredible music went down barely noticed; call them CHICAGO.”

Tickets for the show are available on line at www.purplepass.com, at Rocky’s Ace Hardware in Westfield or by calling 800-316-8559. This is a hi-energy, explosive show band dedicated to covering the band’s catalog that spans over 45 years. The audience will have “total access” to the music of Chicago.

22STORM
NEWS TEAM

LOCAL FORECAST

TONIGHT



Mostly Clear.

26-27

THURSDAY



Sunny.

53-55

Today: Sunny, with a high near 51. Calm wind becoming east around 5 mph in the afternoon.Wednesday Night: Mostly clear, with a low around 26. South wind 3 to 5 mph. Thursday: Sunny, with a high near 55. South wind 5 to 11 mph. Thursday Night: cloudy, with a low around 37. South wind around 8 mph.Friday: Partly sunny, with a high near 62. West wind 5 to 7 mph. Friday Night: A chance of showers between 7pm and 3am. Mostly cloudy, with a low around 44.

FRIDAY



Partly Sunny.

59-62

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TODAY

7:05 AM
SUNRISE

7:28 PM
SUNSET

12 hours 23 Minutes
LENGTH OF DAY

ODDS & ENDS

Drug suspect caught fleeing by Sea-Doo

SYDNEY (AP) — A British man wanted on drug charges has been thwarted in a daring bid to flee Australia for Papua New Guinea on a motorized personal watercraft.

Australian police said the 57-year-old man set out Monday on his Sea-Doo craft from the northern tip of Australia’s Queensland state, carrying enough fuel to make the 140-kilometer (86-mile) trip across Torres Strait, and possibly armed with a crossbow.

But after an Australian Border Force vessel was deployed to search for him, he was located only a few kilometers (miles) from his destination at Saibai Island, an Australian territory near the southern coast of New Guinea.

Police said the man was wanted for drug-related offenses in Western Australia, and would be sent there.

A joint statement from Australian Federal Police, Australian Border Force and Queensland Police said the man was picked up partly due to information from various “community members” in Queensland and neighboring islands to the north about his likely travel path.

LOCAL LOTTERY

LAST NIGHT’S NUMBERS

MASSACHUSETTS

MassCash
01-10-19-31-35
Mega Millions
04-14-22-43-58, Mega Ball: 9, Megaplier: 3
Estimated jackpot: \$57 million
Numbers Evening
5-8-8-6
Numbers Middy
8-4-4-9
Powerball
Estimated jackpot: \$750 million

CONNECTICUT

Cash 5
03-09-27-30-32
Lotto
06-10-18-21-23-37
Estimated jackpot: \$13.52 million
Lucky Links Day 02-03-07-08-09-11-21-22
Lucky Links Night 03-04-06-08-11-12-15-17
Play3 Day 8-0-8
Play3 Night 7-0-6
Play4 Day 2-0-8-7
Play4 Night 5-2-5-8

TODAY IN HISTORY

TODAY IS WEDNESDAY, MARCH 27, THE 86TH DAY OF 2019. THERE ARE 279 DAYS LEFT IN THE YEAR.

On March 27, 1977, in aviation’s worst disaster, 583 people were killed when a KLM Boeing 747, attempting to take off in heavy fog, crashed into a Pan Am 747 on an airport runway on the Canary Island of Tenerife.

On this date:

In 1513, Spanish explorer Juan Ponce de Leon sighted present-day Florida.

In 1625, Charles I acceded to the English throne upon the death of James I.

In 1933, Japan officially withdrew from the League of Nations.

In 1942, during World War II, Congress granted American servicemen free first-class mailing privileges.

In 1958, Nikita Khrushchev became Soviet premier in addition to First Secretary of the Communist Party.

In 1964, Alaska was hit by a magnitude 9.2 earthquake (the strongest on record in North America) and tsunamis that together claimed about 130 lives.

In 1968, Soviet cosmonaut Yuri Gagarin (gah-GAH'-rihn), the first man to orbit the Earth in 1961, died when his MiG-15 jet crashed during a routine training flight near Moscow; he was 34.

In 1975, construction began on the Trans-Alaska Pipeline, which was completed two years later.

In 1980, 123 workers died when a North Sea floating oil

field platform, the Alexander Kielland, capsized during a storm.

In 1995, “Forrest Gump” won six Academy Awards, including best picture and a second consecutive best actor Oscar for Tom Hanks; Jessica Lange won best actress for “Blue Sky.”

In 2006, Al-Qaida conspirator Zacarias Moussaoui testified at his federal trial that he was supposed to hijack a fifth airplane on Sept. 11, 2001, and fly it into the White House.

TEN YEARS AGO:

President Barack Obama launched a fresh effort to defeat al-Qaida terrorists in both Pakistan and Afghanistan, ordering in 4,000 more troops. A suicide bomber set off an explosion at a packed mosque in Pakistan near the Afghan border, killing at least 48 people. The rising Red River broke a 112-year record and threatened the dikes fortifying Fargo, N.D. The main suspect in the Phoenix serial shooter attacks, Dale Hausner, was sentenced to death for six murders that had put the city on edge for nearly two years. (Hausner committed suicide in an isolation cell in June 2013.)

FIVE YEARS AGO:

Face to face at the Vatican for the first time, President Barack Obama and Pope Francis focused on their mutual respect and shared concern for the poor. The U.S. Air Force took the extraordinary step of firing nine midlevel nuclear commanders and announcing it would discipline dozens of junior officers at a nuclear missile base, responding firmly to an exam-cheating scandal. A judge in Missoula, Montana, sentenced Jordan Graham to more than 30 years in prison for killing Cody Johnson, her hus-

band of eight days, by pushing him from a cliff in Glacier National Park. James Schlesinger, 85, who’d held a long string of Cabinet and other high-level positions in three U.S. administrations, died in Baltimore.

ONE YEAR AGO:

Retired Supreme Court Justice John Paul Stevens, in an essay on The New York Times website, called for the repeal of the Second Amendment to allow for significant gun control legislation. The co-owner of a Kansas water park and a ride designer were charged with reckless second-degree murder in the decapitation of a 10-year-old boy on the ride in 2016. (A judge dismissed the charges last month, finding that state prosecutors had shown inadmissible evidence to grand jurors.)

TODAY’S BIRTHDAYS:

Actor Julian Glover is 84. Actor Jerry Lacy is 83. Hall of Fame racer Cale Yarborough is 80. Actor-director Austin Pendleton is 79. Actor Michael York is 77. Rock musician Tony Banks (Genesis) is 69. Rock musician Andrew Farriss (INXS) is 60. Actor Brian Tarantina is 60. Jazz musician Dave Koz (kahz) is 56. Movie director Quentin Tarantino is 56. Rock musician Derrick McKenzie (Jamiroquai) is 55. Rock musician Johnny April (Staind) is 54. Actress Talisa Soto is 52. Actor Ben Koldyke is 51. Actress Pauley Perrette is 50. Singer Mariah Carey is 49. Rock musician Brendan Hill (Blues Traveler) is 49. Actress Elizabeth Mitchell is 49. Actor Nathan Fillion is 48. Hip-hop singer Fergie is 44. Jazz musician Tia Fuller is 43. Actress Emily Ann Lloyd is 35. San Francisco Giants catcher Buster Posey is 32. Actress Brenda Song is 31. Pop singer-songwriter Kimbra is 29. Actress Taylor Atelian is 24. Classical crossover singer Amira Willighagen (TV: “Holland’s Got Talent”) is 15.

Strong economy means shortening of state’s UI benefit period

BOSTON (AP) — Massachusetts is reducing the maximum period that residents can receive unemployment benefits from 30 weeks to 26 weeks.

State officials say the change, required by law, takes effect on March 31. It will not affect claims that were filed prior to that date.

The reduction in the maximum benefit from 30 to 26 weeks is tied to the state’s strong economy and low unemployment rate.

State law requires that the maximum benefit be adjusted downward when the 12-month average unemployment rate dips below 5.1 percent in each of the state’s designated metropolitan areas.

The shorter period could save the state \$40 million over the next year. But state officials point out if Massachusetts’ labor market begins to deteriorate, the 30-week benefit could be reinstated.

Ex-trooper gets prison time in OT theft scandal

BOSTON (AP) — A former Massachusetts State Police trooper who pleaded guilty to getting paid for hours he didn’t work has been sentenced to three months in prison.

Federal prosecutors say 47-year-old Gregory Raftery was also sentenced Tuesday to a year of probation and ordered to pay more \$50,000 in restitution.

The Westwood resident was the second ex-state trooper to be sentenced for his role in the overtime abuse scandal in as many days.

He pleaded guilty in July to embezzling funds from a state agency receiving federal funds.

Prosecutors say Raftery left overtime shifts early, and, on multiple occasions, did not work overtime shifts at all. To hide his conduct, he submitted bogus tickets that were never issued to motorists.

Raftery retired after he was implicated in the scheme. Eight people pleaded guilty.

GOVERNMENT MEETINGS

WEDNESDAY, MAR 27

BLANDFORD:
Fire Department Meeting at 7 pm
SOUTHWICK:
Economic Development Commission at 6 pm
HUNTINGTON:
Public Forum to Consider the Purchase of the Former St. Thomas Church Property at 6 pm
WESTFIELD:
ZBA at 7:15 pm

Tri for Jimmy Triathlon Clinic and Race

WESTFIELD — On Sunday **June 9th** Tater Racing in a Commercial Co-Venture with Dana-Farber Cancer Institute, Inc. will conduct Tri for Jimmy (formerly Wave Triathlon), a sporting event with Triathlons, Duathlons, Aqua Bike and Splash and Dash event options, benefitting The Jimmy Fund. The “Sprint Distance” races consists of a combination of a .3 mi (~600 yd) swim in Pequot Pond or a 3 mi run at Hampton Ponds State Park, followed by a 13 mi bike ride, and a 3 mi run.

The “Super Sprint” race consists of a combination of a 300 yd swim or a 300 yd run, a 6.3 mi bike, and a 1 mi run. These distances are the perfect first race for the aspiring triathlete. The 10 year event, Wave Triathlon has been rebranded as Tri for Jimmy with a new beneficiary. Last year’s event drew over 200 competitors from all over the Northeast. Details can be found at www.triforjimmy.com or by calling the race director Lisa Totz (413) 244-2506.

Thanks to the event sponsors: The Republican, American Medical Response, New England Bike, Millennium Press, RoadID.com, Hammer Nutrition, Polar Beverages, Hood, Hampton Ponds Plaza, Fast Feet.

Volunteers are needed for race day, and signups are available online at signupgenius.com

Tater Racing also offers an Introductory Triathlon Clinic 8 days prior to the race on Saturday June 1 at 3PM at Hampton Ponds State Park. The clinic will be 1 1/2 hours long. Topics to be discussed will include but are not limited to: Swim (a lot of water to cover here), T1 (First Transition - Swim to Bike), bike (Smart racing, w/o drafting), T2 (Second Transition - Bike to Run), run (in the zone to the finish), nutrition, supplements, hydration.

TRIATHLON TO BENEFIT THE JIMMY FUND AND DANA-FARBER CANCER INSTITUTE. Sunday June 9, 2019 8:00AM – Tri for Jimmy, see Website and registration site for details of Duathlon, Aqua bike and Splash and Dash. Sprint Triathlon: .3 Mile Swim, 13 Mile Bike, 3 Mile Run. Super Sprint Triathlon: 300yd Swim, 6.3 Mile Bike, 1 Mile Run.

<https://triforjimmy.com/>, Hampton Ponds State Park, 1048 North Road - Route 202, Westfield, MA 01085 413-244-2506 for questions and sponsorship opportunities triforjimmy@gmail.com.

Boo light special? Market defends self against ghost claim

WILMINGTON, Mass. (AP) — A New England supermarket chain is spiriting away rumors that one of its stores is haunted.

A spokeswoman for Market Basket says in a statement to The Boston Globe that “as far as we know all of our stores ghost-free” after someone posted on social media this month about seeing an apparition at a store in Wilmington, Massachusetts.

The person said the ghost was “an old Victorian era woman in her nightgown ... near the frozen peas.” Hundreds of people weighed in, including others who claimed to have seen a ghost in the store.

Justine Griffin, the Market Basket spokeswoman, says that if there is anything to the ghost story, it’s probably because she’s “attracted to our Victorian-era prices.”

Local Legislators Hold Office Hours at the Westfield Senior Center

Representative John Velis and/or his Legislative Aide, Emily Swanson holds office hours at the Westfield Senior Center every Thursday from 11 a.m. to noon. City Council President Ralph Figy is generally at the Senior Center on the third Thursday of the month from 11 a.m. to noon. Please take advantage of these opportunities to meet with your local Westfield legislators and ask questions, voice your opinion, or just put a face with a name. The Westfield Senior Center is located at 45 Noble Street.

Zumba Gold at the Westfield Senior Center

Instructor Becca Perron offers a Zumba Gold at the Westfield Senior Center located at 45 Noble Street. Zumba Gold takes the popular Latin-dance inspired workout of Zumba and makes it accessible for older adults, beginners, or others needing modifications in their exercise routine. Zumba Gold builds cardiovascular health by challenging the heart and working the muscles of the hips, legs, and arms with dance moves. The class is offered on Mondays from 10:15 to 11 a.m. Each class is \$4 on a pay-as-you-go basis. No advance sign-ups are necessary. Ditch the workout and come join the party!

Hyper • Local



When it comes to 21st century multimedia platforms, “hyper local” is a term you hear a lot.

It’s not a new idea. In fact, **The Westfield News** has been providing readers with “hyper local” news coverage of Westfield, Southwick, and the Hilltowns all along. Television, radio and regional newspapers only provide fleeting coverage of local issues you care about. TV stations and big newspaper publishers, after years of cutbacks and mergers, frankly aren’t able to provide in-depth coverage of smaller markets anymore.

But, day in and day out, **The Westfield News** provides constant coverage of the stories you need to know about, that are important to your city, town, neighborhood and home.

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For tickets, please call 413-569-3697 or email Southwickgrange46@gmail.com with your contact info & we will get in touch with you.

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WESTFIELD WEDNESDAYS

350th Historical Lecture Series

WEDNESDAYS AT 6:30 P.M.

APRIL 17, 2019 • **Wayfinding through GPS: Planning Perspectives for the City of Westfield**
WSU: Dever Stage, Parenzo Hall
Presented By: Dr. Dristi Neog and Dr. Robert Bristow

APRIL 24, 2019 • **How Westfield Became Known as the "Baseball Town"**
First Congregational Church • Presented By: Dan Genovese

MAY 1, 2019 • **Whips of Westfield: The Rise and Decline of an American Industry**
WSU: Scanlon Banquet Hall • Presented By: Bruce Cortis

FRIDAY, MAY 3, 2019 • **1-4 PM**
WSU Student Research on Westfield
WSU: Ely Hall • Presented By: WSU Students

MAY 8, 2019 • **Things Change: The Lost Homes of Westfield**
First Congregational Church
Presented By: Dr. Robert Brown

More information:
westfield350.org/lectures

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Why is it that we have a brand new bus station, which by the way has no staff, and the bus ticket machine, the only one there is out of order. This is not what the citizens of Westfield want!

Trump says Mueller report summary couldn't have been better

By LISA MASCARO, MARY CLARE JALONICK and LAURIE KELLMAN
Associated Press
WASHINGTON (AP) — An exuberant President Donald Trump took a victory lap on Capitol Hill, emboldened by the end of the special counsel's Russia probe, even as Democrats pressed insistently for Robert Mueller's full report and Justice Department officials said more information could be released in "weeks, not months."

Trump strode into a high-spirited gathering of Senate Republicans on Tuesday, flanked by party leaders, saying the attorney general's weekend summary of Mueller's report "could not have been better." GOP senators applauded his arrival, and he celebrated what he called his "clean bill of health."

But challenges are ahead for both the Republicans and the Democrats who hope to deny Trump re-election next year. Both parties are readjusting their aims and strategies in the post-probe landscape, pivoting to health care and other issues that are more important for many voters, even with Mueller's full findings still unknown.

At House Speaker Nancy Pelosi's own closed-door caucus meeting Tuesday, she urged rank-and-file Democrats to "be calm" and focus on the policy promises of health care, jobs and oversight of the administration that helped propel them to the House majority last fall.

"Let's just get the goods," Pelosi said.
Not that the Democrats are forgetting Russia and the 2016 presidential election. Many Democrats dismiss the four-page summary released by Attorney General William Barr as inadequate.

"I haven't seen the Mueller report. I've seen the Barr report. And I'm not going to base anything on the Barr report," said Rep. Jamie Raskin of Maryland.

"The president is saying he's been completely and totally exonerated by the report," Raskin said. "The one sentence we've seen from the report says this is not an exoneration of the president."

Meanwhile, a Justice Department official said it will take Barr "weeks, not months" to finish reviewing Mueller's longer, still-confidential report and make a version available for the public. It's not clear whether that will be Mueller's own words or another synopsis.

Trump has said he "wouldn't mind" if the full report were released. But Senate Majority Leader Mitch McConnell said he's hesitant to agree to releasing information from Mueller that would "throw innocent people who've not been charged under the bus." He is blocking legislation approved unanimously by the House calling for the report's release.

In the GOP luncheon, Trump was in a lively mood, senators said. Kevin Cramer of North Dakota said the president is "always high energy. He had a little extra today."

Russia report aside, the president showed an eagerness to move on. He told GOP senators that health care should be their focus heading into the 2020 election.

He said he wants them to abandon efforts to simply repeal "Obamacare" and instead focus on a replacement for President Barack Obama's signature law.

"I was a little surprised he came out of the chute in health care," said Sen. John Kennedy, R-La., after the meeting. "He wants us to try again."

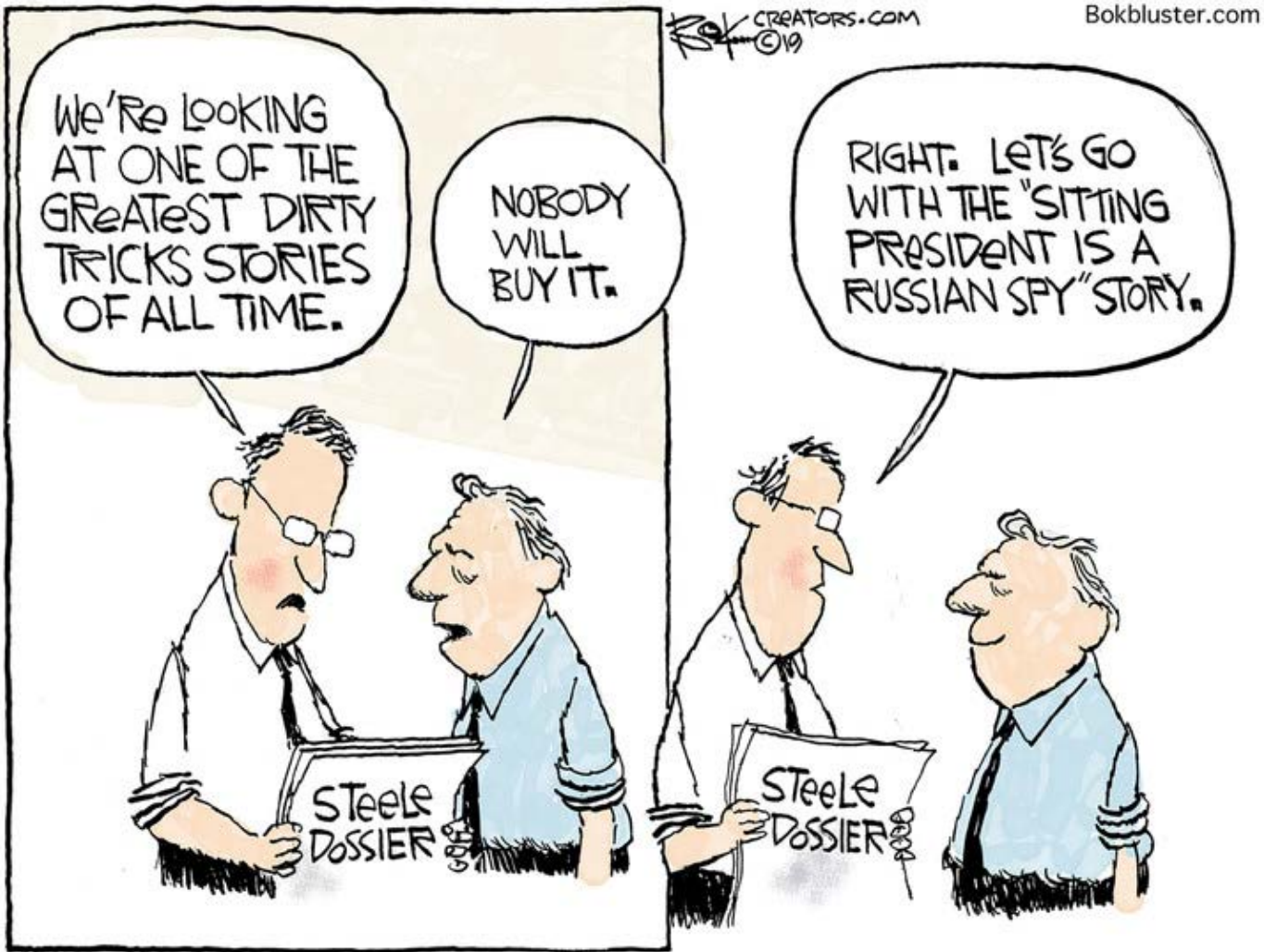
Even so, the White House was making a new effort to get rid of the Affordable Care Act entirely. In a legal filing late Monday, the administration said it would not defend the act against a court challenge — essentially encouraging the law's demise.

Meanwhile, House Democrats, led by Pelosi, unveiled their own sweeping measure to rescue the program on Tuesday.

Trump's hour-long talk to Senate Republicans touched on trade, foreign policy and a vote later in the day on Rep. Alexandria Ocasio-Cortez's Green New Deal, which the Senate declined to take up. Trump said the climate-change

See Mueller Report, Page 5

COMMENT



Ukraine's ultra-right increasingly visible as election nears

KIEV, Ukraine (AP) — As Ukraine's presidential election draws near, its ultranationalist groups are becoming increasingly visible, posing a dilemma for the West.

Thousands of far-right activists marched to incumbent President Petro Poroshenko's administration headquarters earlier this month, chanting about alleged corruption and throwing funeral-style bouquets and toy pigs to symbolize the embezzlement of state funds. Ultranationalists have also gone to campaign rallies where they fight with police and heckle Poroshenko, who is running for a second five-year term in the March 31 presidential election. And earlier this month, the ambassadors of the Group of Seven leading industrialized nations sent a letter to the Interior Ministry voicing concern about the ultra-right's assertive posturing ahead of Sunday's presidential vote.

The protests reflect the growing presence of far-right groups in Ukraine and their power in shaping the nation's political agenda, leaving the West in a quandary. On the one hand, the ultranationalists have played a key role in fighting Russia-backed separatist rebels in the east and are now challenging government corruption. On the other, they are pushing with increasing boldness for changes that go against traditional democratic ideals.

In a series of violent actions that underline their strength, right-wing radicals in recent years have assaulted gatherings by LGBT and women's rights activists, attacked Roma encampments around the country, derailed a lecture on the history of the Holocaust and brawled with pro-Russia veterans. The ultra-right groups also have a strict, military-style structure, and many of their members have battlefield experience from years of fighting in the east.

While the far-right groups have so far failed to unite behind a single presidential candidate, they have gained growing clout, with the government reluctant to challenge them. Andriy Biletsky, the leader of the National Corps, one of the most visible ultra-right groups, predicted that the nationalists "will become the backbone of civil defense in Ukraine."

Andriy Yermolayev, the head of the New Ukraine independent thinktank, said the government in the past had turned a blind eye to the rise of nationalist groups, using them as a scare tactic. He added that now the ultra-right has turned on the authorities.

"The well-organized and aggressive nationalism in Ukraine is a child of the government," Yermolayev said. "The government has lost control over radical nationalists. Poroshenko has lost that game."

The government has also been beset by allegations of corruption, after a journalistic investigation linked Poroshenko's top associate and an arms factory he controls to alleged embezzlement in the defense sector. The president denied any wrongdoing and ordered an official probe into the claims.

The country's ultranationalist groups came to the fore in 2014, when they spearheaded massive street protests that led to the ouster of Russia-friendly President Viktor Yanukovich. Russia responded by annexing Ukraine's

Crimean Peninsula and backing separatists in the east, moves that drew Western sanctions. Thousands of Ukrainian nationalists then headed to the east, forming volunteer battalions that served as a vanguard for the Ukrainian forces in the rebel regions.

Since then, the influence of nationalist groups has steadily grown, driven by public dismay over the country's economic woes and rampant corruption. Mostly teenage members of the ultra-right groups have followed the guidance of war veterans, practicing martial arts and learning how to handle weapons. The number of ultra-nationalists is estimated at about 10,000, and they can quickly take thousands to the streets and resort to violence.

"They have undergone organizational, military and ideological training," Yermolayev said. "They are strongly motivated and active."

Torch-bearing ultra-right activists regularly march to the beat of drums across the downtown Ukrainian capital, chanting "Death to Traitors of Ukraine!" During one scuffle at the memorial to a Red Army general killed in WW II, an elderly woman approached a group of radical nationalists shouting "Hang the Russians!" and defied them, saying: "I'm Russian, hang me!" One of the right-wingers, Kiryl Nedin, pushed her back and was briefly detained for resisting police.

At one demonstration, Yevhen Karas, the leader of C14, a highly visible nationalist group, boasted of the growing power of the ultra-right.

"Of all the political parties in Ukraine, I think, no one (except us) can gather so many people, who sincerely and regularly will come to protests and actions," he said.

International human rights groups have strongly criticized the Ukrainian government for failing to track down and punish those responsible for the acts of violence and intimidation. The government has promised to rein in the ultranationalists, but has taken no action.

Interior Minister Arsen Avakov said the right-wing organizations will be stopped.

"They all know it very well," he said. "And... there will be no amnesty for them."

The Ukrainian ultra-right argues that the nationalist ideology will eventually prevail not only in Ukraine but across Europe as well. A growing nationalist wave has taken hold in Europe, with populist governments in countries like Hungary and Poland and an increased presence of the far-right Alternative for Germany party in Germany's politics.

Miroslav Mares, an expert on right-wing extremist groups at Brno University, said Ukraine's far right has been successful in reaching out to ultranationalist forces in Europe.

"They have good relations to some neo-Nazi groupings in Central and Eastern Europe," Mares said. He added that early in the conflict in eastern Ukraine, some members of Europe's neo-Nazi groups trained and fought with the Azov Battalion, a Ukrainian ultra-right paramilitary group created by Biletsky that advocated white supremacist views.

The Ukrainian far right also appears to have ties in other countries. Australian Brenton Tarrant, accused of slaughtering 50 people at two mosques in the city of Christchurch in New Zealand, mentioned a visit to Ukraine in his manifesto, and some reports alleged that he had contacts with the ultra-right. The Soufan Center, a research group specializing on security, has recently alleged possible links between Tarrant and the Azov Battalion.

Yermolayev, the political analyst, noted that a violent image projected by Ukrainian nationalists could serve as an argument for those in the European Union who are reluctant about putting Ukraine on a membership track any time soon.

"How can you integrate a country plagued not only by corruption but also nationalism?" he said.



In this April 21, 2018 photo, members of the nationalist group Sokil, the youth wing of the Svoboda party, chant slogans and light flares during a concert in Kiev, Ukraine. The influence of nationalist groups has steadily grown since 2014, driven by public dismay over the country's economic woes and rampant corruption. (AP Photo/Felipe Dana)

The Westfield News

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OBITUARIES

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Robert “Bob” J. Barlow

Robert “Bob” J. Barlow, 68, of Westfield passed away surrounded by his family on March 22, 2019. Born March 16, 1951 in Westfield, he was the son of the late Edward & Mildred Barlow. He was predeceased by his siblings, James & Daniel Barlow. Bob leaves behind the love of his life and wife of 47 years, Peggy, and their two children, his son, Kevin Barlow and fiancée Christina Dingman, and his “baby girl” Kelly Dupuis and



husband Louis all lifelong Westfield residents. He also leaves his pride and joy, his three grandchildren; Tobey Barlow, Emma Bean-Barlow, Rebecca Barlow and his four-legged companion “Buddy”. Bob attended Westfield Trade School and then served six years as a wrecker driver in the Army Reserves. His army experience and love for the road, led him to his career as a truck driver. He drove for various trucking companies over the years. He was the proud recipient of the Million Mile Club and employee of the year awards with Ryder Logistics. During his career he received several safety awards and enjoyed competing in truck rodeos, winning on multiple occasions. After retirement Bob enjoyed woodworking in his garage, and singing “Sweet Betsy from Pike” to his grandchildren. He loved fishing and the outdoors. A huge NASCAR fan, he enjoyed watching and cheering for his favorite driver, Denny Hamlin. Bob was also an avid Red Sox and Patriots fan. Calling hours will be Saturday, March 30th, 10:30am-12:30pm and a service will follow at 12:30 pm at Firtion Adams Funeral Home, 76 Broad Street Westfield, Ma. In Lieu of flowers, the family asks that donations be made to St Jude’s Children’s Hospital in memory of Robert J. Barlow. Donations can be mailed to: PO Box 1000 Dept 142 Memphis, TN 38148- 0142 Firtionadams.com

Go Westfield

Continued from Page 1

preparing students with essential skills and job readiness. “They had a lot of good things to say about that, and believe they will see the results later and reap the benefits,” he said. Another consensus by the companies was that Westfield as a city has to focus on its gateways — major roads leading into the city, primarily 10-202, Route 20 and the turnpike. They stressed the importance of signage, appearance, tidiness and road condition as being the first impression of the city to visitors. “We, as a city, want to put our best foot forward,” Mitchell said. Ed DeBartolo, President and COO of Angy’s Landolfi Food Group made the point that there are a lot of small to mid-size manufacturers and food manufacturers that might consider Westfield as a location for their business. Mitchell said the Go Westfield team thought that might be a good fit. “We are now going to tailor a message to small to mid-size manufacturers and food manufacturers, and to promising start-up companies,” Mitchell said. “I’m proud to be part of a business community whose proactive approach to both community and business development extends beyond the larger more economic contributors and places equal value on small to mid-size businesses,” DeBartolo said after the forum. The next two scheduled focus groups will be for non-profits, and for realtors and developers, Mitchell said.

“Side By Side” Support Group at the Westfield Senior Center

The Westfield Senior Center’s “Side By Side” support group meets on the fourth Friday of the month from 9:30 to 11 a.m. and is open to any senior who is a little overwhelmed with the stresses of life. Whether an older adult is dealing with health problems, the loss of close family members and friends, or caregiver responsibilities, the support of others, often “in the same boat,” can be most helpful. Participants chat informally over coffee or tea and all discussions are strictly confidential. Please consider joining the group as a “regular” or a “drop-in.” For more information, call Tina Gorman at the Senior Center, 562-6435. The Westfield Senior Center is located at 45 Noble Street.

Nursing Services at the Westfield Senior Center

Nursing services are available at the Westfield Senior Center, 45 Noble Street, thanks to the generosity of Baystate Noble Hospital. Mary Ellen Asher, RN, is at the Senior Center Tuesday and Friday mornings from 9 a.m. to noon and can assist older adults with blood pressure checks, medication review, blood glucose testing, and one-to-one health education. There is no charge for this service and no advance appointments are necessary.

Mueller Report

Continued from Page 4

proposal would be a good campaign issue to fight over with Democrats. Almost no mention was made of the president’s national emergency declaration to expand the border wall with Mexico, even though the House was voting on an effort to block it as the senators lunched. Congress had voted to block Trump, and he had vetoed that action. House members voted 248-181 to override Trump’s veto, but that was well short of the needed two-thirds majority. Fourteen Republicans joined Democrats in trying to block the president from taking military funds to build his long-promised wall. The president seemed to have heeded advice from allies, including Sen. Lindsey Graham of South Carolina, who encouraged him to use the political capital he’s now gained to accomplish

policy goals. Pelosi’s advice to Democrats to stick with the strategy that won them control of the House in 2018 was reinforced by Obama himself, who counseled freshman Democrats at a reception Monday night. Obama advised the newly elected lawmakers to focus on constituents’ hopes and concerns, while also identifying issues they feel so strongly about that they’d be willing to lose their House seats in fights over them, according to people at the private party. The focus must go beyond Russia and collusion, Democratic leaders said. “House Democrats did not win the election on collusion; we didn’t win the election on impeachment; we didn’t win the election on obstruction of justice,” said Rep. Hakeem Jeffries of New York,

the Democratic Caucus chairman. “Our candidates didn’t even talk about those issues. What we all collectively talked about was making life better for everyday Americans ... and that’s what we’re going to continue to do.” At the same time, Democrats will continue their investigations of the Trump-Russia connection, and other aspects of the president’s finances and business practices, including his tax returns. “You can’t move forward on a four-page memo,” said Rep. Karen Bass of California. “It’s hard for me to accept that as an objective opinion.” Six House Democratic committee chairmen have written to Barr asking to have Mueller’s full report by April 2. If not, they have suggested subpoenas could be issued.

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Man fatally stabbed in Everett

EVERETT, Mass. (AP) — A man has been fatally stabbed in a Boston suburb. Middlesex District Attorney Marian Ryan’s office says the incident happened Tuesday night on a residential street in Everett, Massachusetts. The office didn’t disclose the circumstances around the stabbing and didn’t identify the victim other than to say he’s about 50 years old. The man was taken to the hospital, where he was pronounced dead. Police are still investigating and no one has been charged yet.

Fired state trooper gets up to 15 years on rape conviction

LOWELL, Mass. (AP) — A former Massachusetts State Police trooper convicted of raping his ex-girlfriend has been sentenced to up to 15 years in prison. The Middlesex district attorney says Robert Sundberg was sentenced Tuesday in Lowell Superior Court. The 48-year-old Framingham resident was convicted by a jury last week of multiple charges, including rape, strangulation, assault and battery, and stalking. He was arrested after the victim, who is also a state police employee, reported she was attacked at their Boxborough home in April 2016. Prosecutors said Sundberg had a history of abuse directed at the victim. Sundberg, a 14-year veteran of the agency, was suspended without pay after his arrest and fired soon after his conviction.

Land

Continued from Page 1

Southwick. While the amount of the tax increase is unknown, or how many years the town will bond the \$1.2 million, Fox did say that many discussions were had at this recent meeting. Franklin Land Trust, the sole purchaser of the North Pond land, is planning to close the sale by May 31. According to Fox, Fish and Game representatives also spoke about the different restrictions they would like to see on the preserved property. This includes having a delineated parking area for the public to access the land as well as the possibility of portable toilets to be installed if the money is available. One element of the discussion was about whether to leave certain things on the land naturally. It was pointed out that some larger trees have fallen down on some of the trails and it may make it very difficult for the elderly or people with disabilities to walk through the trail. Despite Fox saying that the Fish and Game would like to let the trees die naturally, there could be an exception to get rid of those trees that may be an issue for the public. Robert Wichroski, who’s on the Hampden and Hampshire Conservation District and a supporter of preserving the North Pond property, addressed the Select Board during Fox’s report on the meeting. “I like trees up and having open spaces for animals,” said Wichroski. “If they don’t have a space to go, they go everywhere else, your property, my property.”



Select Board Chairman Joe Deedy and Vice-Chairman Russ Fox are seen discussing the latest on North Pond with Chief Administrative Officer Karl Stinehart. (Photo by Greg Fitzpatrick)

POLICE LOGS

WESTFIELD
Major crime and incident report
Wednesday, March 20, 2019

11:07 a.m.: brush fire, Notre Dame Street at Furrow Street, a caller report grass on the side of the road is burning, the responding firefighters report that a resident with a burning permit chose a poor location to burn his brush pile and the wind extended the fire to the road side, the fire was extinguished;
11:32 a.m.: fraud, Stuart Place, a resident came to the station to complain of unauthorized charges to a credit account, the officer reports the victim had already reported the incident to her bank which reimbursed her for the fraudulent charges;
11:48 a.m.: brush fire, North Road, a caller reports a brush fire, the responding firefighters report that a resident who admitted that he did not have a burning permit said that he had been burning a brush pile when it spread out-of-control, the fire was extinguished and the operator said that he was not going to burn any more since the experience was “scary”;
12:15 p.m.: fire, Servistar Industrial Way, a caller reports seeing smoke, the responding firefighters report that a controlled fire on a commercial property was making very little smoke and the burn was allowed;
9:07 p.m.: motor vehicle violation, Western Avenue, a patrol officer reports he observed a vehicular lights violation and stopped the vehicle, the operator’s license was found to have been revoked, the vehicle was towed to the police impound yard and the owner was advised;
11:52 p.m.: annoying phone calls, North Elm Street, a caller reports she has received vaguely threatening phone calls for the past few nights, the woman said that she has had previous issues with a stalker, the responding officer reports the woman was advised to block the number and keep a record of any unwelcome calls she receives.

COURT LOGS

Westfield District Court
Wednesday, March 20, 2019

Dana L. Ward, 65, of 148 Point Grove Road, was released on his personal recognizance pending a May 10 hearing after he was arraigned on a charge operating a motor vehicle with a suspended license brought by Southwick police. In a second case also brought by Southwick police, **Ward** was again released on his personal recognizance pending a May 10 hearing after he was arraigned on charges of operating a motor vehicle with a suspended license and a number plate violation. In a third case also brought by Southwick police, **Ward** was again released on his personal recognizance pending a May 10 hearing after he was arraigned on a charge of trespass. In a fourth case also brought by Southwick police, **Ward** was again released on his personal recognizance pending a May 10 hearing after he was arraigned on a charge of trespass.

Bid

Continued from Page 1

more than that but still be under the funded amount. Additional costs, such as design fees (\$228,000) and other non-bid construction related costs (\$520,000), add an additional \$748,000 bringing the total cost of the project to \$4,875,225. Since there’s \$5,060,546 available through town appropriated funding for the project, a remaining balance of \$185,321 available for unforeseen issues, should they arise. One of the larger projects the town has undertaken, Brown expected the project to come with a high price. “The size of the project, the nature of the work dictates the cost,” said Brown. In order to move forward, Ludlow Construction will need to sign the contract this week and then they will be given a notice to proceed from the town in the next few weeks. Once receiving the notice to proceed, Ludlow Construction will be eligible to begin construction. Brown added that he expects the construction to start in the late spring or early summer. Due to the project cost, the town is planning to seek a bond for the cost of the project. While there hasn’t been a discussion yet for how many years the bond could be, Brown said that possible options will be talked about in the near future. This project was made possible when two different warrant articles were passed at the last two annual town meetings. At the annual town meeting in May of 2017, Article 9 passed which was to see if the town would appropriate \$3,260,000 for the water main replacement on College Hwy. During the annual town meeting in May of 2018, Article 8 passed to appropriate \$1,700,000 for the construction of a new pump station.

Idol

Continued from Page 1

Curbelo noted that when she told the judges the song title, Lionel Richie remarked “wow.” “I think that was because he wasn’t expecting someone my age to know a song like that by such a legendary artist like Bob Marley,” said Curbelo, adding that while she was singing, she heard a few encouraging shouts from the crowd when she hit a high note. “When I finished Lionel Richie yelled out an excited ‘woo!’, and started clapping for me very loudly,” said Curbelo. “Katy Perry was dancing along to my singing and Luke Bryan smiled and turned to the others with a happy expression. This was so amazing for me.” While Curbelo’s journey ended after American Idol’s “Hollywood Week” which had aired Sunday and Monday nights on ABC, she is upbeat and ready for her next musical challenge. “I am so happy to have had this experience and no matter what, I know that I did my absolute best and I feel that everyone there knew it too,” she said, adding, “A lot of kind parents and backstage crew from the show came up to me with words of encouragement and some of them were shocked that I didn’t progress but I am very content with all that happened. I feel that I made myself and all of my family and friends so proud.” Curbelo said after her time with the judges, she hugged her mother and said this experience was not the end. “I looked into the camera for my last interview and said, ‘This is not the last time you will see Madison Curbelo,’ and I stand by that 100 percent.” In the coming months, Curbelo said she will now set her sights — and spend time — in a recording studio. “Thank you to everyone for the support and love during this journey,” she said. “I hope that everyone sticks by me and continues to look out for my original music coming very soon.”

FOODTRAVEL



SLOPPY JOES

- 1 lb. lean ground beef

1/4 cup chopped onion

1/4 cup chopped green bell pepper

1/2 teaspoon garlic powder
- 1 teaspoon prepared yellow mustard

3/4 cup ketchup

3 teaspoons brown sugar

Salt & ground black pepper to taste

In a medium skillet over medium heat, brown the ground beef, onion, and green pepper; drain off liquids. Stir in the garlic powder, mustard, ketchup, and brown sugar; mix thoroughly. Reduce heat, and simmer for 30 minutes. Season with salt and pepper.

AVOCADO, TOMATO AND MANGO SALSA



- 1 mango - peeled, seeded and diced

1 avocado - peeled, pitted, and diced

4 med. tomatoes, diced

1 jalapeno pepper, seeded and minced

3 cloves garlic, minced
- 1/2 cup chopped fresh cilantro

1 teaspoon salt

2 tablespoons fresh lime juice

1/4 cup chopped red onion

3 tablespoons olive oil

In a medium bowl, combine the mango, avocado, tomatoes, jalapeno, cilantro, and garlic. Stir in the salt, lime juice, red onion, and olive oil. To blend the flavors, refrigerate for about 30 minutes before serving.



ANTIPASTO SQUARES

- 2 (10 oz.) cans refrigerated crescent dinner rolls

1/4 lb. thinly sliced of each of the following:

• Boiled Ham

• Provolone Cheese

• Swiss Cheese

• Genoa salami

• Pepperoni Sausage
- 1 (12 oz.) jar roasted red peppers, drained, cut into thin strips

3 eggs

3 tablespoons grated Parmesan cheese

1/2 teaspoon ground black pepper

Preheat oven to 350 degrees F. Unroll one package of crescent roll dough, and cover the bottom of a 9x13 inch pan. Layer the ham, provolone cheese, Swiss cheese, salami, pepperoni, and red peppers, on top of the dough. In a bowl, beat the eggs lightly, and stir in the parmesan cheese and black pepper. Pour 3/4 of this mixture over the peppers. Unroll the second package of dough, and place over the top of the peppers. Brush with the remaining egg mixture. Cover with aluminum foil. Bake for 25 minutes in the preheated oven. Remove foil, and bake another 10 to 20 minutes, or until dough is fluffy and golden brown. Cut into squares. Serve warm, or at room temperature.



SALTED CARAMEL CHOCOLATE CHIP COOKIES

- 2-1/2 cups unbleached all-purpose flour

1 teaspoon kosher salt

1/2 teaspoon baking powder

1/2 teaspoon baking soda

1 cup unsalted butter, softened

1 cup light brown sugar, packed

1/2 cup granulated sugar

2 large eggs

1 teaspoon vanilla extract

1 cup dark chocolate chips

1 cup dark chocolate chips, melted

1 cup caramel-filled chocolate candies

1 teaspoon sea salt

Parchment Paper

Preheat oven to 350 degrees F. Line a baking sheet with Parchment Paper and set aside. Whisk together flour, kosher salt, baking powder and baking soda; set aside. Mix butter, light brown sugar and granulated sugar together with an electric mixer until light and fluffy. Beat in eggs, one at a time. Add vanilla and beat. Slowly add flour mixture, mixing gently until incorporated. Fold in caramel filled chocolate candies and chocolate chips. Roll 2 tablespoons of dough into a ball, covering any candies with dough so they are not exposed. Place dough balls on parchment lined baking sheets. Bake cookies for 10-12 minutes. Cool cookies on baking sheet for 5 minutes and transfer parchment paper with cookies onto wire racks to cool completely. Drizzle cooled cookies with melted chocolate and sprinkle with sea salt. Chill cookies until chocolate set.



Tame your spaghetti monster with this easy garlicky dish

By AMERICA'S TEST KITCHEN
This undated photo provided by America's Test Kitchen in March 2019 shows Garlicky Spaghetti in Brookline, Mass. This recipe appears in the cookbook "Vegetables Illustrated." (Carl Tremblay/America's Test Kitchen via AP)
The late-night spaghetti monster will be tamed with this flavor-packed pasta that comes together quickly from pantry ingredients. The key here is making the most of the garlic.
We toasted a whopping 2 tablespoons of minced garlic in extra-virgin olive oil over low heat just until it cooked to a sweet and buttery pale golden brown. (Be careful not to let it go any darker or it will be harsh.)
Also, we cooked the spaghetti in just 2 quarts of salted water to ensure that the cooking water ended up loaded with starch; adding some of that starchy water back to the finished spaghetti gave our simple pantry sauce lots of body and texture.
Finally, adding a little minced raw garlic right at the end of the cooking time created a garlicky duality between the buttery sweetness of the toasted garlic and the fire of the raw garlic.
This is endlessly adaptable, depending on what you have in your pantry. (No Parmesan? Toast up some bread crumbs instead. No basil? Try parsley, or leave it out. If you're really hungry, add a can of tuna at the end. And don't forget about the

variations that follow.)

GARLICKY SPAGHETTI WITH LEMON AND PINE NUTS

- Servings: 4

Start to finish: 40 minutes

1/4 cup extra-virgin olive oil

2 tablespoons plus 1/2 teaspoon minced garlic

1/4 teaspoon red pepper flakes

1 pound spaghetti

Salt and pepper

2 teaspoons grated lemon zest plus 2 tablespoons juice

1 cup chopped fresh basil

1 ounce Parmesan, grated (1/2 cup), plus extra for serving

1/2 cup pine nuts, toasted

Combine oil and 2 tablespoons garlic in 8 inch nonstick skillet. Cook over low heat, stirring occasionally, until garlic is pale golden brown, 9 to 12 minutes. Off heat, stir in pepper flakes; set aside.

Bring 2 quarts water to boil in large pot. Add pasta and 2 teaspoons salt and cook, stirring frequently, until al dente. Reserve 1 cup cooking water, then drain pasta and return it to pot. Add remaining 1/2 teaspoon garlic, lemon zest and juice, reserved garlic-oil mixture, and reserved cooking water to pasta in pot. Stir until pasta is well coated with oil and no water remains in

bottom of pot. Add basil, Parmesan, and pine nuts and toss to combine. Season with salt and pepper to taste. Serve, passing extra Parmesan separately.
Variations:
— Garlicky Spaghetti with Capers and Currants: Omit lemon zest, basil, and pine nuts. Reduce lemon juice to 1 tablespoon. Stir 3 tablespoons capers, rinsed and minced; 3 tablespoons currants, minced; and 2 anchovy fillets, rinsed, patted dry, and minced, into pasta with lemon juice.
— Garlicky Spaghetti with Green Olives and Almonds: Omit lemon zest and reduce lemon juice to 1 tablespoon. Stir 1 cup green olives, chopped fine, into pasta with lemon juice. Substitute Pecorino Romano for Parmesan and toasted sliced almonds for pine nuts.
— Garlicky Spaghetti with Clams: Omit lemon zest and pine nuts. Reduce lemon juice to 2 teaspoons. Stir 2 (6 1/2 ounce) cans whole clams, drained and chopped, and 4 anchovy fillets, rinsed, patted dry, and minced, into pasta with lemon juice. Increase Parmesan to 3/4 cup and substitute 2 tablespoons chopped fresh parsley for basil.
Nutrition information per serving: 720 calories; 271 calories from fat; 30 g fat (4 g saturated; 0 g trans fats); 6 mg cholesterol; 426 mg sodium; 91 g carbohydrate; 5 g fiber; 4 g sugar; 20 g protein.

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Gnocchi Make and Take Class

A gnocchi-making class will be held on Saturday, April 6, from 1:00 – 3:00 pm at the Italian Cultural Center located at 56 Margaret Street, Springfield. What could be better than sharing in this Italian tradition together? An instructor, supplies and space will be provided for adults and children. Just bring an apron and take home what you make. Space is limited. Seats will be sold on a first-come, first-served basis. Call Stephanie at 860-305-1175 or email to CookingwICC@comcast.net to request a registration form and to check seating availability. Payment must be received by **April 1**, 2019, to guarantee a seat. Mail your name, address and phone number along with the registration fee of \$30 for ICC members, \$25 for children of members 12 years and younger, \$35 per adult non-member, and \$30 for children of non-members 12 years and younger to: Italian Cultural Center of Western Massachusetts, Inc., Attn: Gnocchi-Making, 56 Margaret St, Springfield, MA 01105.

Judy’s Lovesong Cafe

Judy’s Lovesong Cafe will be held on Sunday, **April 28th** at 3 p.m. at Easthampton Congregational Church. Donations will be accepted at the door.

Free food cupboard at the Easthampton Congregational Church

The Easthampton Congregational Church holds a free food cupboard for people in need on the second Wednesday of each month. Everyone is welcome. If you have questions, please call the church office at 413-527-4790.

Lunch at the Russell Senior Center

The Russell Council on Aging serves lunch at the Russell Senior Center, 65 Main St., Russell, each Tuesday at noon. Lunch is provided by Highland Valley Elder Services. There is not a fee for lunch, but a \$3.00 donation is suggested by Highland Valley. Reservations should be made by leaving a message at 862-6205, by the Sunday before.

Donuts and Deadlifts Fundraiser to benefit Special Olympics Powerlifting Team

In 2018, the sport of Powerlifting joined the lineup of Greater Springfield Special Olympics teams for the first time, competing in the Summer Games at Harvard University. In their first year, all six athletes earned medals and awards for their performance.

The 2019 team has grown to include eight young men; Gregory Gousy of East Longmeadow, Vincent Pirro of Feeding Hills, Chad Diclementi of Agawam, Josh Gregoire of Chicopee, Gilberto Molina of Westfield, and William Bradford, Nathan Pelletier and Angel Roman, all of Springfield.

The team is training at PowerClean Fitness (PCF) in East Longmeadow, under the guidance of PCF owner Michael Zolkiewicz, a professional Highland Games and Strongman athlete who has worked as a strength coach and personal trainer for 19 years. Joining the all-volunteer coaches this year to provide additional training expertise for the athletes is Justin Fisher, a world-class, award-winning Strongman competitor.

To raise funds to buy team gear, PCF is hosting its annual deadlifting competition “Donuts and Deadlifts” on Saturday **March 30th** at 9 a.m. at PowerClean Fitness, 45 Baldwin St., East Longmeadow. All proceeds from the event will benefit the Special Olympics team. Many of the Special Olympics athletes will be competing in the deadlifting, and the public is encouraged to come join in the excitement and support all the competitors – while enjoying a donut!

To enroll in the competition, call 413 526-9800. Cost is \$5 for members, \$10 for non-members and \$3 for spectators.

Powerlifting is one of the fastest growing sports among the six events at the games. The Special Olympics Massachusetts Summer Games brings more than 2,000 athletes and 1,500 volunteers from across the state to the Harvard University and Boston University campuses to compete in a variety of sporting events from swimming, track and field, volleyball, tennis, gymnastics and Powerlifting.

Special Olympics Massachusetts provides year-round sports training, athletic competition and other related programming to more than 12,500 athletes with intellectual disabilities across the state in 296 year-round sporting competitions.

Westfield Women’s Club Fundraiser

Broadway Play, “The Prom”. **April 10**, 2019. \$180.00 includes orchestra seats, bus and gratuity. Please call Joyce at 413 579-7265. 10 tickets left.

Easthampton Congregational Church Spring Fling Craft Market

Easthampton Congregational Church is looking for vendors for their Spring Fling Craft Market being held on **May 18th**. Please call the office at 527-4790 for more information.



This undated photo provided by America’s Test Kitchen in March 2019 shows Spring Vegetable Pasta in Brookline, Mass. This recipe appears in the cookbook “Revolutionary Recipes.”

(Carl Tremblay/America’s Test Kitchen via AP)

Rethinking pasta primavera to make it taste like spring

By AMERICA’S TEST KITCHEN

This undated photo provided by America’s Test Kitchen in March 2019 shows Spring Vegetable Pasta in Brookline, Mass. This recipe appears in the cookbook “Revolutionary Recipes.” (Carl Tremblay/America’s Test Kitchen via AP)

You’d never know that pasta primavera, a pseudo-Italian dish that appears on virtually every chain restaurant menu, actually has roots in French haute cuisine.

The usual reproduction_a random jumble of produce tossed with noodles in a heavy, flavor-deadening cream sauce_tastes nothing like spring. Surprisingly, when we dug up the original recipe from New York’s famed Le Cirque restaurant, our colleagues found it wasn’t all that inspiring either, despite taking about 2 hours to prepare and dirtying five pans.

First, the vegetables (which had been painstakingly blanched one by one) were bland. Second, the cream-, butter-, and cheese-enriched sauce dulled flavor and didn’t really unify the dish.

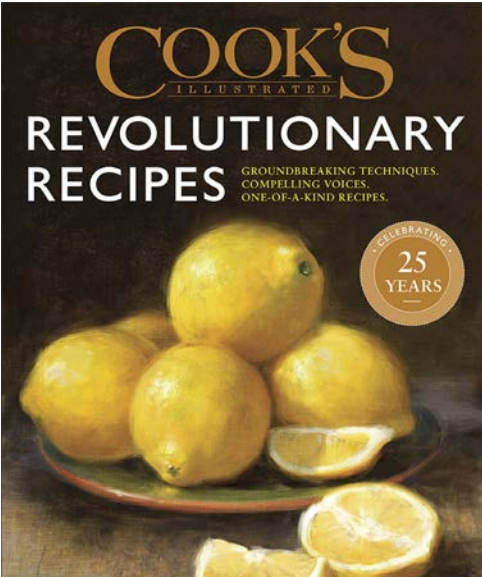
If we wanted a true spring-vegetable pasta_with a few thoughtfully chosen vegetables and a light, but full-bodied sauce that clung well to the noodles and brought the dish together_we’d have to start from the beginning.

SPRING VEGETABLE PASTA

Servings: 4-6

Start to finish: 1 hour

1 1/2 pounds leeks, white and light green parts halved lengthwise, sliced 1/2 inch thick, and washed thoroughly, plus 3 cups coarsely chopped dark green parts, washed thoroughly
1 pound asparagus, tough ends trimmed, chopped coarse, and reserved; spears cut on bias into 1/2



inch lengths

2 cups frozen peas, thawed

4 cups vegetable broth

1 cup water

4 garlic cloves, minced

2 tablespoons minced fresh mint

2 tablespoons minced fresh chives

1/2 teaspoon grated lemon zest

plus 2 tablespoons juice

6 tablespoons extra-virgin olive oil

Salt and pepper

1/4 teaspoon red pepper flakes

1 pound campanelle (farfalle and

penne are acceptable substitutes)

1 cup dry white wine

1 ounce Parmesan cheese, grated

(1/2 cup), plus extra for serving

Bring leek greens, asparagus trimmings, 1 cup peas, broth, water, and half of garlic to boil in large saucepan. Reduce heat to medium-low and simmer gently for 10 minutes. While broth simmers, combine mint, chives, and lemon zest in bowl; set aside.

Strain broth through fine-mesh strainer into 8 cup liquid measuring cup, pressing on

solids to extract as much liquid as possible (you should have 5 cups broth; add water as needed to equal 5 cups). Discard solids and return broth to saucepan. Cover and keep warm.

Heat 2 tablespoons oil in Dutch oven over medium heat until shimmering. Add leeks and pinch salt and cook, covered, stirring occasionally, until leeks begin to brown, about 5 minutes. Add asparagus spears and cook until asparagus is crisp-tender, 4 to 6 minutes. Add pepper flakes and remaining garlic and cook until fragrant, about 30 seconds. Add remaining 1 cup peas and continue to cook for 1 minute longer. Transfer vegetables to bowl and set aside. Wipe out pot with paper towels.

Heat remaining 1/4 cup oil in now-empty pot over medium heat until shimmering. Add pasta and cook, stirring often, until just beginning to brown, about 5 minutes. Add wine and cook, stirring constantly, until absorbed, about 2 minutes.

When wine is fully absorbed, add warm broth and bring to boil. Cook, stirring frequently, until most of liquid is absorbed and pasta is al dente, 8 to 10 minutes. Off heat, stir in Parmesan, lemon juice, vegetables, and half of herb mixture. Season with salt and pepper to taste, and serve immediately, passing extra Parmesan and remaining herb mixture separately.

Nutrition information per serving: 605 calories; 155 calories from fat; 17 g fat (2 g saturated; 0 g trans fats); 4 mg cholesterol; 436 mg sodium; 88 g carbohydrate; 10 g fiber; 13 g sugar; 18 g protein.

For more recipes, cooking tips and ingredient and product reviews, visit <https://www.americastestkitchen.com> . Find more recipes like Spring Vegetable Pasta in “Revolutionary Recipes .”

Use salmon’s skin to stop it from drying out, release fat

By AMERICA’S TEST KITCHEN

This undated photo provided by America’s Test Kitchen in March 2019 shows Sweet And Tangy Glazed Salmon in Brookline, Mass. This recipe appears in “The Complete Cookbook for Young Chefs.” (Carl Tremblay/America’s Test Kitchen via AP)

Starting salmon with the skin side down in a pan is a neat way to cook fish. The skin protects the fish from drying out. The skin also releases fat into the pan, which is then used to cook the second side until it is golden brown, no extra oil needed.

To help keep the fish from sticking and allow the fat to puddle under the fish (and not just around it), sprinkle a thin layer of salt and pepper over the cold pan before adding the fish. And make sure to use a nonstick pan. Follow this recipe with your kids.

SWEET AND TANGY GLAZED SALMON

Servings: 4

Start to finish: 35 minutes (Prep time: 10 minutes)

Prepare Ingredients:

1/4 cup maple syrup

2 tablespoons balsamic vinegar

2 tablespoons soy sauce

1 tablespoon lime juice, squeezed from

1 lime

2 garlic cloves, peeled and minced

Salt and pepper

4 (6-ounce) skin-on salmon fillets

1 lime, cut into wedges

Gather Cooking Equipment:

Medium saucepan

12-inch nonstick skillet

Tongs

Spatula

Instant-read thermometer

Serving platter

Aluminum foil

Rubber spatula

Large spoon

Start Cooking!

In medium saucepan, combine maple syrup, vinegar, soy sauce, lime juice, and garlic. Set aside.

In a 12-inch nonstick skillet, sprinkle 1/4 teaspoon salt and 1/4 teaspoon pepper in even layer. Place salmon fillets, skin side down, in skillet.

Wash your hands. Sprinkle tops of fillets with 1/4 teaspoon salt and 1/8 teaspoon pepper.

Cook salmon over medium heat, without moving salmon, until fat begins to puddle around fillets and skin begins to brown, 6 to 8 minutes.

Use tongs and spatula to carefully flip fillets. Cook, without moving fillets, until center of each fillet registers 125 F on the instant-read thermometer, 6 to 8 minutes. Turn off heat. Transfer fillets, skin side down, to serving platter. Cover platter with aluminum foil.

Cook maple syrup mixture in saucepan over medium heat, stirring occasionally with rubber spatula, until thick and syrupy, 4 to 6 minutes (sauce will be very bubbly when it thickens). Turn off heat. Spoon glaze evenly over salmon. Serve with lime wedges.

Chef’s Note: To flip fish, gently slide spatula under fish to loosen skin from skillet, then use tongs to flip fish.

Nutrition information per serving: 326 calories; 112 calories from fat; 12 g fat (2 g saturated; 0 g trans fats); 109 mg cholesterol; 691 mg sodium; 16 g carbohydrate; 0 g fiber; 13 g sugar; 38 g protein.



Scenes from WHS JV and Varsity Softball Practice

Under the watchful eye of Coach Brenda Signor, the Westfield High JV and Varsity softball teams practiced Tuesday in anticipation of the start of the Spring season.



Scenes from WHS Varsity Volleyball Practice

The Westfield High Volleyball Team, lead by coach Tyler Wingate, practices Tuesday for the start of the Spring sports season next week.



PHOTOS BY MARC ST.ONGE

Beautiful

Continued from Page 1

are superb.
Sarah Bockel is terrific as Carole King, going from tentative teen to tentative solo artist to superstar. Dylan S. Wallace as her creative partner and later husband Gerry Goffin balances Goffin’s talent and troubles. Alison Whitehurst is superb as Cynthia Weil. The ensemble is one of the better casts to come through The Bushnell this season. And followers of the Holyoke Civic Symphony make note...David Kidwell was on keyboards opening night
Beautiful: The Carole King Musical opened in San Francisco in 2013, and on Broadway in 2014. On the fifth anniversary of the show’s opening night January 12, 2019, Carole King took to the stage to perform the shows closing number “Beautiful” and the finale of the show.
By the way, Sarah Bockel, this production’s Carole King, leaves the tour to assume the role of Carole King in the Broadway production on April 9. Maybe we just saw a new star in the making!

The Bushnell presents Beautiful: The Carole King Musical Book by Doug McGrath, Songs by: Gerry Goffin/Carole King and Barry Mann/Cynthia Weil. Directed by Marc Bruni. Musical direction by Jason Howland. . Choreography by Josh Prince. Set design by Derek McLane; Costume Design by Alejo Vietti; Lighting Design by Peter Kaczorowski; Sound Design by Brian Ronan; Cast: Sarah Bockel (Carole King), Dylan S. Wallach (Gerry Goffin), Alison Whitehurst (Cynthia Weil), Jacob Heimer (Barry Mann), James Clow (Don Kirshner), and Suzanne Grodner (Genie Klein). Through March 31 at The Bushnell, Hartford, CT. 860-987-5900 or www.bushnell.org.

Mark G. Auerbach studied theatre at American University and the Yale School of Drama. He’s worked for arts organizations and reported on theatre for newspapers and radio. Mark produces and hosts ArtsBeat Radio on 89.5fm/WSKB Radio.



Carnegie Hall. Sarah Bockel as Carole King in Beautiful: The Carole King Musical. Photos provided by The Bushnell.

SPORTS

Boston takes home win streak into matchup with New York

By The Associated Press
New York Rangers (29-33-13, seventh in the Metropolitan Division) vs. Boston Bruins (46-21-9, second in the Atlantic Division)
Boston; Wednesday, 7:30 p.m. EDT
BOTTOM LINE: Boston hosts New York looking to extend its three-game home winning streak.
The Bruins are 28-7-3 at home. Boston averages 9.6 penalty minutes per game, the third-most in the NHL. Brad Marchand leads the team serving 94 total minutes.
The Rangers are 12-20-5 in road games. New York serves 10.1 penalty minutes per game, the most in the league. Anthony DeAngelo leads the team serving 60 total minutes. In their last meeting on Feb. 6, New York won 4-3. Pavel Buchnevich recorded a team-high 2 points for the Rangers in the victory.
TOP PERFORMERS: Marchand leads the Bruins with 34 goals and has collected 94 points. Patrice Bergeron has eight goals and seven assists over the last 10 games for Boston.
Mika Zibanejad leads the Rangers with 28 total goals and has totaled 68 points. Buchnevich has totaled 7 points over the last 10 games for New York.
LAST 10 GAMES: Rangers: 2-6-2, averaging 1.8 goals, 3.1 assists, 4.4 penalties and 13.2 penalty minutes while giving up 2.8 goals per game with a .920 save percentage.
Bruins: 6-4-0, averaging 3.9 goals, six assists, 3.4 penalties and 7.9 penalty minutes while giving up 2.8 goals per game with a .892 save percentage.
Bruins Injuries: Marcus Johansson: out (upper body), Kevan Miller: out (upper body), Torey Krug: day to day (upper body), Sean Kuraly: out (upper body), Matt Grzelcyk: day to day (arm), John Moore: day to day (upper body).
Rangers Injuries: Chris Kreider: day to day (lower body), Marc Staal: day to day (lower body), Jesper Fast: out for season (upper body).



Westfield State Men's Golf Joins New England Collegiate Conference for Fall 2019.

Westfield State Men's Golf Joins New England Collegiate Conference for Fall 2019

WESTFIELD — Westfield State University has joined the New England Collegiate Conference as an affiliate member in the sport of men's golf.
The Owls and fellow MASCAC members Worcester State, Salem State and Mass College of Liberal Arts all join the five existing NECC schools, Elms, College, Eastern Nazarene, Dean College and associate member Springfield College to form a nine-team league which will compete in the 2019 Conference Championship tournament October 4 and 5 at Wachusett Country Club in West Boylston.
The conference will begin their wait for NCAA postseason automatic-qualification in the fall of 2019 with sights set on attaining automatic-qualification status for the 2021-22 season, with the championship team earning a bid to play in the NCAA Division III championship meet.
“This is a great opportunity for our golf student-athletes,” said Westfield State director of athletics Dick Lenfest. “While we maintain our primary affiliation with the MASCAC, our ability to join in with the NECC to form a nine-team league will give our student-athletes a path to qualify for the NCAA tournament, which we were not able to do with a four-team league. We have recently had a solid team capable of shooting scores in the low 70’s, and this gives them a direct chance to advance to the national tournament, which is a primary goal of any athletic team.”
Westfield State should be an immediate contender for the NECC title. The Owls won the fall 2018 MASCAC title in a one-day event at Blackstone National GC in Sutton, Mass. with a team total of 319, as sophomore Matteo Godek (Agawam, Mass.) shared the individual title with a score of 77 over the foggy and rain-soaked track. The Owls won three of the four tournaments they played in the fall.
Springfield College earned the 2018 NECC Men's Golf Championship with a combined two-day score of 615 (+39).
Wachusett Country Club will provide a good test to determine a champion, as the classic 1927 Donald Ross design features rolling hills, scenic views, and dramatic elevation changes as it plays 6,567 yards from the championship tees.
Westfield State has four tournaments on the spring schedule, as they are slated to compete at the RIC Invitational on April 5-6, and will host the Westfield State Spring Invitational at Tekoa Country Club on April 23.



Boston Celtics' Marcus Smart, left, and Cleveland Cavaliers' Jordan Clarkson battle for a loose ball in the second half of an NBA basketball game, Tuesday, March 26, 2019, in Cleveland. Boston won 116-106. (AP Photo/Tony Dejak)

Celtics top Cavs to snap 4-game slide

By STEVE HERRICK Associated Press
CLEVELAND (AP) — The Boston Celtics keep finding ways to win without Kyrie Irving.
Jayson Tatum and Marcus Smart each scored 21 points, and the Celtics broke away from a fourth-quarter tie to defeat the Cleveland Cavaliers 116-106 on Tuesday night.
Irving (rest) didn't play, yet Boston snapped a four-game losing streak and improved to 11-2 without its leading scorer. The Celtics let a 12-point lead slip away but took over after the Cavaliers tied the game early in the final period.
“We responded the right way and we answered every run of theirs,” said Al Horford, who had 19 points, including eight in the fourth quarter and the go-ahead layup. “Obviously, we weren't perfect, but I was happy with the focus tonight.”
The Celtics ended the game with a 24-14 run also sparked by three-point plays from Smart and Marcus Morris to pull away.
Collin Sexton led Cleveland with 24 points and Jordan Clarkson scored 18.
The Celtics' slide dropped them to fifth in the Eastern Conference with seven games to play in the regular season. Boston also lost four straight Feb. 21-27.
Cleveland trailed 82-70 late in the third quarter, but Sexton scored nine points and Marquese Chriss' 3-pointer tied the game at 92 with 9 minutes to play.
Boston seized back the momentum. Horford had a basket in the lane and Gordon Hayward scored on a layup off a turnover. Horford's 3-pointer pushed the lead to 100-94.
Celtics: Hayward had 15 points and Morris added 14. ... G Terry Rozier, a Northeast Ohio native who played high school basketball in suburban Shaker Heights, scored 11 points.

“I felt like when we tied it, they scored and the energy left the building a little bit,” Sexton said.
Celtics coach Brad Stevens also thought his team's quick response was crucial.
“When Marquese Chriss made that 3 to tie the score, we came right back down to Al,” Stevens said. “Al going down the court within 5 seconds of Chriss' 3 really helps you get right back at them.”
Tatum returned after missing Sunday's loss to San Antonio because of a bruised back and scored all his points in the first half.
Horford missed the two previous games with a sore left knee.
Irving played his first six seasons with Cleveland. The six-time All-Star demanded a trade following the 2016-17 season and was dealt to Boston. He hasn't played in Cleveland since the 2017-18 opener.
Kevin Love entered 27 points short of 12,000 in his career. He scored 10 points and had 11 rebounds, but was scoreless at halftime and finished 3 of 13 from the field.
“In the first half I didn't give the guys what I should have,” Love said. “I have to bring it every single night for the entire game.”
The arena's Humungotron went out late in the first quarter, forcing the teams and fans to use the upper-corner scoreboards to keep track of things. The video and numbers returned soon after halftime and drew a loud ovation from the crowd.
TIP-INS
Celtics: Hayward had 15 points and Morris added 14. ... G Terry Rozier, a Northeast Ohio native who played high school basketball in suburban Shaker Heights, scored 11 points.

Cavaliers: Cedi Osman had 15 points and Larry Nance Jr. added 13. ... Coach Larry Drew said G Matthew Dellavedova, who has been out since March 6 because of a concussion, could miss the rest of the season. Dellavedova returned from a recent road trip because he wasn't feeling well and has yet to go through any on-court activity.
BIG MOVES
Stevens thought his players came through with a team effort in ending the losing streak. Morris was moved to the bench, with Horford and Aron Baynes starting in the frontcourt.
“Jayson went on that run early,” Stevens said. “We really need Al. For Morris to take on that responsibility, it shows the professional he is. He could have easily thrown a fit about it, but he didn't.”
LOVE TO BE RECOGNIZED
Love will receive an award at Carnegie Hall on May 1 after being chosen as a winner of Change Maker Awards given by the Child Mind Institute. He wrote an essay last season for the Players' Tribune revealing his decision to seek therapy because of his struggles with anxiety and depression.
The five-time All-Star started The Kevin Love Fund to promote awareness. Love will be presented with the Champion Award.
The Change Maker event celebrates individuals and organizations that raise awareness in the area of children's mental illness and early prevention.
UP NEXT
Celtics: Host the Indiana Pacers on Friday.
Cavaliers: At the San Antonio Spurs on Thursday.

Boston Celtics' Terry Rozier (12) drives to the basket against Cleveland Cavaliers' Cedi Osman (16) in the first half of an NBA basketball game, Tuesday, March 26, 2019, in Cleveland. (AP Photo/Tony Dejak)



2019 HIGH SCHOOL SPORTS SPRING SCHEDULE

WESTFIELD HIGH SCHOOL Fri., March 29 GIRLS TRACK & FIELD @ Longmeadow High School, Stadium Field, 4 p.m. Mon., April 1 BOYS TRACK & FIELD vs. Ludlow @ Southwick High School, 4 p.m. Tues., April 2 BOYS VOLLEYBALL @ Agawam High School, 5 p.m. BOYS LACROSSE vs. Agawam, 4 p.m. GIRLS TRACK & FIELD @ Chicopee Comprehensive High School, 4 p.m. BOYS TENNIS vs. Sabis, 4 p.m. JV BOYS LACROSSE vs. Agawam, 4 p.m. JV BOYS VOLLEYBALL @ Agawam High School, 4 p.m. Wed., April 3 BASEBALL vs. Pittsfield, Bullens Field, 4 p.m. GIRLS LACROSSE vs. Northampton, 4 p.m. GIRLS TENNIS vs. Longmeadow, 4 p.m. JV BASEBALL vs. Pittsfield, 4 p.m. JV GIRLS LACROSSE vs. Northampton, 5:30 p.m. Thurs., April 4 SOFTBALL @ East Longmeadow, Birchland Park Middle School, 4 p.m. BOYS LACROSSE vs. East Longmeadow, 4 p.m. BOYS TENNIS @ Holyoke, Crosier Field and Tennis Courts, 4 p.m. JV BOYS LACROSSE vs. East Longmeadow, 4 p.m. JV SOFTBALL @ East Longmeadow, Birchland Park Middle School, 4 p.m. Fri., April 5 SOFTBALL vs. Minnechaug, 4 p.m. BOYS VOLLEYBALL vs. Minnechaug, 6:30 p.m. GIRLS TENNIS vs. South Hadley, 4 p.m. JV SOFTBALL vs. Minnechaug, 4 p.m. JV BOYS VOLLEYBALL vs. Minnechaug, 5 p.m. Sun., April 7 BASEBALL @ Billerica Memorial High School, 1 p.m. JV BASEBALL @ Billerica Memorial High School, 1 p.m. Mon., April 8 SOFTBALL vs. Pittsfield, 4 p.m. BOYS TRACK & FIELD @ Chicopee Comprehensive High School, 4 p.m. BOYS TENNIS vs. Belchertown, 4 p.m. GIRLS TENNIS @ Agawam High School, 4 p.m. JV SOFTBALL vs. Pittsfield, 4 p.m. Tues., April 9 BOYS VOLLEYBALL vs. Ludlow, 6:15 p.m. BOYS LACROSSE vs. Pope Francis, 4 p.m. GIRLS LACROSSE @ East Longmeadow High School, 7 p.m. GIRLS TRACK & FIELD @ Central High School, Berte Field, 4 p.m. JV GIRLS LACROSSE @ East Longmeadow High School, 5:30 p.m. JV BOYS VOLLEYBALL vs. Ludlow, 5 p.m.	SOUTHWICK -TOLLAND -GRANVILLE Mon., April 1 BOYS TRACK & FIELD vs. Ludlow, 4 p.m. Tues., April 2 SOFTBALL vs. Lee, 4 p.m. BOYS VOLLEYBALL vs. Sabis, 6 p.m. JV SOFTBALL vs. Lee, JV Field, 4 p.m. JV BOYS VOLLEYBALL vs. Sabis, 4 p.m. Wed., April 3 BOYS TRACK & FIELD @ Putnam, Berte Field (Central HS), 4 p.m. Thurs., April 4 BASEBALL @ Central High School, 4 p.m. SOFTBALL vs. Northampton, 4 p.m. GIRLS TRACK & FIELD vs. Frontier, 4 p.m. JV BASEBALL @ Central, Blunt Park (Diamond #2), 4 p.m. JV SOFTBALL vs. Northampton, JV Field, 4 p.m. JV BOYS VOLLEYBALL vs. Granby, 4 p.m. Fri., April 5 BOYS VOLLEYBALL vs. Holyoke, 5:45 p.m. JV BOYS VOLLEYBALL vs. Holyoke, 4:30 p.m. Mon., April 8 SOFTBALL @ Chicopee, Szot Park, 4 p.m. BOYS VOLLEYBALL @ Belchertown High School, 6 p.m. JV SOFTBALL @ Chicopee, Szot Park, 4 p.m. JV BOYS VOLLEYBALL @ Belchertown High School, 5 p.m. Tues., April 9 BASEBALL vs. St. Mary, 4 p.m. SOFTBALL @ Monson, Quarry Hill Elementary School, 4 p.m. JV SOFTBALL @ Monson, Quarry Hill Elementary School, 4 p.m. Wed., April 10 GIRLS TRACK & FIELD @ Mahar Regional High School, 4 p.m. Thurs., April 11 BASEBALL vs. Granby, 4 p.m. BOYS VOLLEYBALL vs. Longmeadow, 6 p.m. JV BASEBALL vs. Granby, JV Field, 4 p.m. Fri., April 12 SOFTBALL vs. Palmer, 4 p.m. BOYS VOLLEYBALL @ Commerce, 4 p.m. JV SOFTBALL vs. Palmer, JV Field, 4 p.m. Mon., April 15 BASEBALL @ Greenfield, Veterans' Memorial Field, 1 p.m. BOYS VOLLEYBALL @ Ware High School, 6 p.m. BOYS/GIRLS TRACK & FIELD vs. Sabis, noon JV BASEBALL @ Greenfield, Beacon Field, 1 p.m. JV BOYS VOLLEYBALL @ Ware High School, 4 p.m. Tues., April 16 No Sports Scheduled	WESTFIELD TECHNICAL ACADEMY Tues., April 2 BASEBALL @ McCann Tech, Time TBA Wed., April 3 No Sports Scheduled Thurs., April 4 No Sports Scheduled Fri., April 5 BASEBALL @ Smith Vocational, Arcanum Field, 4 p.m. Mon., April 8 No Sports Scheduled Tues., April 9 No Sports Scheduled Wed., April 10 SOFTBALL @ Renaissance School, Marshall Roy Field (Diamond #2), 4 p.m. Thurs., April 11 No Sports Scheduled Fri., April 12 SOFTBALL vs. Gateway, Whitney Park, 4 p.m. Mon., April 15 No Sports Scheduled Tues., April 16 BASEBALL vs. Putnam, Bullens Field, 4 p.m. SOFTBALL vs. Smith Vocational, 4 p.m. JV BASEBALL vs. Putnam, Jachym Field, 4 p.m. Wed., April 17 No Sports Scheduled Thurs., April 18 BASEBALL vs. Belchertown, Bullens Field, 4 p.m. SOFTBALL @ Sci-Tech, Blunt Park (Diamond #5), 4 p.m. JV BASEBALL vs. Belchertown, Jachym Field, 4 p.m. Fri., April 19 BASEBALL @ Franklin Tech High School, 4 p.m. JV BASEBALL vs. Franklin Tech High School, Jachym Field, 4 p.m. Mon., April 22 BASEBALL vs. Duggan Academy, Bullens Field, 7 p.m. SOFTBALL @ Duggan Academy, Hubbard Park (Diamond #2), 4 p.m. Tues., April 23 SOFTBALL vs. Franklin Tech, Whitney Park, 4 p.m. Wed., April 24 BASEBALL @ Sci-Tech, Marshall Roy Field (Diamond #1), 4 p.m. Thurs., April 25 No Sports Scheduled Fri., April 26 BASEBALL vs. Pioneer Valley Christian Academy, Bullens Field, 4 p.m. SOFTBALL vs. Commerce, Whitney Park, 4 p.m. Tues., April 30 BASEBALL @ Gateway Regional High School, 4 p.m. SOFTBALL @ Pathfinder Regional-Vocational-Technical High School, 4 p.m. JV BASEBALL @ Gateway Regional High School, 4 p.m.	ST. MARY'S HIGH SCHOOL Tues., April 2 BOYS LACROSSE @ McCann Technical High School, 4 p.m. GIRLS LACROSSE vs. Monson, Boardman Field, 4:30 p.m. Wed., April 3 GIRLS LACROSSE @ Lee Middle/High School, 4 p.m. Thurs., April 4 BOYS LACROSSE @ Lee Middle/High School, 4 p.m. BOYS TENNIS @ Sci-Tech, Blunt Park, 4 p.m. Fri., April 5 BOYS LACROSSE @ Central High School, Berte Field, 6:30 p.m. BOYS TENNIS vs. Mohawk, Municipal Tennis Courts, 4 p.m. Mon., April 8 BASEBALL vs. Lee, Westfield Intermediate School, 4 p.m. GIRLS LACROSSE @ Pope Francis High Preparatory High School, 5 p.m. BOYS TENNIS vs. Greenfield, Municipal Tennis Courts, 4 p.m. Tues., April 9 BASEBALL @ Southwick Regional High School, 4 p.m. JV SOFTBALL vs. Hampden Charter School of Science, Whitney Park, 4 p.m. Wed., April 10 BOYS LACROSSE vs. Granby, Boardman Field, 4 p.m. GIRLS LACROSSE vs. Pittsfield, Boardman Field, 5:30 p.m. BOYS TENNIS @ Holyoke, Crosier Field and Tennis Courts, 4 p.m. Thurs., April 11 BASEBALL vs. Palmer, Westfield Intermediate School, 4 p.m. GIRLS LACROSSE @ Belchertown High School (Lower Field), 4 p.m. Fri., April 12 JV SOFTBALL vs. Gateway, 4 p.m. Mon., April 15 BASEBALL @ Mount Everett Regional High School, 4 p.m. GIRLS LACROSSE vs. Chicopee, Boardman Field, 5:30 p.m. Tues., April 16 BOYS TENNIS vs. Turners Falls, Municipal Tennis Courts, 4 p.m. Wed., April 17 BASEBALL @ Monson High School, 4 p.m. JV BASEBALL @ Monson, Veterans Field, 4 p.m. JV SOFTBALL @ Lenox Memorial High School, 4 p.m. Thurs., April 18 BOYS LACROSSE @ Auburn High School, 11 a.m. BOYS TENNIS vs. Mohawk, Municipal Tennis Courts, 4 p.m. Fri., April 19 BASEBALL vs. Ware, Westfield Intermediate School, 4 p.m. BOYS LACROSSE vs. McCann Tech, Boardman Field, 4 p.m.	GATEWAY HIGH SCHOOL Tues., April 2 BASEBALL vs. Pioneer Valley Christian Academy, 4 p.m. Wed., April 3 No Sports Scheduled Thurs., April 4 No Sports Scheduled Fri., April 5 BASEBALL @ Lee, Maple Street Complex, 4 p.m. JV BASEBALL @ Lee Middle/High School, 4 p.m. Mon., April 8 BASEBALL @ Sci-Tech, Marshall Roy Field (Diamond #1), 4 p.m. Tues., April 9 SOFTBALL vs. Pathfinder, 4 p.m. JV SOFTBALL vs. Pathfinder, Littleville Elementary School, 4 p.m. Wed., April 10 SOFTBALL @ Hopkins Academy, 4 p.m. JV SOFTBALL @ Hopkins Academy, 4 p.m. Thurs., April 11 No Sports Scheduled Fri., April 12 BASEBALL vs. McCann Tech, 4 p.m. SOFTBALL @ Westfield Technical Academy, Whitney Park, 4 p.m. JV BASEBALL vs. McCann Tech, 4 p.m. JV SOFTBALL @ St. Mary High School, Time TBD, 4 p.m. Mon., April 15 No Sports Scheduled Tues., April 16 BASEBALL @ Smith Vocational, Arcanum Field, 4 p.m. SOFTBALL @ Commerce, Marshall Roy Field (Diamond #4), 4 p.m. JV BASEBALL @ Smith Vocational High School, 4 p.m. Wed., April 17 SOFTBALL @ Granby Jr./Sr. High School, 4 p.m. JV SOFTBALL @ Granby Jr./Sr. High School, 4 p.m. Thurs., April 18 No Sports Scheduled Fri., April 19 BASEBALL @ Putnam, Blunt Park (Diamond #1), 4 p.m. SOFTBALL vs. Franklin Tech, 4 p.m. JV BASEBALL @ Putnam, Blunt Park (Diamond #2), 4 p.m. JV SOFTBALL vs. Amherst-Pelham, 4 p.m. Mon., April 22 No Sports Scheduled Tues., April 23 BASEBALL vs. Pathfinder, 4 p.m. SOFTBALL vs. Smith Vocational, 4 p.m. JV BASEBALL vs. Pathfinder, 4 p.m. JV SOFTBALL vs. Smith Vocational, 4 p.m. Wed., April 24 SOFTBALL vs. Southwick, 4 p.m. JV SOFTBALL vs. Southwick, Littleville Elementary School, 4 p.m.
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2019 FUTURES LEAGUE SCHEDULE: Westfield Starfires

*ALL GAMES PLAYED AT BULLENS FIELD, TIMES TBD

Wed., May 29 Westfield Starfires @ Bristol Fri., May 31 Pittsfield @ Westfield Starfires Sat., June 1 Westfield Starfires @ Bristol Sun., June 2 Westfield Starfires @ Pittsfield Mon., June 3 Pittsfield @ Westfield Starfires Tues., June 4 Brockton @ Westfield Starfires Wed., June 5 Bristol @ Westfield Starfires Thurs., June 6 Westfield Starfires @ Worcester Fri., June 7 Westfield Starfires @ Nashua Sat., June 8 Bristol @ Westfield Starfires Sun., June 9 Westfield Starfires @ North Shore Mon., June 10 Westfield Starfires @ Nashua Wed., June 12 Westfield Starfires @ Pittsfield Thurs., June 13 North Shore @ Westfield Starfires	Fri., June 14 Westfield Starfires @ North Shore Sat., June 15 Westfield Starfires @ Nashua Sun., June 16 Nashua @ Westfield Starfires Mon., June 17 Westfield Starfires @ Worcester Wed., June 19 Brockton @ Westfield Starfires Thurs., June 20 Westfield Starfires @ Brockton Fri., June 21 Pittsfield @ Westfield Starfires Sun., June 23 Bristol @ Westfield Starfires Mon., June 24 Worcester @ Westfield Starfires Tues., June 25 Pittsfield @ Westfield Starfires Wed., June 26 Nashua @ Westfield Starfires Thurs., June 27 Westfield Starfires @ Brockton Fri., June 28 Westfield Starfires @ Worcester Sat., June 29 Nashua @ Westfield Starfires	Sun., June 30 Brockton @ Westfield Starfires Tues., July 2 North Shore @ Westfield Starfires Wed., July 3 Brockton @ Westfield Starfires Fri., July 5 North Shore @ Westfield Starfires Sat., July 6 Worcester @ Westfield Starfires Sun., July 7 Worcester @ Westfield Starfires Mon., July 8 Westfield Starfires @ Pittsfield Tues., July 9 Bristol @ Westfield Starfires Wed., July 10 Nashua @ Westfield Starfires Thurs., July 11 Westfield Starfires @ Bristol Fri., July 12 Westfield Starfires @ Brockton Sun., July 14 Westfield Starfires @ Brockton Tues., July 16 League All-Star Game @ Pittsfield Thurs., July 18 Westfield Starfires @ North Shore	Fri., July 19 Westfield Starfires @ Nashua Sat., July 20 Westfield Starfires @ Bristol Sun., July 21 Westfield Starfires @ Worcester Tues., July 23 Westfield Starfires @ North Shore Wed., July 24 Westfield Starfires @ Pittsfield Thurs., July 25 Westfield Starfires @ Nashua Fri., July 26 Bristol @ Westfield Starfires Sat., July 27 Worcester @ Westfield Starfires Mon., July 29 Westfield Starfires @ Pittsfield Tues., July 30 North Shore @ Westfield Starfires Thurs., Aug. 1 Worcester @ Westfield Starfires Fri., Aug. 2 Westfield Starfires @ Brockton Sat., Aug. 3 Westfield Starfires @ Worcester Sun., Aug. 4 Pittsfield @ Westfield Starfires
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Dear Annie

By ANNIE LANE

Parents Not Invited

Dear Annie: I am a woman in my late 30s marrying the woman of my dreams this fall. I will not be inviting my mother or, by extension, my father. Everyone seems to assume this is because they are opposed to gay marriage or are some sort of religious zealots. This is not true at all. They are fine with gay marriage, and in fact, we pretty much agree politically on all points. They just don't like me as a person. That is sad but also fine, as I don't really like them, either. So how do I navigate this? I don't want people maligning them as bigots, because they are not. They are just regular, run-of-the-mill jerks. I don't want them anywhere near me at my wedding. I don't like them, and though I do feel some sort of suppressed glee that everyone thinks they are horrible, I don't want people thinking they are horrible for the wrong reasons. Thoughts? -- Confused

Dear Confused: It's not your job to run PR for your parents in addition to planning your wedding. Still, it's mature of you to want to correct the record. I've found that often the most graceful way of dealing with such complicated social situations is to have a concise canned response ready to go -- for instance, "My parents and I aren't close, so I've decided not to invite them." If the person expresses outrage or sympathy on the presumption that your parents are refusing to attend because you're marrying a woman, a simple "I appreciate your concern, but that's not the issue" ought to do. Then let it go. Some people will insist on careening toward their own conclusions. So be it. If we were responsible for monitoring every wrong assumption about our private lives, we'd probably all go bonkers. Best wishes to you and your wife-to-be.

Dear Annie: I am tall. Flying is miserable. In addition to having no legroom, I find that the area under the seat in front of me rarely has any room for my feet after I stow my CPAP, so my knees are especially vulnerable to the seat in front of me.

At the earliest opportunity to speak to the person in front of me on a flight (during boarding if possible, but not during safety announcements!), I let the person know that a tall person is seated behind him/her and ask him/her to give me a warning when (s)he plans to recline so I can protect my knees.

I explain that his/her courtesy warning will give me an opportunity to shift in the seat and point my knees away from the center of the seat back as best I can. Only rarely does that person completely ignore the implications of his/her actions on my anatomy. -- Florida Lady

Dear Florida Lady: I expected a whole lot of hullabaloo in response to "Cramped in the Cabin's" letter -- angry parties on both sides of the issue. On the contrary, everyone who's written in so far has been empathetic, understanding and more frustrated at the airlines for putting people in such cramped quarters than at other passengers. What a pleasant surprise.

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book -- featuring favorite columns on love, friendship, family and etiquette -- is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information. Send your questions for Annie Lane to dearannie@creators.com.

HINTS FROM HELOISE

SIMILAR, YET DIFFERENT

Dear Readers: Do you know the DIFFERENCES when it comes to oranges, mandarins, tangerines, satsumas and clementines? Here are some details:

- * Oranges: A common fruit used as a snack or juiced as a drink.
- * Mandarins: Originated in China and a type of orange, with the skin ranging in color from orange to a reddish hue. The fruit labeled as mandarins in stores is oftentimes actually tangerines.
- * Tangerines: This is a type of mandarin. They have a loose skin, making them easy to peel, and usually are a deeper red on the inside.
- * Satsuma: These are another type of mandarin. Their skin is loose and bumpy. They are smaller than a tangerine and are seedless.
- * Clementines: These are yet another type of mandarin. They were once used to stuff children's Christmas stockings and are most popular in December. They're sweet and small like a satsuma except their skin is tight to the fruit and thinner.

-- Heloise



UNIVERSAL Sudoku Puzzle

9			7					1
	8		5		9			
	6		3	8				2
	9			2		8		4
2				4				9
4		5		3			7	
	3			1	5			9
		4		9			6	
1				6				3

Complete the grid so every row, column and 3 x 3 box contains every digit from 1 to 9 inclusively.

Previous puzzle solution

9	4	5	3	2	1	6	8	7
3	7	2	8	6	9	1	4	5
6	1	8	5	4	7	9	2	3
2	8	7	9	1	6	5	3	4
1	5	6	7	3	4	2	9	8
4	9	3	2	8	5	7	6	1
7	2	9	4	5	3	8	1	6
5	6	4	1	9	8	3	7	2
8	3	1	6	7	2	4	5	9

3/27

DIFFICULTY RATING: ★★☆☆☆

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3/28

TV Sports Listings

Wednesday, Mar. 27 COLLEGE BASKETBALL (MEN'S) 9 p.m. ESPN — NIT Tournament: Lipscomb at NC State, quarterfinal ESPN2 — NIT Tournament: Colorado at Texas, quarterfinal	Atlanta NBA BASKETBALL 8 p.m. ESPN — Indiana at Oklahoma City 10:30 p.m. ESPN — LA Lakers at Utah
COLLEGE LACROSSE (WOMEN'S) 7 p.m. FS1 — Princeton at Maryland	NBA G LEAGUE BASKETBALL 7 p.m. ESPN — G League Playoff: Windy City at Westchester, first round
COLLEGE SOFTBALL 5 p.m. SEC — Ohio St. at Kentucky	NHL HOCKEY 7:30 p.m. NBCSN — NY Rangers at Boston 10 p.m. NBCSN — Vegas at Colorado
GOLF 2 p.m. GOLF — PGA Tour: WGC-Dell Technologies Match Play, first round-robin matches, Austin, Texas	TENNIS 1 p.m. ESPN2 — Miami Open: Men's and Women's quarterfinals, Miami 7 p.m. ESPNEWS — Miami Open: Men's and Women's quarterfinals, Miami
HIGH SCHOOL BASKETBALL (BOY'S) 7 p.m. ESPN2 — 2019 McDonalds All-American All-Star game, Atlanta	
HIGH SCHOOL BASKETBALL (GIRL'S) 5 p.m. ESPN2 — 2019 McDonalds All-American All-Star game,	

On The Tube

Hugh Dancy joins Claire Danes on final ‘Homeland’ season

By The Associated Press
NEW YORK (AP) — The final season of Showtime's "Homeland" will be a family project for Claire Danes and Hugh Dancy.
The network announced Tuesday that Dancy has signed on as a recurring character in the upcoming eighth season of the series which stars Danes, his wife of eight years.
He'll play a political consultant hired by the White House specializing in foreign policy. He's described as an adver-

sary to Mandy Patinkin's character, who serves as National Security Adviser.
Danes' portrayal of a bipolar CIA agent obsessed with her job has earned her two Emmys and two Golden Globe awards. The series has also won a Golden Globe for best drama television series.
Dancy and Danes have two sons.
"Homeland" will return later this year.



In this June 10, 2018 file photo, Claire Danes, left, and Hugh Dancy arrive at the 72nd annual Tony Awards in New York. Dancy has signed on as a recurring character in the upcoming eighth season of "Homeland," the Showtime series which stars his wife Danes, the network announced Tuesday. (Photo by Evan Agostini/Invision/AP, File)

True to form, Avenatti attacks Nike a day after arrest

NEW YORK (AP) — Attorney Michael Avenatti came out swinging Tuesday against Nike, accusing the shoe-maker — without evidence — of "rampant" corruption mere hours after he was released from U.S. custody on charges he tried to extort up to \$25 million from the company.
In a string of posts on Twitter — a medium he has often used to accuse others of wrongdoing — Avenatti claimed Nike has funneled "large sums" of money to elite student-athletes bound for top colleges.
Prosecutors haven't commented on whether Avenatti's information about Nike was accurate but said he crossed a line by trying to enrich himself with threats.
A Nike spokesman declined to answer questions about Avenatti's tweets. The company released a statement Monday saying it will "not be extorted or hide information that is relevant to a government investigation." It also said it has been cooperating with a federal investigation into NCAA basketball for a year.
Avenatti, best known for representing porn actress Stormy Daniels in legal battles against President Donald Trump, didn't produce evidence or detail exactly what he believed the company had done wrong. But he said that corruption "reaches the highest levels of Nike" and cryptically referred to receipts that are "clear as day."
Avenatti's tweetstorm came the morning after he was arrested and charged in two separate federal cases. In Los Angeles, he's accused of embezzling money from a client. In New York, prosecutors say he told Nike he would reveal damaging information about its dealings with a youth basketball team unless the company paid him millions.

Avenatti denied the charges in an interview Tuesday with CBS Evening News. He cited unnamed "legal experts," who he said contended that he was "well within the line as an aggressive attorney."
"People make threats all the time in connection with trying to settle a case," he said.
Avenatti's fame from the Daniels case made him a leading figure in the anti-Trump movement, with relentless cable news appearances, a hard-punching style and a knack for obtaining information about others' wrongdoing.
"Contrary to Nike's claims yesterday, they have NOT been cooperating with investigators for over a year," Avenatti tweeted. "Unless you count lying in response to subpoenas and withholding documents as 'cooperating.' They are trying to divert attention from their own crimes."
The company and Avenatti were referring to a recent federal prosecution in New York involving multiple coaches, sports business agents and allegations that the families of top youth basketball players were secretly paid thousands of dollars to attend certain colleges sponsored by the apparel company Adidas.
One defendant was a former Nike and Adidas employee and Amateur Athletic Union coach, Merl Code Jr., who was convicted last year of funneling illegal payments to the families of recruits to University of Louisville, University of Kansas and North Carolina State University.
Former Adidas executive James Gatto and business manager Christian Dawkins also were found guilty.
Prosecutors did not accuse Nike of wrongdoing. Code ran Nike's elite youth basketball league, but by the time he was charged, he had left the company to work

as a consultant for Adidas. In one wire-tapped call, Code was recorded saying, "Nike schools pay, too," describing the practice of paying athletes as "just part of the space."
Avenatti suggested he had new evidence of wrongdoing.
At the trial, a government witness testified that he paid \$15,000 in cash to the family of basketball star Deandre Ayton, now with the Phoenix Suns, in a failed bid to get him to attend a university affiliated with Adidas, only to see him attend Nike-sponsored University of Arizona.
Avenatti claimed in his tweets, without providing evidence, that Nike also made illegal payments to Ayton.
Ayton's agent did not respond Tuesday to an email seeking comment.
Avenatti also claimed — again without evidence — that the University of Oregon star freshman Bol Bol "and his handlers also received large sums from Nike."
The school released a statement saying it was "unaware of any evidence that would support" Avenatti's allegations.
"Diligent inquiry last summer into the amateur status of our student-athletes revealed no indication of improper payments made to any student-athletes or their families," the statement said.
Darren Heitner, a Florida sports attorney who has closely followed the college basketball scandal, said Nike has faced previous scrutiny, including its youth basketball league receiving a subpoena from federal authorities.
But he said Avenatti sought to take things to another level.
"You have a lawyer trapped in a corner," Heitner said, "and he's doing whatever he can to vindicate himself in the court of public opinion, where he seems to spend more time than the actual courtroom."

COMICS

SPEED BUMP Dave Coverly



AGNES Tony Cochran



ARCHIE Fernando Ruiz and Craig Boldman



RUBES Leigh Rubin



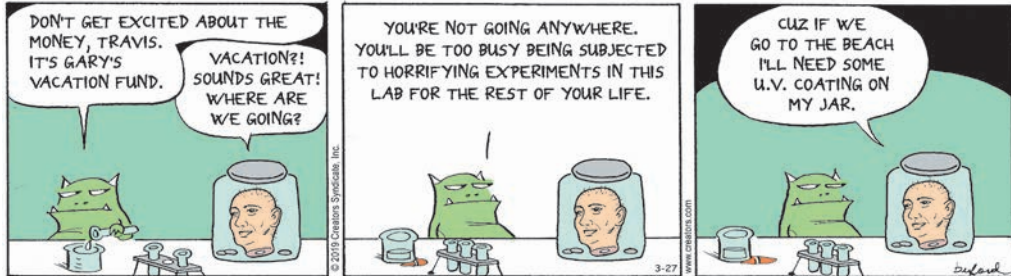
DADDY'S HOME Tony Rubino and Gary Markstein



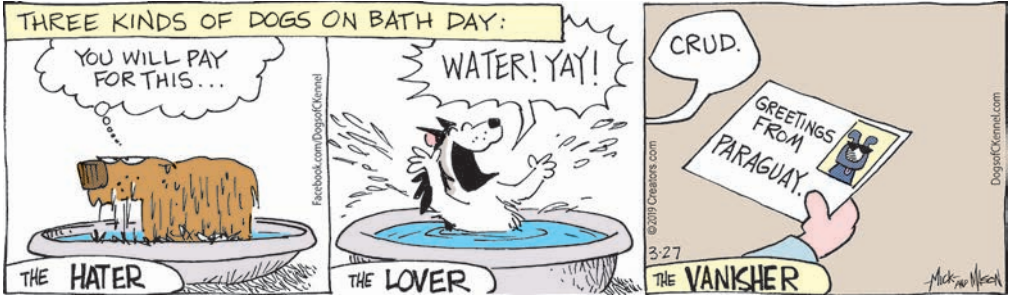
DUSTIN By Steve Kelley and Jeff Parker



SCARY GARY Mark Buford



DOGS of C-KENNEL Mick and Mason Mastroianni



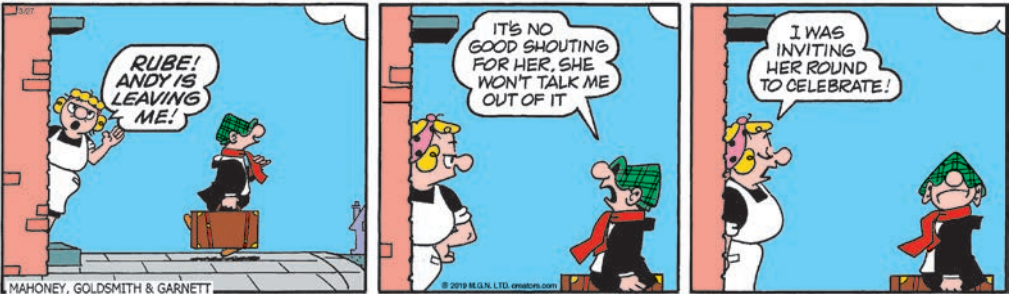
B.C. Mastroianni and Hart



ONE BIG HAPPY Rick Detorie



ANDY CAPP Mahoney, Goldsmith and Garnett



ZACK HILL John Deering and John Newcombe



YOUR HOROSCOPE

By Jaqueline Bigar

HAPPY BIRTHDAY for Wednesday, March 27, 2019:
This year, you make important decisions involving your career. Don't push yourself too hard. You'll need to take good care of yourself. If single, you might meet someone at work, just being yourself. Be careful about mixing personal life with your work. If you're attached, share more of what's happening with your significant other. He or she will be more supportive. CAPRICORN can be very difficult at times.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult

ARIES (March 21-April 19)
★★★★ A boss or an authority figure clearly likes how you handle yourself. You might need to make a major adjustment when you approach a new opportunity. Ultimately, you'll find your choice much simpler. Your role will be clearer. Tonight: In the moment.

TAURUS (April 20-May 20)
★★★★ Reach out for someone you care about. Despite the fact that this person is processing, he or she might be unusually verbal. Given time, you might gain a new perspective of this person. Tonight: Follow the music.

GEMINI (May 21-June 20)
★★★★ You express yourself with innate precision, yet also with sensitivity. A partnership might be changing at this time. Stay mellow and direct in your conversations with a dear friend or loved one. Tonight: Munchies with a favorite person.

CANCER (June 21-July 22)
★★★★ You could be at a point where you don't have a lot of choices. How you deal with a loved one could change because of your obligations elsewhere. Allow a family member or loved one to help handle what you cannot. Tonight: Listen to your inner voice.

LEO (July 23-Aug. 22)
★★★★ You might want to change gears and head in a different direction. The opportunity to reverse a decision is gone, but you might be able to deviate course somewhat. How you deal with a younger associate could change considerably. Tonight: Get a good night's sleep while you can.

VIRGO (Aug. 23-Sept. 22)
★★★★ Your precision comes out when you're dealing with a child, a loved one or a creative project. You know what your priorities are, and you let others know in no uncertain terms. You might need a midweek break. Be aware of your limitations. Tonight: As you might like.

LIBRA (Sept. 23-Oct. 22)
★★★★ Defer to a family member or roommate who seems to have more knowledge than you do about the matter at hand. You often retreat from this person, but now is the time to express your gratitude and caring. You might be surprised by the change in his or her demeanor. Tonight: Make it easy.

SCORPIO (Oct. 23-Nov. 21)
★★★★ Hang back to come to an understanding about what's happening. Discussions seem to ramble, but they can reflect where the other parties are coming from. In the future, you might want to avoid placing so much responsibility on one person. Tonight: Meeting up with friends.

SAGITTARIUS (Nov. 22-Dec. 21)
★★★★ You might see changes heading in your direction. How you handle a personal matter could radically change because of a strong sense of both your finances and your expectations from another person. Relax; choose to be easygoing. Tonight: You have the final word.

CAPRICORN (Dec. 22-Jan. 19)
★★★★ Touch base with a friend who has a lot of information to share. Work with this person, as your odds for success might be enhanced. Don't allow anyone to persuade you to do something that you don't want to right now. Tonight: A must appearance.

AQUARIUS (Jan. 20-Feb. 18)
★★★★ You might be more aware of a situation than you realize. Listen; observe more. You'll probably gain even more insight. Your loyalty could be tested by discovering that someone might be holding back key information. Trust this person to have a good reason. Tonight: As you like it.

PISCES (Feb. 19-March 20)
★★★★ Zero in on others; listen to what they ask. Clearly, if you have an opportunity to move on a key idea, you will. At present, if you decide to share more, you might gain more support. Tonight: Only where your pals can be found.

CONTRACT BRIDGE

South eats humble pie

South dealer.
Both sides vulnerable.

NORTH
♠ 8 6 4 2
♥ Q 9 5
♦ A K Q 10 7 3
♣ —

WEST
♠ K J 5
♥ J 7 6 4
♦ J 4
♣ K Q 9 5

EAST
♠ Q 7 3
♥ 2
♦ 8 5 2
♣ A 10 8 6 4 2

SOUTH
♠ A 10 9
♥ A K 10 8 3
♦ 9 6
♣ J 7 3

The bidding:
South 1♥ West Pass North 2♦ East Pass
2♥ Pass 4♥ Pass

Opening lead — king of clubs.

It's a funny thing the way some bridge players always get mad at their partners. It is well-known that lots of people are normally as meek as lambs in their everyday life, but sit them down at the bridge table, and they suddenly become imbued with great courage and superior intellect.

A fellow I know named Abernethy C. Growler comes from this school. Just put 13 cards in his hand, good or bad, and he acquires the wisdom of Solomon and the autocracy of a sergeant who just got his stripes.

Abernethy was playing at the club

one day with Aloysius Meek when he picked up the South hand and got to four hearts. No sooner had dummy hit the table than Abernethy hit the ceiling. He just couldn't understand how Meek could stop short of a small slam, let alone a grand slam. And he told Meek so in no uncertain terms.

After Abernethy had calmed down a bit, he trumped the club lead in dummy and played the queen and ace of hearts. When East showed out, he realized he was in trouble.

After cashing the king of hearts, Abernethy began to run dummy's diamonds in hopes of getting some discards, but West trumped the third diamond, and South wound up losing a trump, a club and two spades for down one.

Meek, who is no dope, had seen that South could have made the contract in two different ways. After taking the Q-K-A of trump, South could simply have conceded a trump trick and finished with 10 tricks, losing only two clubs and a heart.

Or, at trick two Abernethy could have led the nine of hearts from dummy and finessed it as a safety play against either opponent having been dealt J-x-x-x of hearts. This play would have produced 12 tricks.

But all Meek said was: "I guess I should have passed two hearts. Then we'd have had a partscore instead of going minus 100."

Tomorrow: How would you play this one?
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CROSSWORDS

ACROSS

1 Scratch
4 Hosp.
7 Ashen
8 Ridicule
10 Director
11 Seek, as office
13 Breakfast
16 Simile
17 Four-star reviews
18 FDR project
19 107, to Cato
20 Actor
21 Velocity
23 Apple centers
25 And
26 French cheese
27 Plopped down
28 Pink hue

30 Insult, slangly
33 Steak-house order
36 Eucalyptus eaters
37 Start of a supplication
38 Move furtively
39 Smile
40 Trail the pack
41 Thesaurus wd.

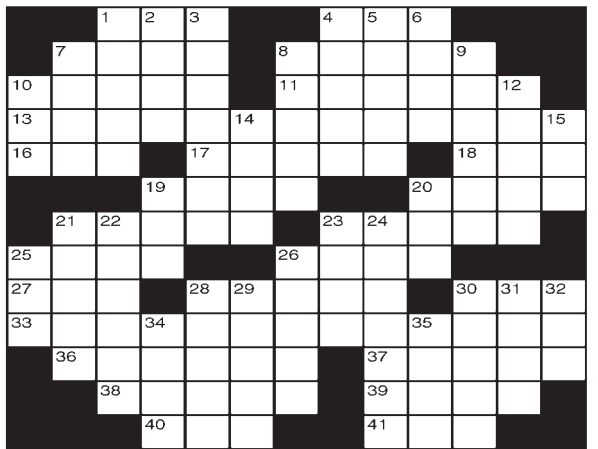
2 Oodles
3 Set aside
4 Bea Arthur sitcom
5 Littlest litter-mates
6 Data
7 Name of 12 popes
8 Fountain of Rome
9 Precisely
10 CEO's deg.
12 Answers an invitation
14 Incursion
15 Phone bug

19 Cartoon frame
20 Rap's Dr. —
21 Desolate
22 Cookout spots
23 Beach crawler
24 Drilling platforms
25 Mentalist's claim
26 Invigorating
28 Salsa singer
29 Borneo ape, for short
30 "Mack the Knife" singer
31 "This — outrage!"
32 Pigs' digs
34 Teen hangout
35 Grand Ole —

Solution time: 23 mins.

CELT	LED	MISS			
ODER	ORO	UNTO			
AIDA	VACU	UMED			
LEAGUES	SMEWS				
	ISR	EMU			
MARCH	VACU	OUS			
ADO	AIR	RKO			
VACCINE	TSA	RS			
	ABS	YAP			
ALINE	LEXI	CON			
VACATION	DOD				
TOOL	FIT	EDOM			
SSNS	SNL	RARE			

Yesterday's answer 3-27



CRYPTOQUIP

P Z N M A V M Z X M X H O E Q H
V Q O X Q W X P Z Q ' V X Y N O A W A W F
M Z X U A E X Q E C H X V A S X W M
F X H N U S ? N E Q H S X Y C U Q H X H .
Yesterday's Cryptoquip: AFTER THE PALEONTOLOGIST FINISHED DIGGING UP THAT VALUABLE FOSSIL, HE GAVE IT THE BRUSH-OFF.
Today's Cryptoquip Clue: Y equals X

Finally at Miami, Martell now trying to win a job

By TIM REYNOLDS
Associated Press
CORAL GABLES, Fla. (AP) — Tate Martell originally wanted Miami to notice him in 2016. The Hurricanes got around to it in 2019. Martell took a long, winding road to Coral Gables before transferring from Ohio State earlier this year — and the quarterback insists that he’s finally ready to start succeeding. Speaking publicly for the first time since the Hurricanes started spring practice, Martell said the transition from Ohio State to Miami has been remarkably simple. “I came in, did what I do, work hard, and it was easy because the guys in the locker room also took me in like they didn’t care I was a transfer,” Martell said. “They didn’t look at me like I was a transfer. They looked at me like this is my teammate, this is what we do, and I wouldn’t say it was really that difficult at all.” Martell’s path to college has been like few others. He committed to Washington as an eighth-grader in 2012. By 2015, he was committed to Texas A&M. And the next year, after decommitting for a second time, he announced that he would be choosing from seven schools — Cal, Colorado, UCLA, USC, West Virginia, Ohio State and Miami. “That was my way of trying to get them to talk to me,” Martell said of having the Hurricanes on that list. Did it work? “No,” he said.

Miami was quickly removed from his list of finalists and he ultimately went to Ohio State, sitting out 2017 as a redshirt and completing 23 of 28 passes in limited duty for the Buckeyes behind Dwayne Haskins last season. He decided to transfer, wound up picking Miami and was approved for a waiver from the NCAA earlier this month allowing him to play in 2019 without sitting out the customary year for non-graduates who change schools. “Tate, he can make all the throws,” Miami coach Manny Diaz said. “He’s got good zip on his ball. And then from a physical standpoint, he gives you an element with his legs ... that makes the defense have to defend two plays. There’s no doubt he’s got good skills. All of our quarterbacks are all being held to a ridiculously high standard by (new offensive coordinator Dan) Enos.” But the Hurricanes are not ready to anoint Martell, or anyone else, the starter for 2019. N’Kosi Perry, who shared the job with now-graduated Malik Rosier last season, is back, as is redshirt freshman Jarren Williams. Perry was plagued by inconsistency on the field, and dealt with off-field issues that left coaches questioning his maturity as well. “I definitely see myself as a starter and a big difference from me to last year is that I feel like I’m a lot more mature on and off the field,” Perry said. Williams, meanwhile, said he’s eager to just have a real chance at the job. “I’m just very confident in my abilities and with the competition my biggest thing is just not so much competing with Tate or N’Kosi, it’s really about competing with myself and being the best player I can be,” Williams said. Diaz wants all three quarterbacks to carry themselves like the starter. Only one will be under center when the season starts Aug. 24 against Florida in a neutral-site game at Orlando, and Martell is obviously eager to be that guy. The Hurricanes are clearly looking for upgraded quarterback play this season, after managing only 19 touchdown passes and 2,175 passing yards — their fewest in 11 years — last season. Out of 130 FBS schools nationally, Miami ranked 108th in passing yards and 118th in completion percentage in 2018. “The history and the swagger that people play with here, that’s kind of what intrigued me from the jump,” Martell said. “I’m not sitting here looking at myself that I have to come here and save the program. I feel like we just have to follow the plan coach Diaz has in place and then offensively we need to execute what coach Enos runs and we will be perfectly fine.”



In this Sept. 22, 2018, file photo, Ohio State quarterback Tate Martell runs against Tulane during an NCAA college football game in Columbus, Ohio. Martell says he is transferring from Ohio State to Miami. Martell originally wanted Miami to notice him in 2016. The Hurricanes got around to it in 2019. Martell took a long, winding road to Coral Gables before transferring from Ohio State earlier this year, and the quarterback insists that he’s finally ready to start succeeding. (AP Photo/Jay LaPrete, File)

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New England Patriots head coach Bill Belichick speaks to the media during the NFC/AFC coaches breakfast during the annual NFL football owners meetings, Tuesday, March 26, 2019, in Phoenix. (AP Photo/Matt York)

Pass interference now reviewable by officials

By BARRY WILNER
Associated Press
PHOENIX (AP) — Roger Goodell laid down the law, and the owners readily changed NFL rules on reviewing pass interference, whether flagged or not. As the league concluded its spring meeting one day early, the owners passed by a shockingly overwhelming 31-1 margin that interference can be challenged by coaches and reviewed by officials next season. Owners voted on a one-year trial basis to include those often-controversial penalties in the officiating replay review system. Coaches still will have two challenges per game, and in the final two minutes of a half or fourth quarter or for all of overtime, the replay official can order a review of offensive or defensive pass interference. The major change — owners traditionally have been highly reluctant to include any penalties in the replay process — stems from an egregious missed call in the NFC championship game that likely led to the Rams making the Super Bowl and the Saints falling short. “I told the owners we need to get to a place, and I felt strongly we should have OPI and DPI and that we should be able to throw flags (that were not thrown on the field),” Goodell said. “Everyone in there finally got to understand through a long process and a lot of discussion, everyone wanted to get it right. Some had to remove themselves from long-shared views.” The competition committee, which recommends rules changes to the ownership, had been split 4-4 on adding interference penalties, particularly non-flagged ones, to replay. But they tweaked the proposal, and it remains part of the overall replay system, which was a critical component. Falcons President Rich McKay, chairman of the competition committee, said the analytics also played a role in the rules change. Of the 50 most incorrect on-field calls as determined by officiating director Al Riveron and his staff that were impactful, half of them were for defensive pass interference. “We felt this was a place to start,” McKay added. “There was a lot of discussion and definitely a block of people on the committee and in membership concerned about the ability to put a flag on. We got more comfortable as we worked it out that it would be captured in the replay system.” It might have been a pyrrhic victory for Saints coach Sean Payton, a member of the competition committee, but he was a driving force in persuading many people such an alteration was needed. “It’s great when we can arrive at what we think is a good change,” Payton said. “We wouldn’t have any of these on the docket had it not



Detroit Lions head coach Matt Patricia speaks to the media during the NFC/AFC coaches breakfast during the annual NFL football owners meetings, Tuesday, March 26, 2019, in Phoenix. (AP Photo/Matt York)

been for one play. I don’t think any of these would be on a replay discussion. “So my point is, I think we need to do a better job thinking forward and preparing, regardless of what’s currently out there. Where do we want to be in 2028? It’s a good way to work and come backward. I think we do that in a lot of other things. But I feel like at times we come in here each year and we’re in a little bit in a reactionary mode.” Not this time. Earlier in the day, the NFL owners voted down a proposal to replace the onside kick with one play from scrim-

mage, and tabled a suggestion to require each team to have one possession in overtime regardless of what happened on the first series of the extra period. Owners vetoed the idea of a one-year trial of a fourth-and-15 play from the offense’s 35-yard line to replace the onside kick, considered one of the game’s more dangerous plays. The powerful competition committee recommended the play by a vote of 7-1, but the owners were not swayed. The overtime change is championed by several clubs after the AFC championship game in January — and the

2017 Super Bowl — ended with a Patriots touchdown without the opponent getting the ball. New England won the coin toss both times. Currently, the format is a touchdown on the opening possession of OT ends the game, but a field goal allows the other team a series with the ball. If that team also kicks a field goal, the game continues. Owners will next take up the overtime topic at their May meeting. Approved on Tuesday: — Making permanent all kickoff rules implemented only for the 2018 season. Studies showed this player safety initiative worked. — Eliminating the blind-side block in an effort to expand protection of a defenseless player. It is now a 15-yard penalty if a player initiates a block in which he is moving. “As a former player and father of two that play ball, and having the opportunity to coach (youth football),” football operations chief Troy Vincent said, “this particular play, the blindside block, it ends careers, puts people on the shelf. “That particular technique, I was taught that. To have that removed out of our game is significant.”

Looking for a Unique Gift?

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Title I of the Cranston-Gonzalez National Affordable Housing Act requires that in order to apply for certain U.S. Department of Housing & Urban Development (HUD) Programs, the City of Westfield must submit an Annual Action Plan. The Annual Action Plan identifies resources and programs to be undertaken during the program year July 1, 2019 through June 30, 2020.

The draft Annual Action Plan will be available March 28, 2019 to April 29, 2019 for review and comments at the Community Development Department, 59 Court Street, Westfield, MA or online at www.cityofwestfield.org.

The City of Westfield, in accordance with its Citizen Participation Plan, is holding a public meeting on Wednesday, April 24, 2019, 6:30 PM at Westfield City Hall, 59 Court Street, Room 201, Westfield, MA 01085.

Comments may be sent in writing no later than Monday, April 29, 2019 to Community Development Director Peter Miller, City of Westfield, 59 Court Street, Westfield, MA 01085 or by email to p.miller@cityofwestfield.org.

March 27, 2019
April 3, 2019

CITY OF WESTFIELD NOTICE OF PUBLIC HEARING

The Community Preservation Committee will conduct a public informational hearing to solicit the needs, possibilities and resources of the City regarding the Community Preservation Act (CPA) on April 11, 2019, at 6:30PM in Room 201 at 59 Court St., Westfield, MA. Information on CPA and the current plan can be found on the Committee's page at: www.cityofwestfield.org

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TOWN OF HUNTINGTON Cleaning Service Wanted

The Town of Huntington is requesting proposals to clean 3 town buildings. Interested parties may submit proposals for the individual buildings, or as a group. Proposals are due: **May 1, 2019 by 3pm.**

Specifications are available at the town website: huntingtonma.us, at the Selectboard Office, or by emailing admin@huntingtonma.us.

Submit to:
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P. O. Box 430,
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Huntington, MA 01050,
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Please call (413) 512-5200 for information & to arrange a site visit.

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The Town of Huntington is requesting proposals to mow town properties July 1, 2019 – June 30, 2020.

Proposals are due May 1, 2019 by 3pm. Specifications are available at the town website: huntingtonma.us, at the Selectboard Office, or by emailing admin@huntingtonma.us.

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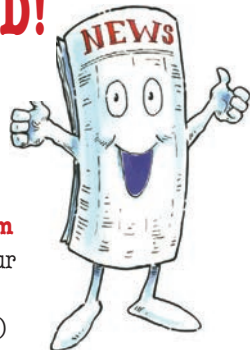
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